

Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week
Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish

Sunday Mass

Saturday vigil 5:00 pm
Sunday 8:30 am, 10:30 am,
12:30 pm and 7:00 pm

Weekday Mass

Mornings: Monday to Saturday 8:30 am
Evenings: Monday to Friday 6:15 pm

**Please see front page
for changes this week.*

Sacrament of Reconciliation

Every Saturday 9:15 am to 11:00 am

Monday to Friday: **Immediately Following Morning and Evening Mass**

***If you wish to celebrate Reconciliation after a weekday Mass, please ensure you are
AT THE CONFESSIONAL BY THE TIME MASS ENDS. The priests will not wait if no one
is there after Mass, and will only stay for as long as there are people waiting.

Adoration

Please Note: Daily 5:15 pm Holy Hour will resume after the Nave renovations.

Wednesday Holy Hour at 5:15 pm prior to evening Mass

1st Wednesday hosted by Mary's Servants for Christ: March 4, 2026

2nd Wednesday hosted by Society of St. Vincent de Paul: March 11, 2026

3rd Wednesday hosted by CWL: **CANCELLED** for Ash Wednesday February 18, 2026

4th Wednesday hosted by K of C: February 25, 2026

5th Wednesday hosted by Clergy: April 29, 2026



ALSO: Friday Holy Hours at 7:30 am and 5:15 pm prior to the daily Masses

AND First Sunday of Every Month FAMILY-FRIENDLY Holy Hour at 2:30 pm
(children of all ages WELCOME, silence is NOT expected in the Church)

LIVESTREAM
WORSHIP



Did you know we have a YouTube Channel? For the benefit of the
faithful whose health or other circumstances prevent them from attending
the church in person, **all Masses and Adoration are livestreamed at:**

<https://www.youtube.com/@olphparishsherwoodparkab/streams>



WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.
(Must be a Telus Optik subscriber.)



LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.
Dial **888-OLPH-808** (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community
February 15, 2026 ~ Sixth Sunday in Ordinary Time

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca



**The Parish Office will be
CLOSED on
Monday February 16,
but daily Masses will be
celebrated as usual at
8:30 am and 6:15 pm.**



**FYI: Tax Receipts will
be MAILED OUT by
the End of February**



LENT STARTS

ASH WEDNESDAY

Wednesday February 18, 2026

All Masses will be back upstairs in the Nave

Please Note Special Mass Times:

Morning Mass moved to 8:45 am (No Mass at 8:30 am)

St. Isidore Learning Centre and Holy Redeemer Catholic School
attending

10:15 am Ecole OLPH, Ecole Pere Kearns and St. Luke Catholic
Schools attending

12:15 pm Holy Spirit, St. Nicholas and Madonna Catholic
Schools attending

***If coming to one of these 3 Masses, please be mindful of
RESERVED SEATING for the groups of school children.**

***The will also be Masses during the day at Archbishop Jordan
High School and St. Theresa School.**

Evening Mass moved to 7:00 pm (No Mass at 6:15 pm)

***Because of the change in evening Mass time, Holy Hour of
Adoration is cancelled for Ash Wednesday.**

**Join us EVERY
FRIDAY during
Lent, for Mass at
6:15 pm, followed
by STATIONS OF
THE CROSS led by
groups from our
parish.**

February 20 - OLPH Parish Team

February 27 - Knights of Columbus

March 6 - Franciscans

March 13 - Catholic Women's League

March 20 - OLPH Youth Group

March 27 - Altar Servers



Saturday March 28, 2026

DROP IN 9:15 am - 4:30 pm

Several Priests will be available all day

*****Remember Ash Wednesday and Good Friday are days of
FASTING & ABSTINENCE for Catholics*****



February 16-21

Monday ~ Randy Platz†, Michael Gregory Clifford Moore†, Ofelia Rodriguez†, Josephine Fiddler†, Monserat Gallenero†, Alma Balderrama†, Orest Draganiuk†, Terese Gomes†, Fr. Patrick Baska, Leonard Sebastian, Marguerite Bens, Grace Dreveny

