

Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week
Mass, Adoration & Sacraments at Our Lady of Perpetual Help Parish

Sunday Mass

Saturday Vigil 5:00 pm
Sunday 8:30 am, 10:30 am,
12:30 pm and 7:00 pm

Weekday Mass

Mornings: Monday to Saturday 8:30 am
Evenings: Monday to Friday 6:15 pm

Tofield Mass

Sunday 11:00 am

Sacrament of Reconciliation

Every Saturday 9:15 am to 11:00 am

Monday to Friday: ***Immediately Following Morning and Evening Mass***

******If you wish to celebrate Reconciliation after a weekday Mass, please ensure you are AT THE CONFSSIONAL BY THE TIME MASS ENDS. The priests will not wait if no one is there after Mass, and will only stay for as long as there are people waiting.***

Sacrament of Baptism

Celebrated the Third and Fourth Sundays of Every Month at 2:30 pm.

(Contact the Parish Office minimum 1 month in advance to register for Baptismal Preparation.)

Eucharistic Adoration

Wednesday Holy Hour at 5:15 pm prior to evening Mass

1st Wednesday hosted by Mary's Servants for Christ: September 2, 2026

2nd Wednesday hosted by Society of St. Vincent de Paul: October 14, 2026

3rd Wednesday hosted by CWL: August 19, 2026

4th Wednesday hosted by K of C: August 26, 2026

5th Wednesday hosted by Clergy: September 30, 2026

ALSO: Friday Holy Hours at 7:30 am and 5:15 pm prior to the daily Masses
AND First Sunday of Every Month FAMILY-FRIENDLY Holy Hour at 2:30 pm
(children of all ages WELCOME, silence is NOT expected in the Church)



Did you know we have a YouTube Channel? For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, **all Masses and Adoration are livestreamed at:**

<https://www.youtube.com/@olphparishsherwoodparkab/streams>



WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.
(Must be a Telus Optik subscriber.)



LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.
Dial 888-OLPH-808 (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community
Sunday August 16, 2026 ~ Twentieth Sunday in Ordinary Time

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca



REMINDER
MONTHLY POOR
BOX COLLECTION
THIS WEEKEND



Attention
Brother Knights!



We are hosting an exemplification for new members, followed by a potluck in the parish hall beginning at **3pm on August 23**. Brothers, please RSVP below and help welcome our new Knights.

RSVP:

<https://www.signupgenius.com/go/10C0D45AEA729A0FBCE9-65064857-august>



****If you are interested in joining the Knights, please contact Grand Knight Blake Krause:***
grandknight@kofc6083.org



Job Opening for Evening/Weekend Parish Office Admin Staff

We are seeking an energetic, outgoing candidate to perform a variety of reception and clerical duties.

Hours of Work: Must be flexible. On weekends, staff rotate to cover the office from 7:30 am to 7:30 pm, Saturday & Sunday. Weekday afternoon/evening admin shifts will vary.

Applicants must be: Mature, have a welcoming attitude of service and helpfulness towards assisting individuals and groups. Honesty, flexibility, and a good sense of humor are very necessary for this position as it is a vital initial point of contact for the parish. Confidentiality is mandatory. This position requires a demonstrated ability to work with minimal supervision and to carry out written and verbal instructions. Computer competency is a must.

Please apply by email to OLPH Business Coordinator, Bridget Francisco bridget.francisco@olph.ca with resume, cover letter and two references.


The Bible Timeline
The Story of Salvation

"The Bible Timeline series has changed my life... I simply adore Scripture. It has given me such insight into the Catholic Faith."

"This course has been quite simply, AMAZING! My eyes have been opened where I learnt so much more than I could have imagined."

Learn more about this life-changing Bible study.

Free Information Session
Tuesday, August 25

In-person at OLPH Parish @ 2:00 pm
or on Zoom @ 7:00 pm

COURSE STARTS TUESDAY, SEPTEMBER 15

Presented by OLPH Growing in Faith Together (GIFT)
To register or for more information, contact Alana at alaperle@telus.net or call 780-446-9009



August 17-22

Monday ~ Pravin Patelia†, Annette Martin†, Mervin Prediger†, Fr. Leo Floyd†, Bruce Donovan†, Gordon Charlebois†, Ross Foster Gibson†, Leonard Sebastian, Lynne Fetcher, Mary Ann Malony

Tuesday ~ Horacio Rodriguez†, Larry Dominiuk†, Holy Souls in Purgatory†, Joseph Antony, Marcelino & Linda De Sousa family, Jerry Busch, Marvin & Gail Weleschuk & family, Rosa & Jose Maria Salas, Ron Bucharzsky, Nelda Betiz

