

Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week
Mass, Adoration & Sacraments at Our Lady of Perpetual Help Parish

Sunday Mass

Saturday vigil 5:00 pm
Sunday 8:30 am, 10:30 am,
12:30 pm and 7:00 pm

Weekday Mass

Mornings: Monday to Saturday 8:30 am
Evenings: Monday to Friday 6:15 pm

Tofield Mass

Sunday 11:00 am

Sacrament of Reconciliation

Every Saturday 9:15 am to 11:00 am

Monday to Friday: ***Immediately Following Morning and Evening Mass***

******If you wish to celebrate Reconciliation after a weekday Mass, please ensure you are AT THE CONFESSIONAL BY THE TIME MASS ENDS. The priests will not wait if no one is there after Mass, and will only stay for as long as there are people waiting.***

Sacrament of Baptism

Celebrated the Third and Fourth Sundays of Every Month at 2:30 pm.

(Contact the Parish Office minimum 1 month in advance to register for Baptismal Preparation.)

Eucharistic Adoration

Wednesday Holy Hour at 5:15 pm prior to evening Mass

1st Wednesday hosted by Mary's Servants for Christ: August 5, 2026

2nd Wednesday hosted by Society of St. Vincent de Paul: August 12, 2026

3rd Wednesday hosted by CWL: August 19, 2026

4th Wednesday hosted by K of C: August 26, 2026

5th Wednesday hosted by Clergy: September 30, 2026

ALSO: Friday Holy Hours at 7:30 am and 5:15 pm prior to the daily Masses

AND First Sunday of Every Month FAMILY-FRIENDLY Holy Hour at 2:30 pm

(children of all ages WELCOME, silence is NOT expected in the Church)



Did you know we have a YouTube Channel? For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, **all Masses and Adoration are livestreamed at:**

<https://www.youtube.com/@olphparishsherwoodparkab/streams>



WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.
(Must be a Telus Optik subscriber.)



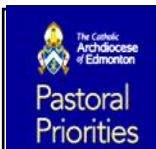
LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.
Dial 888-OLPH-808 (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community
Sunday August 2, 2026 ~ Eighteenth Sunday in Ordinary Time

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca



Today is our monthly PASTORAL PRIORITIES SUNDAY, with fellowship time and treats in the foyer following each Mass.

Everyone Welcome! Please Stay to Enjoy!

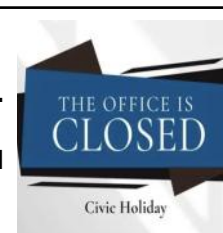
All ages are welcome for

**Family-Friendly
Eucharistic Adoration**
2:30 pm - 3:30 pm



**The Parish Office will be
CLOSED on**

Monday August 3, 2026.
The Church will be **OPEN**
for regular daily Mass and
Reconciliation at 8:30 am
and 6:15 pm.



Al-Anon Family Group Meetings
*will be hosted at OLPH for the
summer Wednesdays at 1:30pm*

in the St. Jerome Room

*For more information
contact Paulette
587-982-1267*



A Free Evening of

♥ Food & Fellowship for Single Seniors ♥

**Single/Divorced/Widowed Age 60+
All are welcome!**

**Thursday August 6
5:00 pm - 7:30 pm OLPH Parish Hall
Supper 5:30 pm
Supper is provided**



RSVP deadline is today!

Email Elaine at

kemac1983@gmail.com

or call Parish Office

780-467-5470

OLPH YOUTH

MOVIE NIGHT

RSVP

**FRIDAY, AUGUST 14
6:15PM TO 9PM**

Mass followed by pizza, popcorn and a movie night to honour St. Maximilian Kolbe!

**GRADE 7-12
BRING A FRIEND!**

TRIUMPH of the HEART

PG-13



August 3 - 8

Monday ~ Raymond Arthur Godard†, Ruth Brown†, Pravin Patelia†, Lena Remple†, Annette Bruce†, Mary Durda†, DeWolfe Family, Fr. Martin Carroll, Jill & Family, Alade Family, Lorna & Allan Lavita & Family

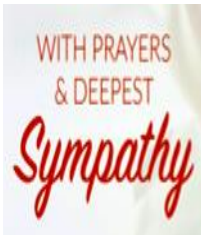
Tuesday ~ Hilda Rottmar†, Julio Gallenero†, John Donald McGreevey†, Marvin & Gail Weleschuk & family, Bemvindo Palha, Lance & Christine Paranych, Agnes & Andrew Ng, Elmer Mallari, Josie & Harold James, Gloria Wolff

