

Church Open/Office Hours 7:30 am to 7:30 pm Daily

Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish

Sunday Mass

Saturday vigil 5:00 pm
Sunday 8:30 am, 10:30 am,
12:30 pm and 7:00 pm

Weekday Mass

Mornings: Monday to Saturday 8:30 am
Evenings: Monday to Friday 6:15 pm

* See Front of Bulletin
for Special Easter
Holiday Schedule

Sacrament of Reconciliation

Every Saturday 9:15 am to 11:00 am

Monday to Friday: *Immediately Following Morning and Evening Mass*

*****If you wish to celebrate Reconciliation after our weekday Masses, please ensure you are AT THE CONFESSIONAL BY THE TIME MASS ENDS. The priests will not wait if no one is there after Mass, and will only stay for as long as there are people waiting.**

Adoration of the Blessed Sacrament - Everyone Welcome, Always Open to All!

*****FIRST SUNDAY OF EVERY MONTH Family-Friendly Holy Hour *****

2:30 pm (children of all ages WELCOME, silence is NOT expected in the Church)

*****EVERY FRIDAY a Holy Hour prior to each daily Mass*****

7:30 am prior to Morning Mass and 5:15 pm prior to Evening Mass

*****EVERY WEDNESDAY Holy Hour 5:15 pm prior to Evening Mass*****

1st Wednesday hosted by Mary's Servants for Christ: May 6, 2026

2nd Wednesday hosted by Society of St. Vincent de Paul: April 8, 2026

3rd Wednesday hosted by CWL: April 15, 2026

4th Wednesday hosted by K of C: April 22, 2026

5th Wednesday hosted by Clergy: April 29, 2026



Did you know OLPH has a YouTube Channel? For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, all Masses and Adoration will continue to be livestreamed at:

<https://www.youtube.com/@olpparishsherwoodparkab/streams>

WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877. (Must be a Telus Optik subscriber.)

LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone. Dial 888-OLPH-808 (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community

THE SACRED PASCHAL TRIDUUM 2026 SPECIAL EDITION

Holy Thursday April 2 ~ Mass of the Lord's Supper

Good Friday April 3 ~ Solemn Liturgy of the Lord's Passion

Holy Saturday April 4 ~ Easter Vigil

Easter Sunday April 5 ~ Resurrection of the Lord

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca

The Sacred Paschal

TRIDUUM



HOLY THURSDAY APRIL 2

7:00 pm ~ Mass of the Lord's Supper with Presentation of the Oils and Washing of Feet, followed by Adoration of the Blessed Sacrament until Midnight (**NO OTHER MASSES TODAY**)

GOOD FRIDAY APRIL 3

(**NO REGULAR MASSES OR ADORATION TODAY**)

10:00 am, 1:00 pm & 4:00 pm
Solemn Liturgy of the Lord's Passion and Veneration of the Cross

8:00 pm ~ Tenebrae

HOLY SATURDAY APRIL 4

12 noon ~ Blessing of Easter Foods

EASTER VIGIL MASS at 8:00 pm

Bring BELLS to ring at the Gloria!

(**NO OTHER MASSES TODAY**)

EASTER SUNDAY APRIL 5

Regular Sunday Mass times

8:30 am, 10:30 am, 12:30 pm & 7:00 pm**

Bring BELLS to ring at the Gloria!

**INCENSE is used at the 7:00 pm Mass



DIVINE MERCY SUNDAY

Join us for...

The Divine Mercy Chaplet Prayer and Adoration Hour
3:00 pm, April 12, 2026

Our Lord revealed to St. Faustina His desire to literally flood us with his graces on that day. He told her: On that day the very depths of My tender mercy are open. The soul that will go to Confession [beforehand] and receive Holy Communion [on that day] shall obtain complete forgiveness of sins and punishment (Diary 699).

To learn more, visit thedivinemercy.org

Please note: The Holy Eucharistic will not be distributed during this prayer hour. To receive the graces of Divine Mercy Sunday, please attend Mass and receive the Eucharist that day also.



GOOD FRIDAY COLLECTION

Together we can serve the Needs of the Church in the Holy Land

In Canada, the Good Friday collection is designated for the Needs of the Church in the Holy Land. Your gift to Together We Serve on Good Friday and all year-long helps to guard over 50 shrines in the Holy Land and to support over 180,000 Christians who bear witness to the Resurrection of Christ.



SCAN HERE TO DONATE
Or visit caedm.ca/donate/to-tws.
Your gift will be credited to our Parish Target.



The Parish Office will be CLOSED on

Good Friday April 3 and Easter Monday April 6.

All other days we are open for business as usual!