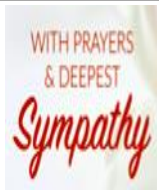
Tuesday ~ Ofelia Rodriguez†, Anthony Gomes†, Marvin & Gail Weleschuk & Family, Jojo, Gracias Family, Fr. Jake Mullin, Sim & DeWolfe Families, Sandra Prather, Uma Rouleau, Jennifer Chen

Wednesday ~ Chase Evan Gourlay†, CWL, Marion Saggansky, Caileigh Martin, Rene & Kathy Rouleau, Marcelino & Linda de Sousa & Family, Marie Wysocki, Angelique Paragas, Uduak Akpan, Rita Sandmaier

Thursday ~ Debbie Hume†, Lacerda Palha†, Rodolfo Solleza Sr†, Edwin Ordonia Tan†, Deceased members of Rodriguez family†, Marvin & Gail Weleschuk & Family, Chris Kavanagh, Jeff Newman, Loretta Schnepfer, Ben Rompre

Friday ~ Adeline & John Fauchon†, Joan Wispinski†, Stephen Jakab†, John Miranda†, Linda Sieben†, Jim Nicholas†, Wendy Tempelton Padilla, Fr. Ben Makkollil, Angelique Paragas, Caleb Draganiuk

Saturday ~ Christopher Guay†, Sid & Kay Pawlowski†, Francis Pereira†, Fr. Lucien Larre†, Patrick Villeneuve†, Anna Limonov†, Holy Spirit, Fr. John Vizza, Terry Dawe Jr, Christine McManus



Our Condolences to Tony Gillis and family, his brother **Neil Joe Gillis** passed away in Nova Scotia on February 5, 2026.

To the family of **Ingrid Lemire**. Ingrid passed away on January 23, 2026 in Edmonton.



DO YOU NEED SOMEONE TO PRAY FOR YOU?

Contact one of our *Prayer Laudators*,
Doreen 780-467-0597 or Josie 780-467-0197

Parish Office 780-467-5470

General Inquiries: info@olph.ca

OLPH Website: www.olph.ca

Your OLPH Parish Team:

Pastor ~ Fr. Jim Corrigan

jcorrigan@olph.ca

Cell 780-470-2730

Associate Pastor

TBA

Permanent Deacon

Deacon Lynn Pion

lpion@olph.ca

Business Coordinator

Bridget Francisco

bridget.francisco@olph.ca

Pastoral Assistant

Natalie Lavigne nlavigne@olph.ca

Administrative Assistant

Jenny Velazco jvelazco@olph.ca

Administrative Assistant

Angie DeWolfe adewolfe@olph.ca

WEEKEND Admin Support

reception@olph.ca

Volunteer Management

vmteam@olph.ca

Archdiocese of Edmonton

Website: www.caedm.ca

**In case of Emergency, call or
text Fr. Jim at 780-470-2730**

TOFIELD CORNER ~ St. Francis of Assisi Parish ~

5523-50 Street, Tofield AB Mass every Sunday at 11:00 am



Sixth Sunday in Ordinary Time ~ “O God, who teach us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling pleasing to you.”

1. Men of Tofield Parish are invited for bi-weekly Bible study as we explore the Books of Maccabees, Wisdom, Sirach, and Proverbs. This is a great opportunity to connect with others, grow in fellowship, and your faith.

When: Every second Tuesday at 6:00 pm

Where: St. Francis of Assisi Church

Study Focus: Wisdom and Strength in a secular world

Bring: Your Bible and a notebook

More Info: Contact Dan (780-265-0797) or Paul (780-405-7998)

2. For those interested in celebrating Shrove Tuesday, February 17 this year, the Tofield United Church is having a Shrove Tuesday Pancake Supper from 4:30 - 6:30 pm at their church, located at 4832-53 Avenue. It is by donation only. For more info talk to Sandy.

3. Our Prayer Ministry and Prayer Shawl Ministry continues. If you have a special prayer request or know someone in need of a comforting, blessed hand crafted shawl - please call Kathy at 780-270-8652. Thank you!

4. “The harvest is plentiful, but labourers are few; pray therefore the Lord of the harvest to send out labourers into the harvest.” We continue to pray one Our Father and three Hail Marys every day to expedite the arrival of more priests to OLPH parish.

To post in the ‘Tofield Corner’ contact Kathy by email Kathleen.Anderson.one@gmail.com or phone 780-270-8652 (New deadline is Monday for the following weekend’s bulletin.)

