

Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week
Mass, Adoration & Sacraments at Our Lady of Perpetual Help Parish

Sunday Mass

Saturday vigil 5:00 pm
Sunday 8:30 am, 10:30 am,
12:30 pm and 7:00 pm

Weekday Mass

Mornings: Monday to Saturday 8:30 am
Evenings: Monday to Friday 6:15 pm

Sacrament of Reconciliation

Every Saturday 9:15 am to 11:00 am

Monday to Friday: ***Immediately Following Morning and Evening Mass***

******If you wish to celebrate Reconciliation after a weekday Mass, please ensure you are AT THE CONFESSIONAL BY THE TIME MASS ENDS. The priests will not wait if no one is there after Mass, and will only stay for as long as there are people waiting.***

Sacrament of Baptism

Celebrated the Third and Fourth Sundays of Every Month at 2:30 pm.

(Contact the Parish Office minimum 1 month in advance to register for Baptismal Preparation.)

Eucharistic Adoration

Wednesday Holy Hour at 5:15 pm prior to evening Mass

1st Wednesday hosted by Mary's Servants for Christ: August 5, 2026

2nd Wednesday hosted by Society of St. Vincent de Paul: August 12, 2026

3rd Wednesday hosted by CWL: August 19, 2026

4th Wednesday hosted by K of C: July 22, 2026

5th Wednesday hosted by Clergy: July 29, 2026

ALSO: Friday Holy Hours at 7:30 am and 5:15 pm prior to the daily Masses

AND First Sunday of Every Month FAMILY-FRIENDLY Holy Hour at 2:30 pm

(children of all ages WELCOME, silence is NOT expected in the Church)

LIVESTREAM
WORSHIP



Did you know we have a YouTube Channel? For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, **all Masses and Adoration are livestreamed at:**

<https://www.youtube.com/@olphparishsherwoodparkab/streams>



WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.
(Must be a Telus Optik subscriber.)



LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.
Dial 888-OLPH-808 (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community
Sunday July 19, 2026 ~ Sixteenth Sunday in Ordinary Time

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca



***REMINDER:
MONTHLY
POOR BOX
COLLECTION
THIS WEEKEND**

**Last Chance
to Register**

**JUNIOR
IGNITE**

CATHOLIC SUMMER CAMP

**FACETO FACE
MINISTRIES**



JULY 21 - 23 | GRADES 6-8
OUR LADY OF PERPETUAL HELP PARISH



REGISTER HERE



A Free Evening of
♥ **Food & Fellowship for Single Seniors** ♥

Single/Divorced/Widowed Age 60+

All are welcome!

Thursday August 6

5:00 pm - 7:30 pm OLPH Parish Hall

Supper 5:30 pm

Music until 6:00 pm (Mass above)

RSVP by Sunday August 2 by email to

Elaine kemac1983@gmail.com

or call Parish Office 780-467-5470



With Heartfelt Thanks

From the OLPH Clothing Ministry "The Nook"

The OLPH Clothing Ministry (The Nook) and its 32 dedicated volunteers would like to thank the OLPH parishioners, the supportive parish staff, the hard-working Society of St. Vincent de Paul (SSVP) team, Amigo Ways, and many dedicated students for supporting the Nook and contributing to it's mission! Since January, we received over 2,700 bags of parishioner donations, multiple wagonloads of items from SSVP, and boxes from Amigo Ways — too many to count.

This generosity has allowed the Nook to distribute clothing, footwear, and household items to over 1,400 individuals in our community and support organizations such as Kids Kottage, JETS, North of 60 Project, and the SSVP Downtown Chapter. Unusable items are either delivered to The Hodgepodge Lodge or sent to Horizons Centre, which provides support and assistance to individuals with disabilities, for further processing.

We are deeply grateful and thank everyone for their kindness and support.

With gratitude, The Nook volunteers





July 20-25

Monday ~ Adora Centeno†, Papa†, Phyllis Alexander†, Pravin Patelia†, Fr. Kevin Gillis, Bemvindo Palha, Darrell Clarkson, Kari Nicholas, Ivan Weber, Leo Garcia

Tuesday ~ Joan Olesky†, Angelina de Belen†, Solange "Sally" Fika†, Holy Souls in The Purgatory†, Leslie†, Amalia de la Rosa†, Marvin & Gail Weleschuk & family, Brenna Willette, Paul Phillips, Bob Gerow

Wednesday ~ Walter Schroh†, Lucille Dufault†, Mervyn Lynch†, Brad DeCook†, Margaret & Pat Donnelly†, Chase Evan Gourlay†, Ivan Harrison†, Aila Torres, Arnie & Karen Godin, Penny & Bernie Draganiuk, Christine Lavita