Mass Intentions FOR THE WEEK

April 6 - 11

Monday ~ Kevin Healey†, Denise Black†, Ernestina Bracamonte†, Anita Pownall†, Catherina Yoon†, Bruce Donovan†, Julio Gallenero†, Doris Nunez†, Terry Dawe Jr, Sharon Rohr & Family, Piero Stefano Fiorini

Tuesday ~ James Burkinshaw†, Elsie Wolff†, Anita Armstrong†, Anne Wyonzek†, Anthony MacKenzie†, Marvin & Gail Weleschuk & Family, Caleigh Martin, Bemvindo Palha, Enzo & Ruby Fiorini, Judy Kozakewich, Fern Adams, Gene Bodnar

Wednesday ~ Philomina MacKenzie†, Denise DeBlois†, Chase Evan Gourlay†,

Becky Walter†, Beatrice Parker†, Tony D'souza†, Richard & Rhonda Tailleux, Dora Kirby, Phil & Amanda Caddel & Family, Fr. Tesfu Kelati,

Thursday ~ Christine Storeyko†, Phyllis Kornder†, Tina Sierhuis†, Shirley Beattie†, Lennard Sebastian†, James Burkinshaw†, Kent & Elaine MacDonald, Marvin & Gail Weleschuk & Family, Fr. Andrew Szablewski, Court McAuley

Friday ~ Mekael Hirnz†, Ernestina Bracamonte†, Michael Power†, Francis Te Sr†, Paul Isinger, Phil, Prayers in the Foyer, April Levesque, Dwayne Yurkish, Andrea Blanco

Saturday ~ Jorge Acosta Sanches†, Carrie Peterson†, Mervyn Lynch†, Palma Covelli†, Jacqueline Ng†, Terry Dawe Jr, Sanda Kone, Connie Hartman, Gale Driedger, Anthony Holzman

A humble and heartfelt THANK YOU to everyone who has continued to support the financial needs of our parish with (PAD) Pre-Authorized Debit or by bringing your **Sunday Giving Envelopes** to the church. OLPH is also set up to accept donations via INTERAC E-TRANSFER at: OLPH.etransfer@caedm.ca

Please include your Envelope # OR address and any special instructions in the Message Box for the e-transfer, to ensure your donation is properly recorded for your annual tax receipt.



OLPH Weekly Financial Report

Week 13 March 29, 2026	Cost of Operating the Parish	Building Fund Target Amount	"Together We Serve" Target Amount
Average weekly amount required	\$26,925.00	\$2,480.00	\$2,545.00
Donations this week	\$27,440.10	\$2,023.10	\$2,235.40
This week surplus/ shortfall	\$515.10	-\$456.90	-\$309.60

Development & Peace Share Lent Collection YTD \$3887.00

- Cost of operating the parish average weekly amount is 1/52 of the total annual amount of ordinary receipts projected in the 2025 budget
- Building fund target average weekly amount is based on donations projected in 2025 budget.
- Together We Serve weekly amount is based an annual target which is set by the Archdiocese.
- Together We Serve Collection - *First Sunday of Month - May 3, 2026*
- SSVP Poor Box Collection - *Third Sunday of Month - April 19, 2026*

FYI for parishioners with Celiac disease or Gluten sensitivity:

OLPH always has low gluten hosts available at Holy Mass. Those who need this are invited to come to the priest's communion line (centre aisle.) If you prefer sitting elsewhere, feel free to stay in that line and when you get to the Eucharistic Minister, simply let them know you require low gluten. They will happily go and retrieve it for you and distribute to you.



Parish Office 780-467-5470
General Inquiries:
info@olph.ca

OLPH Website:
www.olph.ca

Your OLPH Parish
Team:

Pastor ~ Fr. Jim Corrigan
jcorrigan@olph.ca
Cell 780-470-2730

Associate Pastor
Fr. Michael Aro. Pancras SDB
michael.aro@olph.ca

Permanent Deacon
Deacon Lynn Pion
lpion@olph.ca

Business Coordinator
Bridget Francisco
bridget.francisco@olph.ca

Pastoral Assistant
Natalie Lavigne
nlavigne@olph.ca

Administrative Assistant
Jenny Velazco
jvelazco@olph.ca

Administrative Assistant
Angie DeWolfe
adewolfe@olph.ca

WEEKEND Admin Support
reception@olph.ca

Volunteer Management
vmteam@olph.ca

Archdiocese of Edmonton
Website: www.caedm.ca

In Case of an Emergency,
Contact Fr. Jim at
780-470-2730 (call or text)

TOFIELD CORNER ~ St. Francis of Assisi Parish ~

Mass every Sunday at 11:00 am

5523-50 Street, Tofield

First Sunday of Every Month is **POTLUCK after Mass!**



1. A huge thank you goes out to all the **volunteers** who have donated their time and funds to create a beautiful place to praise our Heavenly Father, Son and Holy Spirit!! Thank you, thank you!! We are so blessed to have such dedicated parish members.
2. N.B. Our next **General Meeting** will be rescheduled to a later date due to Divine Mercy Sunday Adoration after Sunday Mass on April 12. A new date will be posted as soon as we receive Fr. Jim's schedule.
3. We will be celebrating **Divine Mercy Sunday April 12**. After Mass we will be having a Holy Hour Devotion, including praying The Chaplet of The Divine Mercy. Rosaries and pamphlets will be available. Please see info on the Divine Mercy and St. Faustina below, including requirements for Plenary Indulgence of this day.
4. Next **Men's Bible Study** gathering is scheduled for Tuesday April 7 at 6:00pm at St. Francis of Assisi church. For info contact Dan 780-265-0797 or Paul 780-405-7998
5. Our **Prayer Ministry and Prayer Shawl Ministry** continue. If you know someone in need of prayers or a comforting, blessed, handmade shawl, contact Kathy for more info 780-270-8652 OR if you would like to join our prayer ministry.