Wednesday ~ Sophie Brandle†, Horacio Rodriguez†, Edmund Diocson†, Maria do Carmo Tavares†, Ron Stephens†, Velma Osborn†, Catholic Women's League, Debbie Riopel, Loretta Haugen, Patrick Moor

Thursday ~ Bob Lafontaine†, Anton Kowalchuk†, Juanito De Vera Soriano†, Justin Ebertz, Jeff Newman, Fr. Kevin Gillis, Marvin & Gail Weleschuk & family, Dorothy Sutton, Leonard Sebastian, Rita Fisher

Friday ~ Joan Wispinski†, Olguita Acosta†, John Miranda†, Ron Stephens†, Ross Foster Gibson†, Jacqueline Ng†, Elias Lopes†, Peter Wlodarczak, Debbie Riopel, Maria Elena Corazon Sebastian

Saturday ~ Mervyn Lynch†, Darren John Chichak†, Ken Born†, Joseph Anthony David†, Chance & Jaylyn Locskai, Terry Dawe Jr, Aila Torres, Kimberly Papp & Vasyl Yavorsky, Felix & Sabeena David, Tim & family, Don Wolff



Condolences to Mary Shields & family, Mary's brother in law, **Tom Shields**, passed away on August 9 in Ireland.



AT OLPH WE PRAY FOR ONE ANOTHER
Call **Doreen** at 780-467-0597 or
Josie at 780-467-0197
with your PRAYER REQUESTS

NOTE: Fr. Jim will be away on holidays from August 17 until September 3 (inclusive).



Parish Office 780-467-5470

General Inquiries: info@olph.ca

OLPH Website: www.olph.ca

Your OLPH Parish Team:

Pastor ~ Fr. Jim Corrigan

jcorrigan@olph.ca

Cell 780-470-2730

Associate Pastor

Fr. Arun Malayappan Jayamary

SDB arun.malayappan@olph.ca

Permanent Deacon

Deacon Lynn Pion

lpion@olph.ca

Transitional Deacon

Deacon Andrew Sheedy

andrew.sheedy@olph.ca

Business Coordinator

Bridget Francisco

bridget.francisco@olph.ca

Pastoral Assistant

Natalie Lavigne nlavigne@olph.ca

Administrative Assistant

Jenny Velazco jvelazco@olph.ca

Administrative Assistant

Angie DeWolfe adewolfe@olph.ca

WEEKEND Admin Support

reception@olph.ca

Volunteer Management

vmteam@olph.ca

Archdiocese of Edmonton

Website: www.caedm.ca

In case of Emergency, call or text Fr. Arun 587-357-6562

Catholic Community News

the Archbishop's Dinner

A grateful gathering as People of Mission

5:00PM Friday, October 2nd 2026
Edmonton Convention Centre
Get Tickets at caedm.ca/dinner

\$125 per person 9 (\$150 after Sept. 15)

\$1250 per table (\$1500 after Sept. 15)

Buy Ticket Online at: caedm.ca/dinner

The Calix Society
We substitute the cup that sanctifies for the cup that stupefies

Calix is an association of Catholic alcoholics, drug addicts, and family members and friends affected by addiction, who are maintaining their sobriety through participation in their Catholic faith and a 12 Step program.

A monthly meeting will be held on the last Tuesday of each month at OLPH Parish in Sherwood Park. Mass begins at 6:15PM, followed by fellowship and the Calix meeting at 7:15PM in the St. Joan room.

For more information about Edmonton Unit meetings, contact us at: edmcalthsecretary@shaw.ca

For more about CALIX visit: <http://www.calixsociety.org/>

OLPH Financial Report

Week 32 August 9, 2026	Cost of Operating the Parish	Building Fund Target Amount	"Together We Serve" Target Amount
Average weekly amount required	\$29,135.00	\$2,480.00	\$2,625.00
Donations this week	\$23,704.00	\$2,707.25	\$1,564.25
This week surplus/ shortfall	-\$5,431.00	\$227.25	-\$1,060.75

- A humble and heartfelt **THANK YOU** to everyone who supports the financial needs of our parish home with Pre-Authorized Debit (PAD), by bringing your Sunday Giving Envelopes to the church, or donating via INTERAC ETRANSFER to: OLPH.etransfer@caedm.ca
- Cost of operating the parish "average weekly amount" is 1/52 of the total annual amount of ordinary receipts projected in the 2026 budget
- Building fund target average weekly amount is based on total donations projected in 2026 budget.
- Together We Serve weekly amount is based on an annual target which is set by the Archdiocese.
- Together We Serve Collection - *First Sunday of every month - September 6, 2026*
- SSVP Poor Box Collection - *Third Sunday of every month - August 16, 2026*