Thursday ~ Joseph Joseph†, Ted Siwak†, Glen Wein-kauf†, Khaye Ricaforte, Gracias Family, Vanessa Melanson, Jeff Newman, Marvin & Gail Weleschuk & family, Laura & Stephen Wu, Khaye Ricaforte, Fr. Michael Aro Pancras

Friday ~ Palma Covelli†, Jun Calara†, Joseph Joseph†, Darren John Chichak†, Molly Isaiah†, Camille Weleschuk, Ena & Aimee Theroux, Joanna Cavanagh, Lindsay Lipsett, Ivy

Saturday ~ Joseph & Amanda Joseph†, Ponciano de Guzman†, Scott Shea†, Irene Ricci†, Terry Dawe Jr., Emilia Painchaud, Fr. Jim Corrigan, Adilene Yanke, Marie Stecyk, Anne Marie Babich



Condolences to Roman & Marilou Diocson, his dad **Edmund Diocson**, died on July 10, 2026 in California.

To Joan Stephens & family, her husband **Ron Stephens** died on July 14, 2026 in Edmonton. Funeral Mass will be Wednesday July 29 at 11:00 am.

To the family of **Annette Bruce** who passed away on July 15, 2026. Funeral Mass will be Friday July 24, 2026 at 10:30 am.



DO YOU NEED SOMEONE TO PRAY FOR YOU?

Contact one of our *Prayer Laudators*,
Doreen 780-467-0597 or Josie 780-467-0197

Parish Office 780-467-5470

General Inquiries: info@olph.ca

OLPH Website: www.olph.ca

Your OLPH Parish Team:

Pastor ~ Fr. Jim Corrigan

jcorrigan@olph.ca

Cell 780-470-2730

Associate Pastor

Fr. Arun Malayappan Jayamary

SDB Arun.Malayappan@olph.ca

Permanent Deacon

Deacon Lynn Pion

lpion@olph.ca

Transitional Deacon

Deacon Andrew Sheedy

Andrew.sheedy@caedm.ca

Business Coordinator

Bridget Francisco

bridget.francisco@olph.ca

Pastoral Assistant

Natalie Lavigne nlavigne@olph.ca

Administrative Assistant

Jenny Velazco jvelazco@olph.ca

Administrative Assistant

Angie DeWolfe adewolfe@olph.ca

WEEKEND Admin Support

reception@olph.ca

Volunteer Management

vmteam@olph.ca

Archdiocese of Edmonton

Website: www.caedm.ca

In case of Emergency, call or
text Fr. Jim at 780-470-2730

OLPH Financial Report

Week 28 July 12, 2026	Cost of Operating the Parish	Building Fund Target Amount	"Together We Serve" Target Amount
Average weekly amount required	\$29,135.00	\$2,480.00	\$2,625.00
Donations this week	\$24,038.10	\$2,022.10	\$1,975.25
This week surplus/ shortfall	-\$5,096.90	-\$457.90	-\$649.75

- A humble and heartfelt *THANK YOU* to everyone who supports the financial needs of our parish home with Pre-Authorized Debit (PAD), by bringing your Sunday Giving Envelopes to the church, or donating via INTERAC ETRANSFER to: OLPH.etransfer@caedm.ca
- Cost of operating the parish "average weekly amount" is 1/52 of the total annual amount of ordinary receipts projected in the 2026 budget
- Building fund target average weekly amount is based on total donations projected in 2026 budget.
- Together We Serve weekly amount is based an annual target which is set by the Archdiocese.
- Together We Serve Collection - *First Sunday of every month - August 2, 2026*
- SSVP Poor Box Collection - *Third Sunday of every month - July 19, 2026*

Encounter School of Ministry was welcomed by Archbishop Smith in 2023.

It exists to train, equip, activate and deploy disciples of Jesus to demonstrate the love of God through the power of the Holy Spirit in their sphere of influence.

Our annual *Summer Intensive*, **July 27-30 from 6:00 pm - 9:00 pm daily** at Holy Trinity Church, Spruce Grove provides a **POWERFUL** four-night **TASTE** of the core content taught during our first academic year, focusing on **Identity, Prophecy, Healing and Inner Healing**.

It is perfect for anyone wanting to step deeper into ministry, or for those discerning full enrollment in the School of Ministry.