Wednesday ~ Lourdes Cruz†, Bernadette Guindon†, John Brandle†, Lennard Sebastian†, Nieves Adao Solleza†, Dominic Silveira, Alade Family, Steve James & Family, Christina Krantz, Lil Doyle

Thursday ~ Ronel Bejerano†, Jure & Andja Sucic†, Evelyn Ventolero†, Jeff Newman, Jim & Family, Marvin & Gail Weleschuk & family, Belinda Sulit, George Krantz, Enzo Fiorini, Rachel Pinto

Friday ~ Morris D'Sonz†, Ruth Brown†, Gordon Philip†, Holy Souls in The Purgatory†, Tim Toth†, Court McAuley, Paragas & Mallari Family, Margaret & Children, Gerry & Lorraine Dotto, Larissa Ricci

Saturday ~ Inocencia Gapas†, Eulalia Piedra†, Peter Wozney†, Darla Glosser†, Terry Dawe Jr, Mary Malloy, Paul Grismard, Paragas sisters, Gerald & Carl Draganiuk, Nicholas Thien, Anne Marie Babich



Condolences to the family of **Conrad Girard**. His funeral will take place on Tuesday August 4th @ 10:30 am at OLPH.

To the family of **Robert (Bob) LaFontaine** who passed away July 14, 2026. Funeral Service will be on August 7, 2026 at 2:00 pm at Glenwood Funeral Home.



*To Angela & Fred Fisher
Celebrating 60 years of
Holy Matrimony
July 30, 2026*



DO YOU NEED SOMEONE TO PRAY FOR YOU?

Contact one of our *Prayer Laudators*,
Doreen 780-467-0597 or Josie 780-467-0197

Parish Office 780-467-5470

General Inquiries: info@olph.ca

OLPH Website: www.olph.ca

Your OLPH Parish Team:

Pastor ~ Fr. Jim Corrigan

jcorrigan@olph.ca

Cell 780-470-2730

Associate Pastor

Fr. Arun Malayappan Jayamary

SDB arun.malayappan@olph.ca

Permanent Deacon

Deacon Lynn Pion

lpion@olph.ca

Transitional Deacon

Deacon Andrew Sheedy

andrew.sheedy@caedm.ca

Business Coordinator

Bridget Francisco

bridget.francisco@olph.ca

Pastoral Assistant

Natalie Lavigne nlavigne@olph.ca

Administrative Assistant

Jenny Velazco jvelazco@olph.ca

Administrative Assistant

Angie DeWolfe adewolfe@olph.ca

WEEKEND Admin Support

reception@olph.ca

Volunteer Management

vmteam@olph.ca

Archdiocese of Edmonton

Website: www.caedm.ca

In case of Emergency, call or
text Fr. Jim at 780-470-2730

Catholic Community News



August 14 - 15, 2026
Skaro Shrine

FRIDAY, August 14

6:30 p.m. - Reconciliation
7:00 p.m. - Rosary
7:30 p.m. - Vespers
8:00 p.m. - Mass at the Grotto

*Solemn Mass
Presided by His Excellency
Most Rev. Bishop Stephen Hero*

*The Blessed Sacrament
Procession with lit candles
will follow the blessing of the
religious articles.*

Map Location


108th
Annual Pilgrimage
2026



SATURDAY, August 15

10:00 a.m. - Mass at the Grotto
with the Sacrament
of the Sick

*The Blessed Sacrament
Procession with lit candles
will follow the blessing of the
religious articles.*



August 27, 2026
**FAIRMONT HOTEL
MACDONALD**
5:00 - 7:30 pm

PRESENTING SPONSOR
Volvo Cars Edmonton

ONLY \$50 EACH





The Archdiocese of Edmonton
WINDOW

Sign up for our Archdiocesan
weekly newsletter to stay
connected with your Catholic
community

Sign up at
caedm.ca/window
or scan here



OLPH Financial Report

Week 30 July 26, 2026	Cost of Operating the Parish	Building Fund Target Amount	"Together We Serve" Target Amount
Average weekly amount required	\$29,135.00	\$2,480.00	\$2,625.00
Donations this week	\$23,428.89	\$1,859.10	\$1,769.25
This week surplus/ shortfall	-\$5,706.11	-\$620.90	-\$855.75

- A humble and heartfelt **THANK YOU** to everyone who supports the financial needs of our parish home with Pre-Authorized Debit (PAD), by bringing your Sunday Giving Envelopes to the church, or donating via INTERAC ETRANSFER to: OLPH.etransfer@caedm.ca
- Cost of operating the parish "average weekly amount" is 1/52 of the total annual amount of ordinary receipts projected in the 2026 budget
- Building fund target average weekly amount is based on total donations projected in 2026 budget.
- Together We Serve weekly amount is based an annual target which is set by the Archdiocese.
- Together We Serve Collection - *First Sunday of every month - August 2, 2026*
- SSVP Poor Box Collection - *Third Sunday of every month - August 16, 2026*

What's Happening at OLPH

CATECHESIS OF THE GOOD SHEPHERD

A Montessori-inspired catechesis program for 3-6 year old children at OLPH

CGS welcomes children ages 3-6 years old into our Atrium- A specifically designed space for the children where everything is their size, real and beautiful!

