

Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week
Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish

Sunday Mass

Saturday vigil 5:00 pm
Sunday 8:30 am, 10:30 am,
12:30 pm and 7:00 pm

Weekday Mass

Mornings: Monday to Saturday 8:30 am
Evenings: Monday to Friday 6:15 pm

Sacrament of Reconciliation

Every Saturday 9:15 am to 11:00 am

Monday to Friday: ***Immediately Following Morning and Evening Mass***

***If you wish to celebrate Reconciliation after a weekday Mass, please ensure you are **AT THE CONFESSORIAL BY THE TIME MASS ENDS**. The priests will not wait if no one is there after Mass, and will only stay for as long as there are people waiting.

Adoration

Please Note: Daily 5:15 pm Holy Hour will resume after the Nave renovations.

Wednesday Holy Hour at 5:15 pm prior to evening Mass

1st Wednesday hosted by Mary's Servants for Christ: March 4, 2026

2nd Wednesday hosted by Society of St. Vincent de Paul: February 11, 2026

3rd Wednesday hosted by CWL: February 18, 2026

4th Wednesday hosted by K of C: February 25, 2026

5th Wednesday hosted by Clergy: April 29, 2026



ALSO: Friday Holy Hours at 7:30 am and 5:15 pm prior to the daily Masses

AND First Sunday of Every Month FAMILY-FRIENDLY Holy Hour at 2:30 pm
(children of all ages WELCOME, silence is NOT expected in the Church)



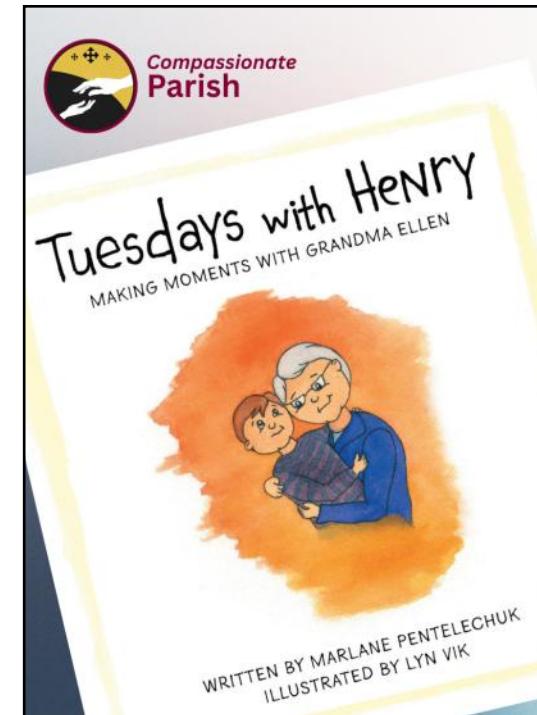
Did you know we have a YouTube Channel? For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, **all Masses and Adoration are livestreamed at:**
<https://www.youtube.com/@olphparishsherwoodparkabstreams>

WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.
(Must be a Telus Optik subscriber.)

LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.
Dial 888-OLPH-808 (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community
February 8, 2026 ~ Fifth Sunday in Ordinary Time
We Remember, We Celebrate, We Believe
13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca



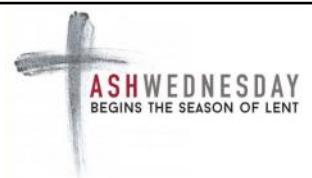
**Join us at the
Conversation Café!**

Sunday, February 8, 1:45 pm
Hospitality Area (foyer)

Visiting loved ones with dementia can be challenging. Let's talk about it.

Our guest facilitator, Marlane Pentelechuk, will share her book, *Tuesday's With Henry: Making Moments with Grandma Ellen*. Learn how Marlane and her grandson, Henry, made visits with grandma meaningful by focusing on the moments rather than the memories. Whether you're seeking information, a listening ear, or simply fellowship with others, Conversation Café is open to all.