To post in the 'Tofield Corner' contact Kathy by phone 780-270-8652 or email Kathleen.Anderson.one@gmail.com

St. Francis of Assisi Parish Monthly Financial Report	2026 Monthly Budget	Donations this Month	Surplus/Shortfall	TWS
February 2026	\$2,198.00	\$2,182.90	-\$15.10	\$165.00
March 2026	\$2,198.00	\$2,327.85	\$129.85	\$110.00

ABOUT DIVINE MERCY SUNDAY - Submitted by Lorraine Williams

Jesus promised to St. Faustina that whoever recites the chaplet of Divine Mercy will receive great mercy at the hour of death, and that even hardened sinners can receive grace if they pray it.

The Divine Mercy Novena is a nine-day devotion revealed by Jesus to Saint Faustina, traditionally beginning on Good Friday and concluding on Easter Saturday to prepare for Divine Mercy Sunday

When St. Pope John Paul canonized Sr. Faustina (making her St. Faustina) on April 30, 2000, he also, on the same day, surprised the entire world by establishing Divine Mercy Sunday (the feast day associated with the message) as a feast day for the entire Church. The feast day falls on the Second Sunday of the Easter season. On that day, John Paul II declared, "This is the happiest day of my life."

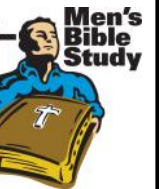


"Those who sincerely say 'Jesus, I trust in You' will find comfort in all their anxieties and fears".
- Saint Pope John Paul II

The specific requirements to obtain this plenary indulgence include:

- **Participating in Devotions:** Taking part in prayers and devotions held in honour of Divine Mercy in any church or chapel and receiving Holy Eucharist on Divine Mercy Sunday or vigil.
- **Reciting Prayers:** In the presence of the Blessed Sacrament (exposed or reserved), reciting the **Our Father** and the **Creed**, adding a devout prayer to the merciful Lord Jesus (ex: "Merciful Jesus, I trust in You!") and prayer for the Pope's intentions, Our Father and Hail Mary.
- **Interior Disposition:** Performing these acts with a spirit **completely detached from the affection for a sin**, even a venial sin through confession within 20 days, before or after.

"The truth is like a lion. You do not need to defend it. Let it loose; it will defend itself." - Saint Augustine.



STRAWBERRY TEA & FASHION SHOW

FRIDAY, MAY 1, 2026
12:30PM - 4:00PM
FASHIONS BY
SUZANNE'S & LAURA'S

ENJOY A COZY AFTERNOON WITH CAKE,
TEA, 50/50 & RAFFLE PRIZES!
FASHION SHOW STARTS AT 1:30PM



OLPH Parish Hall
13 Brower Drive,
Sherwood Park

- \$20.00 per ticket
- Tables reserved for groups of 8 only
- Contact Pat at tickets@cwloiph.ca 780-218-8009





Life Worth Living! A Workshop on Aging and Flourishing

Presented by:
Amanda Achtman
Founder, Dying to Meet You
Bioethics Director, Canadian Physicians for Life

Saturday, April 18 | 10:00 am - 2:00 pm
Santa Maria Goretti Centre
9110-110 Avenue NW, Edmonton

\$20 (includes buffet lunch)
Registration required by April 16

To register, go to:
hopeanddignity.caedm.ca/register
or call Kari at 780-469-1010 ex. 2164

Together we will learn that:

- Our lives continue to have meaning amid illness, disability, dependence, and loss.
- Living until natural death can become a gift of hope for others.
- The way a story ends changes the meaning of every page.

The Catholic Archdiocese of Edmonton

10.17.26

Save the Date

GrACE EICS Parent Conference

Rooted in Faith: Empowering Parents and Strengthening Catholic Schools.

A conference for parents with children in (or looking into) publicly funded Catholic schools.

Fill out our interest form to stay up to date as details unfold.





The Calix Society


We substitute the cup that sanctifies for the cup that stupefies

Calix is an association of Catholic alcoholics, drug addicts, and family members and friends affected by addiction, who are maintaining their sobriety through participation in their Catholic faith and a 12 Step program.

A monthly meeting will be held on the last Tuesday of each month at OLPH Parish in Sherwood Park. Mass begins at 6:15PM, followed by fellowship and the Calix meeting at 7:15PM in the St. Joan room.