For more information and to Register:

<https://encounteredmonton.regfox.com/summer-intensive-2026>

Catholic Community News

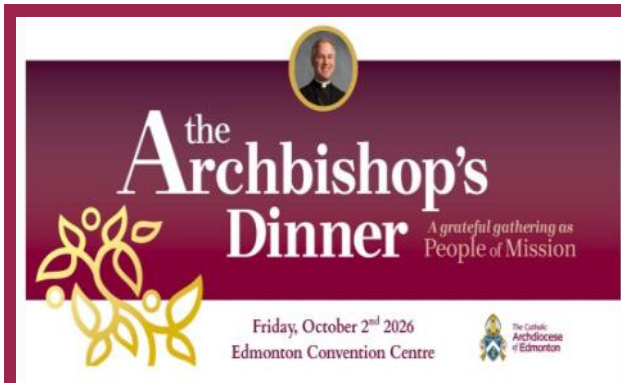


August 27, 2026
FAIRMONT HOTEL
MACDONALD
5:00 - 7:30 pm

PRESENTING SPONSOR
 Volvo Cars Edmonton

ONLY \$50 EACH

CELEBRATE WITH US



the Archbishop's Dinner
 A grateful gathering as
 People of Mission

Friday, October 2nd 2026
 Edmonton Convention Centre

Early Bird Pricing until Sept. 15

\$125 per person 9 (\$150 after Sept. 15)
 \$1250 per table (\$1500 after Sept. 15)

Buy Tickets Online at:
caedm.ca/dinner

**Join us in celebrating the beginning of
 Archbishop Stephen Hero's
 Ministry as the Archbishop of Edmonton!**

Support a Seminarian

Please consider a **\$125 donation to support a Seminarian**.
 Click on the "buy tickets" link for more details. We hope
 every seminarian from St. Josephs Seminary will be able to
 participate in this special evening.
 For any questions, contact Clair Gibson at
clair.gibson@caedm.ca



August 14 - 15, 2026
Skaro Shrine

FRIDAY, August 14

6:30 p.m. - Reconciliation
 7:00 p.m. - Rosary
 7:30 p.m. - Vespers
 8:00 p.m. - Mass at the Grotto

Solemn Mass
 Presided by His Excellency
 Most Rev. Bishop Stephen Hero

The Blessed Sacrament
 Procession with lit candles
 will follow the blessing of the
 religious articles.

SATURDAY, August 15

10:00 a.m. - Mass at the Grotto
 with the Sacrament
 of the Sick

The Blessed Sacrament
 Procession with lit candles
 will follow the blessing of the
 religious articles.

108th Annual Pilgrimage 2026

Map Location





St. Albert Parish 88th Pilgrimage

Celebrating the Feast of the Assumption of Mary

Saturday, August 15

3pm - Living Rosary in the Grotto, led by SAPY
 4pm - Confession
 5pm - Mass followed by Anointing of the Sick
 (confession & Mass will take place inside)
 9pm - Outdoor Movie in the Grotto
 (World Youth Day Fundraiser)

Sunday, August 16

10:15am - Rosary (in the Church)
 11am - Mass in Grotto
 Followed by Family Picnic
 Old Fashioned Family Picnic

Lunch is \$10 & includes:
 hotdog or hamburger, juice & chips
 (tickets available following weekend Masses)

Join us for sack races, tug of war,
 cotton candy, popcorn & more!

7 St. Vital Ave, St. Albert 780-459-6691



What's Happening at OLPH



Mass Schedule

**Seniors Residences & Care
 Center Masses This Week**

Tuesday~ Clover Bar Lodge 10:00 am
Wednesday ~ Country Cottage 10:30 am
Thursday ~ Silver Birch 10:30 am and
 Aster Gardens 2:00 pm



**THE CLOTHING NOOK is OPEN for
 Shopping:**

Saturdays 10:00 am - 12:00 pm
 July 18, August 1, 15, 18
Tuesdays 1:00 pm - 3:00 pm July
 28, August 11, 25

Grief as a Journey

When we experience loss of a loved one, we need to
 grieve. OLPH offers a ten-week program called
 "Grief as a Journey", open to anyone who feels
 they may benefit from it.

Monday Evenings 6:30 pm - 8:30 pm
September 14 - November 23
 (excluding Thanksgiving October 12)

*To register for the upcoming ses-
 sion, please call the Parish Office:
 780-467-5470 or email info@olph.ca.



WEDDING CONGRATULATIONS

Michael Verveda & Jadynd Waldner
 United in Holy Matrimony
 July 11, 2026



Al-Anon Family Group Meetings
 will be hosted at OLPH for the summer
Wednesdays at 1:30 pm
 in the St. Jerome Room

For more information
 contact Paulette 587-982-1267



Mary's Servants for Christ

More than repeated prayers

One of the most common misconceptions
 about the Rosary is that it is simply a series
 of repeated prayers. In reality, the Rosary is a
 meditation on the life of Jesus Christ. Each
 decade focuses on a specific event - from the
 Annunciation to the Resurrection - allowing
 us to reflect on the Gospel while asking Our
 Blessed Mother to pray for us.

Mary's Servants for Christ exists to foster de-
 votion to Jesus through His Blessed Mother
 by encouraging the prayer of the Rosary and
 the Pilgrim Statue ministry.