**For more information or to suggest a topic,
email Margo at laberge2@telus.net**



Wednesday February 18, 2026

All Masses will be back upstairs in the Nave

Please Note Special Mass Times:

8:45 am St. Isidore Learning Centre and Holy Redeemer Catholic School attending
(No 8:30 am Mass)

10:15 am Ecole OLPH, Ecole Pere Kearns and St. Luke Catholic Schools attending

12:15 pm Holy Spirit, St. Nicholas and Madonna Catholic Schools attending

***If coming to one of these Masses, please be mindful of RESERVED SEATING for the groups of school children.**

7:00 pm (Holy Hour of Adoration moved to 6:00 pm, No 6:15 pm Mass)

*****The will also be Masses during the day at
Archbishop Jordan High School and St. Theresa School.**



February 9-14

Monday ~ Cecilia Winton†, Gildo P. Nobleza Sr.†, Ofelia Rodriguez†, Theodore Abel, Maria Elaina Corzon Sebastian, Fr. Martin Carroll, Marie Wysocki, Rita Sandmaier, Brianne Massie, Dorothy Sutton

Tuesday ~ Ofelia Rodriguez†, Noreen Kneeland†, Marvin & Gail Weleschuk & Family, Baptism families, Erik Florizone & Family, Jacquie Rados & Family, Rita Sandmaier, Sabeena David, Amy Ackland, David Tettamerte

Wednesday ~ Ofelia Rodriguez†, Mervyn Lynch†, Don Spiller†, Belle Perry†, Ken Heykants†, Elise Wolff†, Neil Kozaik, Therese Alberstadt & Family, Rami Damouni, Justin Antony

Thursday ~ Ofelia Rodriguez †, Dolly Isinger †, Jeff Newman, Marvin & Gail Weleschuk & Family, Fr. Warren Schmidt, The Mintenko Family, Fr. Chad Miciak, Carolyn Fougere, Cornelio & Adora Centeno, Karina Holzman

Friday ~ Sallome Villamil†, Ofelia Rodriguez†, Stephen Jakab†, Helen Stecyk†, Loretta Granberg†, Alma Balderrama†, Claude Bernard†, Fr. Murray Keumper, Christelle Achepho, Deanna, Seandra & Orion Weber

Saturday ~ Samuel Lashin †, Ofelia Rodriguez †, Betty-Lou Lawrence †, Alma Balderrama †, Jacqueline Ng†, Hyacinth Bernard†, Marcelino & Linda de Sousa & Family, Terry Dawe Jr, Adora Centeno, Aila Torres



2025 TAX RECEIPTS will be MAILED OUT by the end of February 2026.



Knights of Columbus Membership Drive

Coming Soon: Weekend of Saturday February 21 & Sunday February 22

See Brother Knights at their Information Table in the Parish Foyer after all Masses.

Parish Office 780-467-5470

General Inquiries: info@olph.ca

OLPH Website: www.olph.ca

Your OLPH Parish Team:

Pastor ~ Fr. Jim Corrigan

jcorrigan@olph.ca

Cell 780-470-2730

Associate Pastor

TBA

Permanent Deacon

Deacon Lynn Pion

lpion@olph.ca

Business Coordinator

Bridget Francisco

bridget.francisco@olph.ca

Pastoral Assistant

Natalie Lavigne nlavigne@olph.ca

Administrative Assistant

Jenny Velazco jvelazco@olph.ca

Administrative Assistant

Angie DeWolfe adewolfe@olph.ca

WEEKEND Admin Support

reception@olph.ca

Volunteer Management

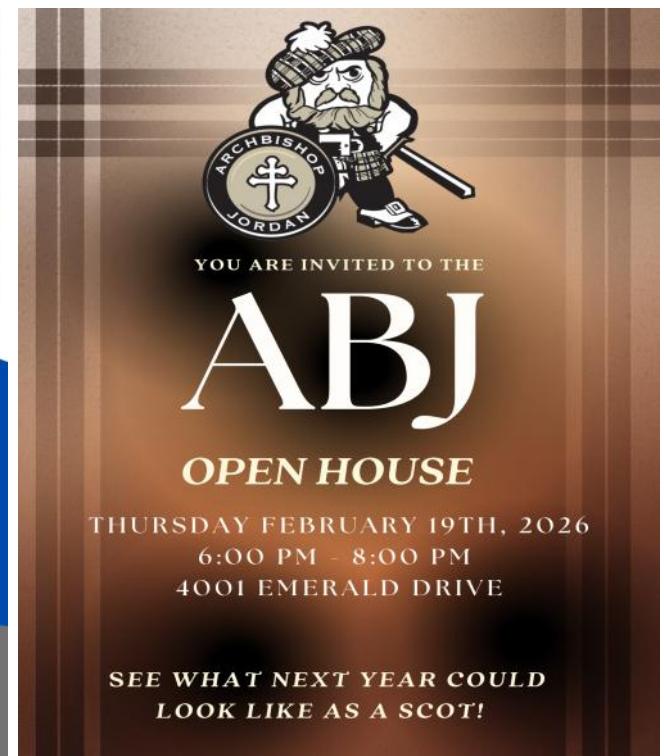
vmteam@olph.ca

Archdiocese of Edmonton

Website: www.caedm.ca

In case of Emergency, call or text Fr. Jim at 780-470-2730

Our Family of Catholic Schools



OLPH Financial Report

Week 5 February 1, 2026	Cost of Operating the Parish	Building Fund Target Amount	“Together We Serve” Target Amount
Average weekly amount required	\$26,925.00	\$2,480.00	\$2,545.00
Donations this week	\$27,836.25	\$2,590.50	\$3,533.00
This week surplus/shortfall	\$911.25	\$110.50	\$988.00

- A humble and heartfelt **THANK YOU** to everyone who supports the financial needs of our parish home with Pre-Authorized Debit (PAD), by bringing your Sunday Giving Envelopes to the church, or donating via INTERAC ETRANSFER to: OLPH.etransfer@caedm.ca
- **Cost of operating the parish “average weekly amount” is 1/52 of the total annual amount of ordinary receipts projected in the 2025 budget**
- Building fund target average weekly amount is based on total donations projected in 2025 budget.
- Together We Serve weekly amount is based an annual target which is set by the Archdiocese.
- Together We Serve Collection - **First Sunday of every month - March 1, 2026**
- SSVP Poor Box Collection - **Third Sunday of every month - February 15, 2026**

TOFIELD CORNER

~ St. Francis of Assisi Parish ~

5523-50 Street, Tofield AB Mass every Sunday at 11:00 am



5th Sunday in Ordinary Time ~ In this Franciscan Jubilee Year our little church in the country can shine and “be the light of the world”. We are a small community who, together in Jesus’ name, can do great things for God’s people!!

1. **St. Francis of Assisi Parish Charity Fund Account** - Where do the funds raised from recycle collection, bake sales and garage sales go??? It is a charity fund to help with renos for our building and to help those in need and be a “light in the darkness”. Our Charity Fund has just donated \$200 each to three charity groups who help with young pregnant ladies in need. Because of the caring hearts of all our parish members, we have been able to help young pregnant teens in crisis situations see through the dark and into the light. Making the choice to choose life can be very difficult without support. These three places provide *vital* support for pregnant girls. We *will* continue to help these invaluable support teams to save lives for our Lord! If anyone would like to make their own personal donations to these groups, you can contact them at:

- The Terra Centre, 780-428-3772, 10320-146st. Edmonton
- The Gianna Centre, 780-482-5111, 9040-95ave. Edmonton
- The Back Porch, 780-421-9941, 10958-124st. Edmonton

There are brochures on our information wall at the front of our church. They are so happy to do a tour also if you are interested!

2. The draw for the cuddly Talking Jesus Doll was made at our Potluck lunch. Paulette was the lucky winner! She has a wonderful story about who she will be giving it to!

3. **Men of Tofield Parish** are invited for bi-weekly **Bible study** as we explore the Books of Maccabees, Wisdom, Sirach, and Proverbs. This is a great opportunity to connect with others, grow in fellowship, and your faith.

When: Every second Tuesday (Starting January 13) at 6:00 PM

Where: St. Francis of Assisi Church, Tofield

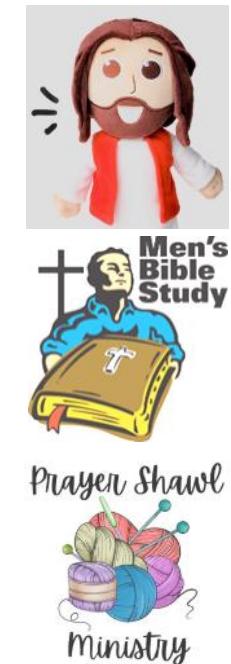
Study Focus: Wisdom and Strength in a secular world

Bring: Your Bible and a notebook

More Info: Contact Dan (780-265-0797) or Paul (780-405-7998) for more details.

4. Our **Prayer Ministry and Prayer Shawl Ministry** continues. If you have a special prayer request or know someone in need of a comforting, blessed hand-crafted shawl - please call Kathy at (780) 270-8652. Thank you!

To post in the ‘Tofield Corner’ contact Kathy by email Kathleen.Anderson.one@gmail.com or phone 780-270-8652 (New deadline is Monday for the following weekend’s bulletin.)



What's Happening at OLPH



DID YOU KNOW Vacation Bible Camp at OLPH is run totally by volunteers?