In the Atrium, the adult (catechist) serves solely as match-maker between the child and Jesus, their Good Shepherd. Over the last year, this has led to children spontaneously exclaiming things like:

"God gives us joy!"

"God gives us everything!"

"We are quiet so we can hear Jesus' whispers"

"I'm asking the Holy Spirit for Fear of the Lord, for sure!"

Registration is now open!

CGS will run from October 2026- May 2027.

Forms with more information are available at the parish office or online on the OLPH website.

CGS fills up soon with children from across the diocese so register soon!



The Bible Timeline

The Story of Salvation

Have you ever wanted to understand the whole story of the Bible? Now you can!

Join us for a free information session on Tuesday, August 25
In-person at OLPH Parish @ 2:00 pm or on Zoom @ 7:00 pm

COURSE STARTS TUESDAY, SEPTEMBER 15

In-person at OLPH Parish or on Zoom



Presented by the Growing in Faith Together (GIFT) team at
Our Lady of Perpetual Help Parish, Sherwood Park



What's Happening at OLPH



Mass
Schedule

Seniors Residences & Care
Center Masses This Week

Tuesday~ Clover Bar Lodge 10:00 am

Wednesday ~ Summerwood 10:30 am

Thursday ~ Silver Birch 10:30 am and
Emerald Hills 1:00 pm

Friday ~ Capital Care 10:30 am



**THE CLOTHING NOOK
is OPEN for Shopping:**

Tuesdays 1:00 pm - 3:00 pm

August 11 & 18,

September 8 & 22

Saturdays 10:00 am - 12:00 pm

August 1 & 15 September 12 & 26

BAPTISM opens the door to the rest of our Catholic Sacraments. If your child attends Catholic school but is not yet baptized, we have special support for your family!

FAMILY BAPTISM PREPARATION CLASS

Tuesday August 11, 6:15 - 8:30 pm

(Both mother and father, and any child age 7-10 must attend. Godparents are also encouraged to attend.)

After parents and children have completed their preparation, your child can join one of our summer Baptism celebrations scheduled for **August 16 or August 23 at 2:30 pm.**

Your child will then be able to join their classmates in grade 2-5 preparing to celebrate First Reconciliation and First Holy Communion next school year.

To register call

780-467-5470 or email

sacraments@olph.ca



Volunteer Opportunities



Our **Monday Cleaning Team** is currently in need of volunteers.



The **AV team** is looking for more volunteers to serve Mass from the sound booth. Contact Bob bgerow@olph.ca to learn more.



The **Marian Gift Shop** is looking for more volunteer staff.



OLPH Youth Group needs more adult leaders/supervisors for separate Jr. High and Sr. High group activities. (1-2 evenings per month.) Email nlavigne@olph.ca.

Contact the Parish Office at 780-467-5470 to sign up, or for more info about these and other volunteer opportunities at OLPH.

Grief as a Journey

When we experience loss of a loved one, we need to grieve. OLPH offers a ten-week program called "**Grief as a Journey**", open to anyone who feels they may benefit from it.

Monday Evenings 6:30 pm - 8:30 pm

September 14 - November 23

(excluding Thanksgiving October 12)

*To register for the upcoming session, please call the

Parish Office

780-467-5470 or

email info@olph.ca.





Vocation

This week, on Tuesday August 4th, we will celebrate the memorial of St. John Marie Vianney, commonly known as the Cure de Ars. He was a simple parish priest who served the Catholic parish of Ars for over thirty years and became famous for his sanctity. He was known for being an amazing confessor and people would come from around the world to see him for confession. He is the patron saint of parish priests, so here is the question: what do you think of when you hear the word vocation? As a Catholic one might immediately jump to the concept of vocation as being connected to priesthood or religious life; but there is so much more to vocation. “The Catholic Church teaches that life has an essentially “vocational” structure. God calls every person, by Baptism and by a personal plan of love, so that each person can grow in holiness and give their life fruitfully, in a state of life and mission suited to them, (Pope JP II vocations congress 1997).”