For more information about Edmonton Unit meetings, contact us at:
edmcalthsecretary@shaw.ca

For more about CALIX visit:
<https://www.calixsociety.org/>



50-50 CHARITIES APPEAL RAFFLE

ALBERTA KNIGHTS OF COLUMBUS CHARITABLE FOUNDATION

Early Bird Draws x3
\$1000 ea

Draw Dates at 12:30 PM:
(One winning number will be randomly selected)
March 10th
March 24th
April 7th

In support of:
Educational Institutions, Community Charities, Churches,
Youth and Seniors Activities across Alberta

WINNER takes 50% of total sales
\$202,500 maximum

BUY TICKETS ONLINE

1 for \$5
10 for \$20
50 for \$50
200 for \$100

www.acf5050.com

Ticket sales end at 6:00 PM on April 25, 2026

Council #6083

Please Support Council

Grand Prize Draw
April 25, 2026 | 6:30 PM

AGLC Licence 767624



What's Happening at OLPH

PARISH SPRING BOOK STUDY

The SEVEN PILLARS OF CATHOLIC SPIRITUALITY

Matthew Kelly

THURSDAY EVENINGS

April 23 - May 28
7:15 pm - 8:30 pm in the Parish Hall

Join us! God has been using the **Seven Pillars of Catholic Spirituality** to transform ordinary people into saints for a long time. It's time to discover why the timeless genius of Catholicism is still relevant in the modern world. Father Jim and his Pastoral Team, in partnership with the OLPH Alpha Team, are offering a six -week book study on Thursday evenings starting April 23. **Join us**, as we explore this latest Dynamic Catholic book by Matthew Kelly.

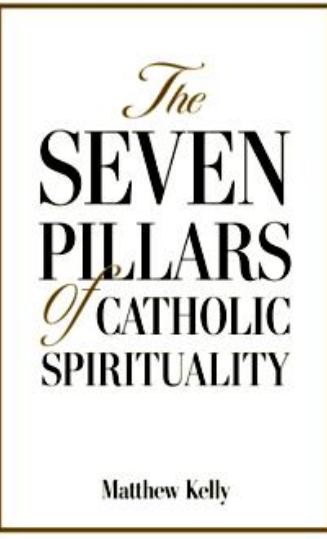


Weekly Program Readings Schedule:

- April 23: Introduction, What If? Prologue & Confession (pg 5-38)
- April 30: Daily Prayer (pg 39-67)
- May 7: The Mass (pg 69-92)
- May 14: The Bible (pg 93-110)
- May 21: Fasting and Spiritual Reading (pg 111-134)
- May 28: The Rosary and Conclusion (pg 135-152)

In addition to our weekly discussion group, a brief Monday morning "spiritual message" will be sent to your email.

Contact Jerry or Pat Heck with any questions at 780-416-8111 or jheck11@gmail.com

TO REGISTER go to <https://ourladyofperpetualhelpsp.flocknote.com/signup/251549>
or **SCAN QR CODE :**

The Catholic Archdiocese of Edmonton

Pastoral Priorities

Eucharistic worship Confident witness service to Marriage & Family

The First Sunday of every month is PASTORAL PRIORITIES SUNDAY at OLPH.

Sunday May 3, 2026

Join us for Fellowship Time with Coffee & Treats after Every Mass and Family-Friendly Eucharistic Adoration

2:30 - 3:30 pm

ALL families & children of ALL ages are welcome! (Silence is NOT expected in the church during family-friendly Holy Hour)




Are you being called to the Catholic Church?

Whether you are just curious or already feel a deep hunger for communion with our Lord and His Church, RCIA is for you! In this journey of Christian formation, non-baptized people or people baptized in another Christian tradition, will explore the fullness of the Catholic faith while growing ever deeper in love with Jesus Christ.

Rite of Christian Initiation for Adults (RCIA)

For more information contact Billy at bspindle@shaw.ca or 780-990-7981



"North of 60 Project" Starts in 2 Weeks!

It's almost time for our annual **REVERSE COLLECTION**, to collect needed items to fill an 8x8x20 ft Sea-Can to ship up to the remote Arctic community of Paulatuk NWT.

April 18 & 19: Pick up a paper slip at Sunday Mass. It will list a needed food item OR a cash donation that will be put towards the purchase of specific items (such as mattresses, bedding etc.)

April 25 & 26: Bring the item(s) listed on your slip back to Mass. Volunteers will be ready in the entrance foyer to receive them from you

Late April/Early May: SSVP volunteers will sort the donations and carefully pack the Sea-Can to be shipped to Paulatuk.

SOCIETY of St. VINCENT de PAUL (SSVP)
OUR LADY of PERPETUAL HELP CONFERENCE





What's Happening at OLPH



SACRAMENTAL PREPARATION FOR CHILDREN IN GRADE 2 - 4

Families must attend Opening Mass & Orientation:

- Wednesday April 8 at 6:15 pm OR
- Sunday April 12 at 12:30 pm

Registrations forms with full class schedule are available for pick up from the foyer info station, at the Parish Office, or online at <https://www.olph.ca/sacraments/>

Questions? Scan the QR code or Contact Natalie 780-467-5470 ext 225 or by email: sacraments@olph.ca



Preparation classes for parents and Godparents the 2nd Tuesday of each month. Baptisms the 3rd and 4th Sunday of each month. Contact Jenny info@olph.ca to register. *Additional preparation required for children age 7 and older.