Catholic Community News

ENCOUNTER SCHOOL OF MINISTRY EDMONTON CAMPUS

Come & See ESM Classes

Try out the first 3 classes, no obligation
Sept 14, 21, 28 6-9pm

Holy Trinity Parish,
Spruce Grove

For more info
& to register



Healing Service

Led by ESM with
Father Paul Moret

Sept 19 6:30-8:30pm
(after 5pm Vigil Mass)

Holy Trinity Parish,
Spruce Grove



ENCOUNTERSCHOOL.ORG/EDMONTON

THE ARCHDIOCESE OF EDMONTON
INVITES YOU TO JOURNEY WITH US TO



WORLD YOUTH DAY

SEOUL 2027

Attention Young Adults!
Are you interested in attending
WYD in South Korea
August 3-8, 2027

For more info contact: Dcn. Andrew
andrew.sheedy@olph.ca
Please express your interest as soon as
possible! No firm commitment required
just yet.

YOUNG ADULT Franciscan FESTIVAL of TENTS

FRANCISCAN SPIRIT
Mass, reconciliation, prayers, talks

COMMUNITY
Small group faith discussions, socializing + more

FUN & GAMES
Icebreaker, improv, karaoke, relay races

CREATION
Connect with nature

OUR LADY OF VICTORY CAMP
41203 Range Rd 11
Lacombe Country, AB

FRIDAY SEPT 4TH
7:00 PM
to
SUNDAY SEPT 6TH
1:00 PM*

COST: \$125
Includes food, water, showers and accommodation.
Bunk beds available or bring your own tent.

FOR YOUNG ADULTS 18-39

To register please complete the form and e-transfer your registration fee to ofskulbe@gmail.com.
You will receive confirmation and a parking list.
For more information maritzachouza@gmail.com

Scan to register!

August 27, 2026
FAIRMONT HOTEL
MACDONALD
5:00 - 7:30 pm

PRESENTING SPONSOR
Volvo Cars Edmonton

ONLY \$50 EACH

What's Happening at OLPH



Mass
Schedule

Seniors Residences & Care
Center Masses This Week

Tuesday~ Clover Bar Lodge 10:00 am

Wednesday ~ Summerwood 10:30 am

Thursday ~ Silver Birch 10:30 am and
Emerald Hills 1:00 pm

Friday ~ Capital Care 10:30 am

THE CLOTHING NOOK is OPEN for Shopping:

Tuesdays 1:00 pm - 3:00 pm

August 25, September 8 & 22

Saturdays 10:00 am - 12:00 pm

August 29, September 12 & 26



Volunteer Opportunities



Our **Monday Cleaning Team** is currently in need of volunteers.

Email Priska

stricklerpriska@gmail.com

AUDIO-VISUAL



The AV team is looking for more volunteers to serve Mass from the sound booth. Email Bob

bgerow@olph.ca to learn more.



The **Marian Gift Shop** is looking for more volunteer staff. Email Laurie

lauriejmj@gmail.com



OLPH Youth Group needs more adult leaders/supervisors for separate Jr. High and Sr. High group activities. (1-2 evenings per month.) Email nlavigne@olph.ca.

explore
life | faith | meaning



**A safe space for
people to ask
real questions
about life, faith
& meaning**

ALPHA is back!

Join the program this year commencing on **Thursday, September 10**, running weekly from September through to November!

Alpha brings attendees together through thoughtful video presentations followed by honest and fruitful conversations. Let's unpack our Christian faith together in a safe environment free of pressure or judgment!

[Sign up through Flocknote:](#)

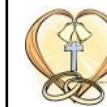
ALPHA Fall 2026 Participants

Contact: Mary Anne
780-940-5542 mkroetsch1@gmail.com



WEDDING CONGRATULATIONS

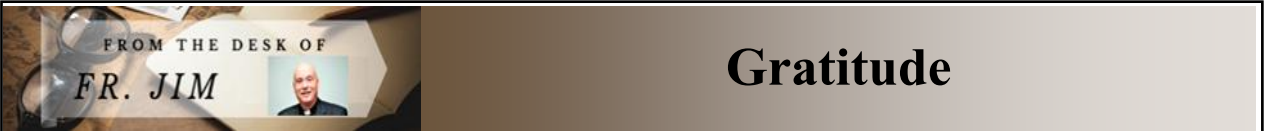
Victor Dalisay II & Abigail Cabarubias
Norien Delfin & Patricia Bagot
United in Holy Matrimony
August 8, 2026



SOCIETY of St. VINCENT de PAUL (SSVP)
OUR LADY of PERPETUAL HELP CONFERENCE

Should you require emergency assistance in other areas of food or clothing, please call the **HELP LINE** at 780-416-0931 EXT #1.