The Catholic teaching is that everyone is called - not to a particular job, but to love, communion and holiness. “Love is the fundamental vocation of every human being, because God created the human person for love and communion, (CCC 2392).” This phrase resonates well with me because I do believe that we are created out of the love that exists within the Trinitarian community. Love must find an expression, and we and creation are the expression of Trinitarian love. The Church also proposes that the Christian life lived, is a response to the call of God in our lives and that Baptism is the moment when God’s call enters our lives in a decisive way. Beyond the big picture of the universal call to holiness, Catholic teaching states that in God’s plan there is a specific vocation for every person. Each vocation is described as something unique and un-repeatable. Each creature expresses and is called to express a particular aspect of God’s thought, (congress on vocations 1998).” St. John Paul II teaches a consistent message. “Every baptised person must be helped to discover the call that in God’s plan is addressed to him and the special vocation of service must be welcomed generously, (Pope JP II vocations congress 1997).”

What are the vocations within the Catholic teaching? 1. Ordained ministry (priesthood, deacons). 2. Consecrated life (religious life and other forms of special consecration. 3. Marriage (and Christian Family life). 4. Lay life (lived as disciples in the world. Pope Francis describes vocation as, “existing in different states of life, and he explicitly says every vocation in the Church is a sign of the hope God has for the world, (Pope Francis, 61st World Day of Vocations 2024)” “Church teaching explicitly rejects the idea that vocation is reserved only for priesthood and religious life, (Pontifical Council on the Family).”

Catholic teaching links our baptismal vocational call to both, freedom and responsibility. Pope Francis notes that vocation is “something that God sows in our hearts.” He also notes that Jesus does not impose but proposes, respecting our freedom and allowing room for inquiry and discernment. Whether a person is called to marriage, priesthood or other forms of religious life, the

Church teaches that pastoral care of vocations is said to, “spring from the mystery of the Church” and serves the proclamation of Christ.

Pope John Paul II insisted that every vocation, regardless of its form is a gift from God. He notes that a pastoral approach focused too heavily on action or promotional effort can be ineffective. Instead, he urges prayer for vocations; echoing Christ’s command to pray for laborers, (Pope JP II vocations congress 1997).

Pope Francis dovetails these comments by warning against “vocational cooling”, caused by a lack of apostolic fervor. He teaches that “genuine vocations arise where there is life, fervor and desire to bring Christ to others, especially when communities pray insistently, (Evangelii Gaudium Pope Francis 107).” It should be noted that at least two priests, Fr. Paul Kavanagh, Fr. Warren Schmidt and one professed religious Sr. Miriam OP, are products of Our Lady of Perpetual Help parish.

We also have at least one young man Ian Novakowski in seminary formation and two young women Sr. Anika N. and Sr. Isabelle C. in active discernment with two different religious orders. All these men and women are part of our faith community. Deacon Andrew Sheedy is a product of Holy Family in St. Albert, and Deacon Daniel Sale is a north Edmonton lad and both: Fr. Dean Dowell and Fr. Jim are products of Our Lady of the Angels in Fort Saskatchewan.

It goes without saying how beautiful the many marriage celebrations we’ve had at OLPH are. Perhaps just as beautiful are the many forty-, fifty-, and sixty-year anniversaries we mark with our parishioners who have been so faithful to the sacrament of marriage. Beautiful responses to the universal call to holiness and to individual responses to God’s call to a particular vocation. We also thank God for the sharing of vocational responses from Dioceses and their priests from all over the world.

More recently, we are so grateful for Fr. Michael SDB and for Fr. Arun SDB who hail from India. Their generous response of love, a long way from home, allows us to celebrate our faith fully with joy and with intent. Marriage, religious life, priesthood or single life, are all ways of responding to God’s call. He is calling you. He has a plan and a vocation for you. Be still and listen. God will show you. Blessings fj



CALLING ALL ARTISTS OF OLPH “Celebrating Our Sacraments in Art “

Join us in creating beautiful 5”x7”cards that capture the spiritual depth, joy, and grace of one of the following themes: **Baptism, First Reconciliation, First Holy Communion, Confirmation, Holy Matrimony, In Memoriam (Death/Sympathy), Welcome New Families.** Each artist may submit up to three (3) pieces of artwork in any visual art medium.

How to Submit: Email your high-resolution digital files or photos of your artwork to pastoralpriorities@olph.ca with the subject line “Art Submission - [Your Name]” or bring your physical piece to be scanned to the Parish Office during regular office hours.

SUBMISSION DEADLINE:
September 30, 2026