More volunteers are needed in order to run a camp in the parish this summer.

Please consider giving your time for a day or two, a week, or being a part of the planning team.

What's needed? How can you help?

Crafts - 2 or 3 adults to help with advance prep and assist Craft Leader during the week of camp.

Bible Story Group Leaders - Group Leader (Grades K-5) is responsible for leading the children through each station and teaching the Bible Story during the week of camp.

Bible Story Leader - Oversee Bible Story Leaders and ensure they have supplies needed for the week of camp in June.

Decorating - Help the Director plan, prep and assist with decorating the week before camp June 29-July 2

Clean up Crew - Take down camp materials on Friday July 10 after camp is finished, and help with sorting and storing supplies on Monday July 13 from 9:00 am-12:00 pm.

Director's Assistants (seeking 2 or 3 adults) - Provide support to Director as needed with all responsibilities, in upcoming planning months and during the week of camp.

Camp set up June 29-July 2 Camp runs July 6-10, 9:00 am - 12:30 pm daily

Come join our Vacation Bible Camp Team! *All volunteers working with children in the church will need a Police check, Intervention check, take the online Safe Environment courses (Praesidium Academy).

For more info contact **Camp Director Sharon** at VBSCamp@olph.ca

“ Love is not passive; it goes out to meet the other... Being a neighbor is not determined by physical or social proximity, but by the decision to love.”
~Pope Leo XIV

Pope Leo XIV's chosen theme for the 34th World Day of the Sick, February 11, 2026, is **“The compassion of the Samaritan: loving by bearing another’s pain.”**

Rooted in the parable of the Good Samaritan in St. Luke’s Gospel, the theme highlights the call to love our neighbour in need through self-sacrifice and concrete gestures of closeness. Acts of kindness draw us into the suffering of others, allowing us to see the face of Christ and offer hope and comfort. **Read the Holy Father's full message here:**

<https://www.vatican.va/content/leo-xiv/en/messages/sick/documents/20260113-messaggio-giornata-malato.html>

Established by St. John Paul II in 1992, the World Day of the Sick invites prayer, reflection, and witness, urging us to recognize Christ in all who suffer, especially those burdened by poverty and loneliness.



What's Happening at OLPH



Mass Schedule
Seniors Residences & Care Center Masses This Week

Tuesday February 10
Sherwood care 10:30 am

Wednesday February 11
Country Cottage 10:30 am

Thursday February 5
Silver Birch 10:30 am, Aster Gardens 2:00 pm

By the Beautiful Example of St. Francis of Assisi 

This Friday, February 13 at 10:00 am, we are so pleased to be welcoming the OLPH St. Berard Secular Franciscan Fraternity to our JETS Destination. Our special guests will be sharing information about the life of St. Francis, how they live as Franciscans, and offer prayers and songs to us that morning. *This is a great opportunity for anyone in our Parish to come learn about these lay people who are committed to living the Gospel of St. Francis.*

All are welcome! Please board with us at Gate Large Meeting Room at 9:45 am to settle into your first-class seat and obtain your complimentary in-flight snacks and beverages.

For more details, kindly contact Gloria F., our Captain of this Flight, by text at (587) 336-5505.

"Lord, make me an instrument of your peace" St. Francis of Assisi



We are looking for 2-3 more strong individuals to join our team of Caregivers for Mother's Morning Out

This childcare ministry runs Wednesday mornings, 9:15am - 12 Noon. (Volunteer commitment would be one or 2 Wednesday per month)

**All volunteers working with children in the Church will need a Police check, Intervention check, and must complete the online Safe Environment courses (Praesidium Academy).*

Contact Vanessa by email for more information:
mmorningout@gmail.com



ABJ Band & Choir Spaghetti Dinner FUNDRAISER



Join Us for a Family Style Pasta Dinner while enjoying the ABJ Choir and Silent Auction!

When: Friday February 13th, 2026. Tickets: \$20
Doors open at 6:00pm, Dinner served at 6:30pm
Where: OLPH Church, lower hall, 13 Brower Drive
Contact: stephaniepratt82@gmail.com
Buy Tickets at: <https://tinyurl.com/abjmusic> by Feb 6

Support Fine Arts!

All proceeds benefit band and choir program!



HELP LINE 780-416-0831
Press 1 to Request HELP
Press 2 to DONATE

DO YOU NEED SOMEONE TO PRAY FOR YOU?



Contact one of our Prayer Laudators, Doreen 780-467-0597 or Josie 780-467-0197



Catholic Women's League
Ladies Lenten Retreat

That's a likely reaction when we consider what 'holiness' means.