REMINDER: DEADLINE FOR BULLETIN
SUBMISSIONS IS TUESDAY BY 12:00 PM.
PLEASE SEND BY EMAIL TO:
INFO@OLPH.CA



Gratitude

The thought in my mind this day is ***gratitude***. Gratitude is an amazing emotion/virtue. When gratitude forms our mindset and our worldview, the world is a surprisingly good place to be. Gratitude allows me to be an optimistic demeanor, even when things are not going my way, or exactly how I planned. Gratitude allows me to be thankful for the important things like my family, my ministry, and my vocation. Gratitude also allows me to be grateful for the smaller things: a good golf shot, an unexpected smile or a kind word received.

Perhaps the greatest gift of gratitude is that it assists us in growing in our faith. You see, gratitude must be expressed back to the source from which the blessings flow. Needless to say, from a Catholic perspective our gratitude is in the Lord, who made heaven and earth. I recognize that this is self-evident, but do we need to think about who to be grateful to, or is it part of our DNA? Do we implicitly know that the blessings that are so much a part of our every day lives are gifts of God’s grace and love for us? I never cease to be amazed at how a bright sunny day can bring out the best in people - something I’ve observed as they march into the Church first thing in the morning. I do believe that part of this gratitude flows from having experienced an unseasonal amount of wet, cool weather this summer...complete with a bumper crop of mosquitos. So, when that sun is shining, the contrast of a dreary wet cool day, I think that amplifies our appreciation for the goodness of a beautiful sunny morning.

Personally, I believe gratitude is a big part of what makes me who I am. The Lord has blessed me so abundantly in my life, that some days, I can scarcely believe or understand it. I have experienced significant struggle in my life. Some of it has been self-induced, but the Lord’s grace has brought me through it with flying colors through His amazing grace. He has allowed me the most perfect venue to express my gratitude. The ministerial priesthood was never even a blip on my radar screen, and yet here we are. I do not think there is a better or wider avenue available for sharing the gratitude of God’s blessings with His children.

Now, a personal story of gratitude: Mom has been in heaven for well over ten years, Dad for about two years. In the last three and half of years of my dad’s life on earth, he resided at Capital Care Strathcona right across from our parish. Thank you, Lord! During that time, Dad was kind of in and out in the lucidity department. Some days were certainly more coherent than others. Many, many, of my own personal interactions would begin approximately in this way: “*Jim, how are you doing?*” I am doing fine dad. How are you? “*Jim, do you have enough money?*” Yes, I am doing just fine, thank you. “*Jim how is your truck?*” My truck is doing well thanks Dad. “*Jim, I want to buy you a truck.*” Thanks Dad but the old girl (even with high mileage) is running well.

Now, a couple of years after Dad’s passing, the family estate has been settled. My truck now

has three hundred thousand kilometers on it. The time has come for a new truck, whether I wanted to admit it or not. As many of you are aware, I recently began driving a very nice new truck. The beauty of this full circle story is this; my dear Dad got his wish. He bought me a truck. And boy am I ever grateful! I actually tried to get a custom license plate that said “Thnx Dad.” Unfortunately, they could not make it work for me.

All this to say, I am profoundly grateful for what God has done for me in my life, and I know that you also have so much to be grateful for. **The challenge I present to you is, to be more aware of that gratitude. Reflect on it each day.**

When you are grateful, every day is a good day. Yes, I do know that loss, illness and family dynamics within our community can have a negative effect on our joy and gratitude, but my point is, that even through the trauma and losses, we can see the hand of God at work to help us grow. We can still appreciate what we had/have.

I will be golfing for the next couple of weeks in the Arizona heat. Yes, it will be forty above, but I am grateful that I will not have to worry about getting rained out. Tee-hee! Sometimes it is just a lovely day. *Fr. Jim*
Thank you, Lord, and thank you Dad. Blessings.



Catechesis of the Good Shepherd (CGS) at OLPH welcomes children ages 3-6 years old into our Atrium – A specifically designed space for the children where everything is their size, real and beautiful.

In the Atrium, the adult (catechist) serves solely as matchmaker between the child and Jesus, their Good Shepherd.

Registration is now open!
CGS will run from
October 2026- May 2027.

Forms with more information are available at the parish office or online on the OLPH website.

CGS fills up soon with children from across the diocese so register soon!



Grief as a Journey

When we experience loss of a loved one, we need to grieve. OLPH offers a ten-week program called “**Grief as a Journey**”, open to anyone who feels they may benefit from it.

Monday Evenings
6:30 pm - 8:30 pm
September 14 - November 23
(excluding Thanksgiving October 12)

*To register for the upcoming session, please call the Parish Office 780-467-5470 or email info@olph.ca



Al-Anon Family Group Meetings
Hosted at OLPH this summer
Wednesdays at 1:30pm

In St. Jerome room
For more information
Contact Paulette: 587-982-1267