To get married at OLPH contact Angie ADeWolfe@olph.ca to schedule your **Pre-Nuptial Meet & Greet** and get connected to a Marriage Preparation Course.



Daytime call/text Fr. Jim 780-470-2730. After hours call the Parish Office 780-467-5470 and follow the instructions to connect with the Priest On Call.

AT OLPH, WE PRAY FOR ONE ANOTHER.
 Contact Doreen 780-467-0597 or Josie 780-467-0197 with your prayer requests.
YOU CAN ALSO LEAVE A NOTE IN THE PRAYER BOX IN THE FOYER.

Mass Schedule Seniors Residences & Care Centers This Week

- Tuesday April 7** ~ Cloverbar 10:00 am
- Wednesday April 8** ~ Country Cottage 10:30 am
- Thursday April 9** ~ Silver Birch 10:30 am and Aster Gardens 2:00 pm

Please contact Rita at the Parish Office 780-467-5470 to learn about how you can volunteer in support of this beautiful ministry.



LESSON 4 (of 5) "DISCIPLESHIP"

RSVP for your Choice of:

- Saturday April 11, 8:30 am - 10:45 am
- Wednesday April 15, 6:15 pm - 8:30 pm
- Thursday April 16, 6:15 pm - 8:30 pm

Any questions contact Natalie by email sacraments@olph.ca

CONFIRMATION DAY OF CONFESSION:

Saturday April 18, 9:30 am - 11:00 am



CONFIRMATION MASS:

Sunday May 3 at 4:00 pm
with Archbishop Stephen Hero

OLPH YOUTH GROUP IS INVITED TO A SPECIAL WORKSHOP:

WRITING PYSANKY ALL MATERIALS PROVIDED

RSVP to nlavigne@olph.ca.
More details provided at registration.

APRIL 10 | 6:15 TO 9:00PM
FAITH, FOOD, FELLOWSHIP

Gr. 7+ Bring a friend!



What's Happening at OLPH

OLPH Funeral Lunch Ministry Volunteer Opportunities

Serving families with care during life's most tender moments.



Offering families a place to gather, share, and be supported. From kitchen prep to serving and setup, there's a place for everyone.

If you feel called to serve in this meaningful way, please contact the parish office—we would love to have you join us.

IGNITE
CATHOLIC SUMMER CAMP
FACETO FACE MINISTRIES

JUNIOR
JULY 21 - 23 | GRADES 6-8
OUR LADY OF PERPETUAL HELP PARISH

REGISTER HERE

JETS = java, exercise, talk and service =

Spring Flights up on Departure Board

Consider this your special boarding pass for any upcoming JETS Women's Group Flight! Our departure board this season includes everything from a Mother's Day Backyard Tea and Tour of Holy Cross Mausoleum, to an outdoor Spiritual morning and a road trip to the Basilian Museum in Mundare, plus so many more! JETS is a drop-in-parish group that fosters women in community, faith and learning. No need to book ahead, simply join us most Friday mornings in the Large Meeting Room. To chat in person with our Co-Captains, contact either Aida at issaaida33@yahoo.com or Nancy at 780-464-5356.

Creative Flight ~ Boarding Friday April 10, 2026

Join the JETS as they travel to Zentangle Island for a wonderful adventure! Check-in commences at 9:45 am in the Large Meeting Room and departure is at 10:00 am. Come experience an easy-to-learn, relaxing art form that uses structured, repetitive patterns to create. If you can draw the elemental strokes of I C S O, then you too can create abstract art. Please pack in your carry-on luggage some card stock paper or a sketchbook, any fine liner black pens (ex: micron), an HP or 2B pencil for shading, and a blending stump or Q-tips for smoothing out the pencil shading. You can also bring coloured pencils if you feel like adding a splash of hue. So come ready for fun, relaxation and creativity! For further details kindly contact Edwina, our Captain of this Flight, at nevigas@gmail.com.



SOCIETY of St. VINCENT de PAUL (SSVP)
OUR LADY of PERPETUAL HELP CONFERENCE

Our sincere thanks to OLPH parishioners who have enormously supported the works of the SSVP OLPH conference. This Christian Community of SSVP was founded by Frederic Ozanan in Paris in 1883, with the purpose of following Christ through service to those in need and so bear witness to His compassionate and liberating love. In 2003, Our Lady of Perpetual Help conference was established and over the years we have served the women and children of a Safe Place Sherwood Park, the needy/poor throughout Strathcona County, in Fort Saskatchewan and in Edmonton because of your generous support. We are a registered charity fully run by volunteers. We rely on donations of time, goods and financials to fulfill our mission.

Our members are involved in one or any number of areas of service – pick-up and delivery of furnishings, responding to the donation line or to the help line, home visitations, the sorting and distribution of donations and assisting with the poor box collections.