**Everyone is welcome to join us in
 praying the ROSARY, Monday -
 Friday after the 8:30 am Mass,
 and on Saturdays at 4:20 pm
 (right before the vigil Mass.)**

The 2nd Annual Chili Fest! Saturday October 3, 2026



Hosted by the Knights of Columbus and
 Catholic Women's League



We invite other groups or individuals to
 participate in our fun chili-making
 competition this year.

- Limited to 6 participants/groups
- Estimate serving size is for 25, 10oz portions
- Must be prepared in Parish Commercial Kitchen
- Cover own costs



**Submit your inquiries and entry
 request to Grand Knight Blake
 Krause by August 14**
 (blake.e.krause@gmail.com)

Joys of Summer

“Thus says the Lord, “As the rain and the snow come down from heaven, and do not return there until they have watered the earth....so shall my word be...It shall not return to me empty, but shall accomplish that which I purpose, and succeed in the thing for which I sent it.”

God’s words spoken through the Prophet Isaiah last Sunday; ironically amid the wettest summer in recorded history. God’s word and God’s rain. We trust in faith that they both have a plan and a purpose. I am smiling as I write this. I propose, that one of the rainiest summers in our history certainly provides us with an attitude of gratitude when the sun comes out and charms us. One can literally feel the good will in people as we bask in the warmth of the sun. The sun that the same God who provided the rain, has lavished upon us. For beautiful sunny days.

When we do without something that we are hoping for, it really gives us an appreciation when we finally receive it. It is interesting how a frigid week of 25-30 degrees below zero can really assist one to appreciate a couple of sunny winter days at 0 degrees. Still cool, but night and day difference to the previous week. St. Augustine proposed that this may be part of the reason that God does not answer our prayers immediately upon us praying them: That sometimes the wait can build an anticipation and an appreciation for prayers answered.

Another blessing that I am incredibly grateful for during this summer - besides the sun when it shows up - is our young people. Two weeks ago, we hosted “Vacation Bible School.” One hundred and twenty young children, guided by about thirty teenage helpers and as many adults; working behind the scenes and on the front lines, to make a beautiful week for our children, and also for our parents. On Friday of camp, all of us were treated to a concert of action songs that the children had learned that week. Interestingly, I would say two thirds of the teenagers who assisted with VBS last week had previously attended VBS as campers themselves. A cool way to pay it forward and to stay engaged in our community.

On that Friday evening, in between thunder showers, thirty or so of our OLPH Teen Youth gathered for a campfire, wiener roast, and games night. Fr. Arun and Deacon Andrew joined them for part of the evening. It is lovely to see our young people having fun and building relationships with one another in a Church setting.

On Thursday evening this past week, Archbishop Hero ordained Andrew Sheedy and Daniel Sale to the transitional Diaconate. These two fine young men are both products of good Catholic families and our local Church. We are blessed to have Deacon Andrew with us here at OLPH. For me, this is a positive sign of things to come in our Archdiocese. With God’s good grace, and our cooperation with it, there are another four young men in the latter stages of seminary formation, who have the potential to be ordained in the next couple of years.

Formation takes many years, but it works. We (you and me) need to invite those we believe may have a vocation to the priesthood or religious life to consider it. Many would not consider it themselves because they do not feel worthy. We need to encourage them to be open to hearing and responding to God’s call...even if we are the voice they need to listen to.

On Friday evening, OLPH chartered a bus and took parishioners to the football game as part of a faith & family fun night collaboration with the Edmonton Elks. The four and one Elks are off to their best start in many, many years. Some of the proceeds from ticket sales will assist our World Youth Day young adults who will go to Seoul South Korea next summer, to meet Pope Leo and other young adults from around the world.

From Tuesday to Thursday this coming week, (July 21-23), Face to Face Ministries will be hosting a middle school (grade 6-8) Catholic summer camp here in the parish. This will include Mass, adoration, and reconciliation; as well as a whole bunch of fun for our young people. Face to Face Ministries do splendid ministry and have a gift for working with young people. My young friends, there is still room. Scan the QR code on the front of the bulletin or visit <https://facetofaceministries.ca/events/ignite-junior-sherwood-park-2026/> to register.

Perhaps it is my advanced age, but I glean immense joy from seeing our young people connected with the Church, in a healthy, happy, holy, and fun way. For me, this bodes well for the future of our faith community. As these young people become young parents, they (like you) will want their children to receive what they were blessed to receive.

Our children are the best RRSP investment we will ever make as a Church family. We are blessed to have a wonderful group of adult volunteers that feel the same way. They are so generous with their Time and Talent in facilitating these opportunities for our young people. I daresay though, that this is the makeup of the majority of our OLPH parish community. Thank you all.

A blessed, sunny summer to all!

Fr. Jim