Yet Pope Francis reminds us that to be a Christian "is the same as saying 'live like a saint.'"

During this retreat, we will reflect on the women featured in the CWL Quilt: 'Women Saints Who Made a Mark on the Catholic World.'

How did their passion empower their mission? What does it say to us about our call to holiness?

Called to be a Saint?

I don't think so!

Saturday February 21, 2026
10:00am - 2:00pm

Light lunch provided

Register by email:
info@cwolph.ca

**Retreat Facilitator:
Sandra Prather**



Sandra has worked all over the world, leading retreats, missions, and workshops.

Sandra holds a B.Ed. from the UofA and a Master of Theology from Newman Theological College. She served for 21 years as Executive Director of Star of the North Retreat Centre. She is an Associate and Honorary Oblate of the Oblates of Mary Immaculate.

 Donations go to:
Days for Girls

 Our Lady of Perpetual Help Church
13 Brower Drive, Sherwood Park, AB

 daysforgirls.org/canada

 info@cwolph.ca

What's Happening at OLPH

Confirmation

Preparation Classes Begin This Month

OPENING MASS & ORIENTATION FOR PARENTS & YOUTH (GRADE 6-8)

RSVP for Your Choice:

- Thursday February 19, 6:15 pm - 8:00 pm
- Saturday February 21, 8:30 am - 10:15 am
- Wednesday February 25, 6:15 pm - 8:00 pm

Call Natalie at the Parish Office 780-467-5470
(ext 225) or email sacraments@olph.ca

Registration Forms and Class Schedule are available at the Parish Office, in the entrance foyer Info Centre or ONLINE at:

<https://www.olph.ca/sacraments/confirmation-2/>

Confirmation Mass with Archbishop Stephen Hero is scheduled for Sunday May 3, 2026 at 4:00 pm.

Baptism Preparation for Families with School-Age Children

BAPTISM opens the door to the rest of our Catholic Sacraments. If your child (age 7-10) attends Catholic school but is not yet baptized, we have special support for your family!

FAMILY BAPTISM PREPARATION CLASS

Tuesday February 10 ~ 6:15 pm - 8:30 pm

(Both mother and father and any child age 7 or older must attend.
Godparents are also encouraged to attend with you.)

Contact Jenny at the Parish Office 780-467-5470
or email sacraments@olph.ca to register.

After parents and children have completed their preparation, speak to Jenny to schedule a baptism date for your child. The sacrament of Baptism is celebrated here at OLPH on the 3rd and 4th Sunday of every month (excluding Lent.)

Baptized children who are in grade 2 or older can then join their classmates preparing to celebrate First Reconciliation & First Holy Communion after Easter!



Altar Server
Training
for current and
new servers.



Next Training is Tuesday, February 17
After the evening Mass, 7:00pm

*If your child is interested in becoming an Altar Server,
call the Parish Office 780-467-5470 for more details.



REMINDER:

Beware of Emails from a
"Fake Fr. Jim!"

No one from OLPH will EVER send you emails asking for money or gift cards or other favors. Beware of scams from fake email addresses pretending to be someone from our parish. Please take time to read this page from Government of Canada:

<https://cyber.gc.ca/en/guidance/dont-take-bait-recognize-and-avoid-phishing-attacks>



KNIGHTS
OF COLUMBUS

Save the Date

Saturday, February 14, 2026

St. Valentine's Dinner & Dance

Featuring live music by **The
Oddibles**

Hosted by Knight's of Columbus Council 6083

Ticket Sales after weekend Masses starting in January
\$80.00 each Or Table of 8 for \$600.00

In support of:

Strathcona Food Bank - Women's Shelter -
Coats for Kids - Youth and Senior Programs -
Robin Hood Association - Inner City Pastoral
Ministry - St. Vincent de Paul - OLPH Parish -
and more

Buy them in the foyer after Mass or contact Blake
780-690-5028 or blake.e.krause@gmail.com

FROM THE DESK OF
FR. JIM

I'M BACK

Greetings my dear brothers and sisters in the Lord. I arrived home at 0200 hours on Sunday February 1, and have been full-on since arriving home, and it is great. I would like to offer a general update about life in our parish community.