In 2025, the support of our benefactors has allowed us to distribute around \$99,000 worth of used furnishings, housewares and clothing and \$7,700 in grocery gift cards. Our volunteers have provided over 6,500 hours of volunteer time. In addition, we are engaged in a number of **collaborative projects with our OLPH Parish** in support of service initiatives including:

- **Sherwood Park Against Hunger** – preparing 90,000 packaged meals distributed to the hungry all around the world
- **Outreach to Saddle Lake and Goodfish Lake** – providing furnishings, food and clothing to the poor in conjunction with the Missionaries of Charity sisters in St. Paul
- **North of 60 Project** – our annual Reverse Collection for the remote Arctic community of Paulatuk
- **Twinning with Ukraine** – OLPH assists the SSVP Conference of Luisa de Mariac in Kyiv in an annual donation of \$3,000 which is used in support of their citizens.

SSVP is able to carry out our work because of the prayers and generous support of our parish Priests, the parish staff and parishioners of Our Lady of Perpetual Help. We continue to be extremely blessed and grateful!



MONTHLY POOR BOX COLLECTION
AFTER MASS
3rd Sunday of month

HELP LINE 780-416-0931
Press 1 to Request HELP
Press 2 to DONATE

What's Happening at OLPH

The Clothing Nook is OPEN:

Tuesdays 1:00 pm - 3:00 pm

April 7 & 21, May 5 & 19, June 2, 16 & 30

Saturdays 10:00 am - 12:00 pm

April 11 & 25, May 9 & 23, June 6 & 20

SHOPPING AT THE NOOK IS ALWAYS FREE OF CHARGE

The OLPH Clothing Nook Ministry is a group of 28 dedicated ladies: a 7-year-old, a 14-year-old and 26 more ranging in age from 30 - 91 years.

Sorting occurs twice a week, and from those donations we fill the racks with lovely clothing and other items that will help people in need. All our volunteer angels work so diligently to make this joyful.

Last year we served 1,100 individuals shopping for 2,170 family members. So many thankful people! Throughout the year we also collect formal gowns and suits for the Elks "Gowns for Grads" event, items for the North of 60 seacan to Paulatuk, gifts for our Christmas Store, etc.

A brief OVERVIEW of 2025: We received 3,787 bags of donations from the black bin by the elevator. A combined total 2,810.5 volunteer hours were spent sorting donations in the Nook. (Thank you to SSVP for sorting 118 wagon-loads.)

In addition to stocking the Nook for shopping clients, we also sent out: 973 bags to SSVP downtown, 247 bags of shredding (clothing that is too worn out, stained or otherwise damaged), 78 kgs of Christmas leftovers to Hodge Podge Lodge, plus 65 assorted bags to different organizations including Strathcona (eco centre) shoe/textile program, CWL (knitting and sewing items), and local Vet clinics (towels/bedding that are not fit for our clients can be used for pet care.)

To our Nook volunteers, thank you for continuing to gather, share your talents and love. This is a joyful caring community with so much to give. To our parishioners, SSVP, the parish office team and countless generous donors, we are so grateful!



Wishing you and your family a very **Blessed Easter!**

May the joy of the Risen Lord fill your hearts with hope and peace.

Mary's Servants for Christ
Our Lady of Perpetual Help Parish, Sherwood Park

Christ is risen! Alleluia!

“ And from that hour the disciple took her into his own home ”
John 19:27

Our Ministries Include...

- **Praying Rosary at OLPH**
 - MON - FRI after 8:30 AM Mass
 - SAT before 5:00 PM Mass
 - Adoration on First Wednesdays
- **Praying Rosary at Schools**
 - Weekdays at various Catholic Schools in Sherwood Park
- **Pilgrim Statue Hosting**
 - Saturdays at 9:30 AM at OLPH
 - Facilitate exchange of the Pilgrim statue of Our Lady of Fatima for hosts families who host the statue for a week.

Catholic Women's League
Our Lady of Perpetual Help

A SISTERHOOD DEDICATED TO FAITH, SERVICE, AND SOCIAL JUSTICE

General Meetings held the second Monday of every month at 6:30pm
If you need assistance in attending please contact info@cwloiph.ca to arrange transportation.

Annual Events:

- Apple Pie & Perogie Making
- Fall Market
- Knights of Columbus & Catholic Women's League Memorial Mass
- Christmas Social
- Lenten Retreat
- World Day of Prayer
- 12 Hour Prayer for Palliative Care
- Strawberry Tea & Fashion Show
- Service Awards

Monthly CWL Adoration & Mass, as well as regular educational events, and conventions throughout the year.

Contact Information:
membership@cwloiph.ca
www.cwl.ca

General Council MEETING NOTICE

Tuesday April 7 at 6:00 pm
All Brother Knights Please Attend

What's Happening at OLPH

Altar Server Training for current and new servers.

Next Training: Tuesday April 14
7:00 - 8:30 pm (After Evening Mass)

To sign up, contact:
Amanda Gaudet amanda.gaudet15@gmail.com
OR Lindsay Lott lindsaycederwall@gmail.com

Everyone Welcome!

Pancake Breakfast

Hosted by the Knights of Columbus after the 8:30 am & 10:30 am Masses

Sunday April 19 and Sunday May 10 ~ Mothers Day

\$9 per person or \$24 per family

SHERWOOD PARK AGAINST HUNGER

Meal Packaging Event

Saturday May 9 at OLPH Parish Hall

You are invited to participate in a very rewarding event, packaging meals for well deserved people. Together with your help, our goal is to package 70,000 meals.

We need approximately 220 volunteers (110 per shift) from ages 6 and up to help package the meals in an assembly line fashion. It is a fun way to spend time with friends and family for a wonderful cause!

1st shift	9:00 am - 11:30 am
2nd shift	1:00 pm - 3:30 pm
Cleanup	3:30 pm - 7:00 pm

Save the Date

SPRINGTIME JOY

Parish Potluck & Family Dance

Saturday April 25 at 6:15 pm
(Following the 5:00 pm Mass)

Join us in the Parish Hall for a fun & delicious evening including Kids Activities, "Teen Zone" and live music for dancing by **The Beach Buoys**

Volunteers Needed! Sign Up Here:
<https://www.signupgenius.com/go/904054CAEA62CA2F85-51161444-fall#/>

For more information or to sign up, scan the QR code or visit:
<https://www.signupgenius.com/go/10C0B44A9AB29A2FFC52-62442738-sherwood>

Thank you in advance for volunteering your time for this very worthy cause!

**Note that hair nets and gloves are mandatory for all volunteers and will be provided at the venue upon entry. Bottled water will be provided.*

This summer, head out to SonWest Vacation Bible Camp!

We will ride the trails through the Old Testament stories of Moses to help our children discover Jesus's unchangeable love. The lower level of the church will become the wild Ol' West, complete with toe-tappin' music, awesome crafts, yummy snacks, fun games and more!

Date: July 6 - 10, 2026
Time: 9:00 am - 12:30 pm daily
Cost: \$70 per child
Ages: For children FINISHING Pre-K to finishing Grade 5 in June 2026 (Register your child in the grade they are completing now)

*Space in each AGE GROUP is limited. You must register by June 8 to receive an official Camp T-shirt.

CAMP REGISTRATION WILL OPEN IN MAY!



“Do This in Memory of Me”

Good Friday (Celebration of the Lord’s Passion), **Holy Saturday**, and **Easter Sunday** (Resurrection of the Lord) form the **Easter Triduum** (“3 days”) which is the pinnacle of the Catholic liturgical year. The Triduum marks the journey from our Lord’s passion and death to His glorious resurrection. Good Friday is one of only two days within the Catholic Church where fasting and abstinence from meat are obligatory for Catholics. (The other day is Ash Wednesday.)

On **Holy Thursday** during The Mass of the Lord’s Supper, we remember, relive, re-enact, the hours leading up to the time of Jesus being taken as a common prisoner. In these final hours of his life, Jesus institutes the sacrament of the Holy Eucharist (“take and eat”) in anticipation of His upcoming passion and death. He inaugurates the ministerial priesthood (“Do this in memory of me”) in the washing of the Apostles’ feet. In His farewell discourse, He promises the coming of the Holy Spirit, and gives the New Covenant commandment: “Love one another as I have loved you.”

From the event of the Last Supper, Jesus and the Apostles go to the Garden of Gethsemane to pray and prepare for what is to come. Jesus is charged in front of Pilate, though Pilate wants nothing to do with it. Jesus is sentenced to a death that is reserved only for the worst of the worst in the criminal world: Crucifixion on a cross, in public view of all people. The Romans used the public crucifixion mode of execution to strike fear in the hearts of the Israelites. A method meant to ensure the Israelites would abide by the laws of the Roman Empire.

On **Good Friday**, the most solemn day of the year, the Passion, Crucifixion, and Death of Jesus are commemorated. This is to be a day of silence, reverence, and mourning. It is a day of fasting and abstinence, reminding us that we too have a role in the passion and death of our Lord, through our common fallen humanity. Good Friday is the **only day** in the calendar year, when there is to be no Mass celebrated anywhere in the world. The two most significant parts of the Good Friday Service are 1) The proclamation of the Lord’s Passion from the Gospel of St. John and 2) The veneration of the cross that represents the gruesome passion and death our Lord endured, on behalf of all humanity. Why call a day like this “Good Friday?” We as Catholics believe that this action flowing from the perfect love of Jesus (who is God), for the salvation of all humanity, opened once again the gates of heaven, which had been closed since the fall of our first parents, Adam and Eve.

Some ideas or suggestions, you and your family may wish to observe on Good Friday, to assist with the dignity and reverence that is appropriate: 1) Maintain a spirit of simplicity and prayerfulness with your family. 2) Attend a Good Friday Liturgy. 3) Pray the Stations of the Cross. 4) Spend some specific quiet time in prayer and reflection on what all this means to us believers. Perhaps attend the evening Tenebrae. 5) Begin the Divine Mercy Novena. 6) If you are unable to get to Good Friday Liturgy, venerate the cross in your home as part of your prayerful reflection with your family. 7) Keep your meal simple and meatless - small sacrifice in honor of the immense sacrifice Christ made for humanity.