First, I had a wonderful vacation and time away. I was away for basically 25 days with a short interlude where I returned for Archbishop Hero's installation as Archbishop of Edmonton. I golfed about forty rounds of golf, was out in the fresh air for eight hours a day, and was disciplined - and tired enough - that I managed eight hours, or more, sleep most every day. It was not flashy, but it sure was restful, rejuvenating, and fun. I want to thank so many of our dear parishioners for their lovely Christmas gifts, which really assisted me in my "course work." (Yes, it supported my golf habit very beautifully as well.) Thank you, my friends. I am very grateful for all your love and care.

Our dear OLPH parish nave is in the midst of a significant internal face lift currently. No collagen involved. Just some well thought out, and well executed processes, which will make our dear Lady shine like brand new. As you read this you will note that the low ceilings have all been re-drywalled, taped, and painted. The interior walls of the Church are all getting a dose of good high-quality paint. You will note that this weekend you are walking on concrete flooring temporarily. Once we have completed dry-wall and paint in the upper areas of the Church, we will begin on the flooring. We are replacing all high traffic carpet areas with high quality rubberized tile flooring. Much more hygienic, and a whole lot easier to ensure cleanliness. This flooring is present in a couple of nearby large parishes, St. Theresa and Corpus Christi, and has proven resilient, easy to look at, and good to keep clean.

The carpet in the pew areas will be replaced in due time. This three-hundred-and-fifty-thousand-dollar upgrade is planned to be complete prior to Holy Week 2026. At the same time, we are looking to reinvigorate an aging "Building Management System." The "BMS" is the system that controls the heat and air movement within this very large facility. There are some zones at the present time, where we are unable to control temperature, because the electronics are no longer available to purchase. This retrofit will cost about fifty thousand dollars, which is only a little over a thousand dollars a year, when we consider the physical structural age, of Our Lady of Perpetual Help parish.

Finally, and of equal importance, I want to offer a huge thank you to the Maintenance group who work so tirelessly to coordinate and facilitate this ongoing process of moving pews, dropping light fixtures, moving chairs, setting up and taking down for Masses in the parish hall, and in the nave of the Church on weekends. It is almost difficult to understand the magnitude of work that is voluntarily undertaken on a week-to-week basis. The covering of the altar furniture, the constant cleaning, and resetting for the celebration of the Holy Mass every week, is a tribute

to the love our parishioners have for Our Lady of Perpetual Help parish. Many, many, trips up and down the stairs between the parish hall (where weekday Masses are being celebrated) and the nave of the Church; as she undergoes her metamorphosis, her rejuvenation, back into an incredibly beautiful worship space.

I do ask for your continued patience and good nature as we undergo some inconveniences along the way. It is nice when everything is status quo, but it is through change and challenge, that we are often given the opportunity to grow. With these inconveniences, these slight disruptions, perhaps we can consider them as part of our Lenten penance.

At the end of the day, there are a group of volunteers in our parish who are very much going the extra mile, in order that we all will be able to enjoy a worship space worthy of our Lord and Saviour, Jesus. To you, my friends, and you know who you are, a blessed and profound thank you. This is quite a journey, but I know all will be grateful we chose to embark on it, when all is complete.

Blessings, Fr. Jim

INTEGRITY • COURAGE • MANLINESS • COMMITMENT • FIDELITY

MEN of INTEGRITY
Lead by Example

St. Joseph

**IDENTITY AND MISSION:
SONSHIP TO SACRIFICE**

MARCH 6-7, 2026
HOLY FAMILY PARISH
75 POIRIER AVE. ST. ALBERT

Celebrating Our Faith!
CFM
CATHOLIC FAMILY MINISTRIES

DEVIN SCHADT
FOUNDER OF FATHERS OF ST. JOSEPH

COLIN MACKENZIE
CONNECTED CONVERSATIONS
PODCASTER

BISHOP GARY FRANKEN
ST. PAUL DIOCESE

FATHER PAUL MORET
HOLY TRINITY
CATHOLIC CHURCH

EARLY BIRD REGISTRATION
\$60 MAN | \$45 STUDENT/SENIOR
AFTER FEBRUARY 1ST
\$70 MAN | \$55 STUDENT/SENIOR
AT THE DOOR
\$80 FOR ALL

REGISTER ON OUR WEBSITE

WEEKEND INCLUDES
ADORATION - CONFESSION
MASS ON FRIDAY AND SATURDAY
LIGHT BREAKFAST - LUNCH - SNACKS
TALKS - VENDORS - FELLOWSHIP
FRIDAY: 5:00-10:00PM
SATURDAY: 7:00AM-4:00PM

WWW.CATHOLICFAMILYMINISTRIES.COM | REGISTRATION QUESTIONS 780-920-7878