On **Holy Saturday**, those “Elect” who are preparing for full initiation into the Catholic Church gather in the morning to pray and participate in the anointing of the catechumens, reception of the Lord’s Prayer, final preparation and instruction; prior to their participation in the “Mother of all Vigils” within the Catholic Church. At noon, we at OLPH host the blessing of the Easter Food. Symbolic Easter food that has been lovingly prepared, and brought to the Church by many families, particularly those families of European culture. This is done to honor and anticipate the breaking of the forty days of fasting devotional practice, that many Catholics participate in.

The Easter Vigil is celebrated on Holy Saturday night. It is the first official celebration of the Resurrection of our Lord Jesus. This moment in the Church marks the transition from the mourning of Good Friday to the Resurrection joy of Easter. There are several distinct components within this extensive 3-4 hour celebration. 1) Outside the Church, the Easter fire is blessed, and the Paschal candle which represents Christ as the light of the world, is blessed and then lit from the Easter Fire. The candle is then processed into the Church in complete darkness. Once again, this candle will represent Christ who came to bring light to a people who walked in darkness. 2) The Easter Proclamation (the Exsultet) is chanted. This is an ancient hymn which praises God’s saving action throughout salvation history. 3) The Liturgy of the Word. A series of seven readings that tell the story of salvation from the beginning of time, up to just prior to the final saving event, of the death and resurrection of our Lord. 4) The Baptismal liturgy then takes place. Those who have been journeying towards full communion in the Catholic Church participate in the appropriate sacraments they have been prepared for. This may include Baptism, Confirmation and Holy Eucharist. Or if they are already validly baptised, they may be

Confirmed and receive their First Holy Communion. This is a joyful moment for them, and their families. Their journey has taken place over many months; and was not arrived at lightly by them, their sponsors, or their catechists. We as a community of faith renew our own baptismal vows within this joyful sacramental moment. 5) The vigil culminates in the celebration of the Liturgy of the Holy Eucharist.

In some ways, we have come full circle from the institution of the Holy Eucharist at the Last Supper, to following the command given by our Lord, “Do this in memory of me,” when we joyfully sing the Glory to God, baptize our new believers, and of course celebrate the Holy Eucharist. From the beginning of the Mass of the Lord’s Supper on Holy Thursday to the end of the Easter Vigil Mass on Holy Saturday, all the actions within those times are considered part of one continuous Liturgy. There is no final blessing at the end of the Mass of the Lord’s Supper or at our Good Friday Liturgies. Not until we celebrate the resurrection of the Lord do we conclude the Mass with a solemn blessing of joyful thanksgiving. *Christ is Risen, Alleluia, Alleluia!*

Fr. Jim “Do this in Memory of Me.”

Hope and Dignity Activation Week | April 18-24

Is Life Always Worth Living?

Presented by:

Amanda Actman

Founder, Dying to Meet You
Bioethics Director, Canadian Physicians for Life

Tuesday, April 21 | 7:00 pm

**6:15 Mass celebrated by Archbishop Stephen Hero
Our Lady of Perpetual Help, Sherwood Park**

An increasing number of people think that there are circumstances under which it is reasonable for someone to ask someone else to end their life. In Canada, almost 100,000 people have died by “MAID” since 2016. Some of the reasons, as listed in government reports, include cancer, chronic illness, or disability. **Does life lose its meaning in the face of suffering? Or, is life always worth living?** Come get inspired to encounter, understand, and overcome the euthanasia temptation. Filled with stories, this talk will equip you to better engage in these conversations and experiences in your own life because it concerns all of us.



A Catholic Response to
Euthanasia
and Assisted Suicide

hopeanddignity.caedm.ca



The Catholic
Archdiocese
of Edmonton

Conversation Cafe!

“What does it mean to die with dignity?”

Let’s talk about it.

Sunday, April 19 | 2:00-3:30 pm

Our Lady of Perpetual Help, Sherwood Park



Learn more about Amanda at dyingtomeetyou.com

Those who promote euthanasia call it “dying with dignity.” Does that mean those who die naturally do not die with dignity? What is human dignity, anyway, and where does it come from? Discover how our Catholic faith offers real hope and true dignity to those who are suffering and dying. Join **Amanda Actman**, founder of Dying to Meet You and Bioethics Director of Canadian Physicians for Life for this important and encouraging discussion.

Co-hosted by Our Lady of Perpetual Help Compassionate Parish and Young Adults.



Compassionate
Parish

No registration required. For more information, email Margo at lberge2@telus.net

Finding a Personal Mission

A Youth Session on Identity & Human Dignity & the Call to Confident Witness



**OLPH
YOUTH**

Free event with pizza!

APRIL 22

7:00-9:00PM

AGES 14+

Bring a friend!
Please pre-register. →



IT’S GOOD YOU EXIST!
PRESENTER: AMANDA ACHTMAN

KNIGHTS OF COLUMBUS
**SILVER ROSE
PILGRIMAGE**
JOIN THOUSANDS OF CATHOLICS ACROSS NORTH AMERICA IN ASKING OUR LADY OF GUADALUPE’S INTERCESSION.



Prayer Service

Sunday April 12

3:00 pm

Our Lady of the Angels Parish

10004 101 Street

Fort Saskatchewan