OLPH Financial Report

Week 6 February 8, 2026	Cost of Operating the Parish	Building Fund Target Amount	“Together We Serve” Target Amount
Average weekly amount required	\$26,925.00	\$2,480.00	\$2,545.00
Donations this week	\$25,519.00	\$2,500.50	\$1,488.00
This week surplus/ shortfall	-\$1,406.00	\$20.50	-\$1,057.00

- A humble and heartfelt *THANK YOU* to everyone who supports the financial needs of our parish home with Pre-Authorized Debit (PAD), by bringing your Sunday Giving Envelopes to the church, or donating via INTERAC ETRANSFER to: OLPH.etransfer@caedm.ca
- Cost of operating the parish “average weekly amount” is 1/52 of the total annual amount of ordinary receipts projected in the 2025 budget
- Building fund target average weekly amount is based on total donations projected in 2025 budget.
- Together We Serve weekly amount is based an annual target which is set by the Archdiocese.
- Together We Serve Collection - *First Sunday of every month - March 1, 2026*
- SSVP Poor Box Collection - *Third Sunday of every month - February 15, 2026*

What's Happening at OLPH



SAVE THE DATE AND DONATE! SAINT VINCENT DE PAUL REQUESTS YOUR NEW OR GENTLY USED KITCHEN WARES

Here is your chance to donate those new or used, in good-condition kitchen items from your spring cleaning.



We will have a 'weekend drive' on March 21 and 22 to restock the Edmonton Distribution Centre with SMALL KITCHEN WARES!

HOW YOU CAN HELP:

This year we are asking OLPH parishioners to SAVE THE DATE for the ONE TIME ASK of **kitchen wares** to restock the SSVP Distribution Centre in Edmonton.

We are looking for new or gently used dishes, cutlery, pots and pans, kitchen utensils or small kitchen appliances. We ask that all items be boxed to assist in the ease of transportation. *Why Edmonton you ask?* The Edmonton Distribution Center supplies all Conferences with the 'smalls' they require. So we have been requested to help. Will you help us?

SAVE THE DATE AND DONATE!

What's Happening at OLPH



**Next Training is Tuesday, February 17
7:00 pm (right after evening Mass)**

**If your child is interested in becoming an Altar Server, call the Parish Office 780-467-5470 for more details.*



Catholic Women's League
Ladies Lenten Retreat

Called to be a Saint? *I don't think so!*

Retreat Facilitator:
Sandra Prather



Donations go to:
Days for Girls

Theme: 'Women Saints Who Made a Mark on the Catholic World.'

When: **Saturday, Feb. 21, 2026, 10 am - 2 pm**

Where: **OLPH Church**

To Register, email: info@cwoloph.ca

Cost: **FREE**, but donations for Days for Girls are most welcome

Light lunch provided!



Preparation Classes Begin This Month

OPENING MASS & ORIENTATION FOR PARENTS & YOUTH (GRADE 6-8)

RSVP for Your Choice:

- ☐ Thursday February 19, 6:15 pm - 8:00 pm
- ☐ Saturday February 21, 8:30 am - 10:15 am
- ☐ Wednesday Feb. 25, 6:15 pm - 8:00 pm

**Call Natalie at the Parish Office
780-467-5470 (ext 225)**

or email sacraments@olph.ca

Registration Forms and Class Schedule are available at the Parish Office, in the entrance foyer Info Centre or ONLINE at:

<https://www.olph.ca/sacraments/confirmation-2/>

**Confirmation Mass with
Archbishop Hero will be
Sunday May 3, 2026
at 4:00 pm.**

In every Woman's Heart

"Holy Mary: Our Mother & Role Model"

is the next beautiful JETS group destination taking place this Friday, February 20, and being presented by our guest

speaker from Mary's Servants for Christ here at OLPH. We are honoured to be

welcoming Felix David, our knowledgeable host, who will offer a reflection on the blessed every-

virgin Mary, who reveals the unique dignity and strength God has placed in every woman's heart.

Ladies, please join us at our departure gate, Large Meeting Room, by 9:45 am to settle in and obtain

your complimentary in-flight beverages and snacks, and our session will begin promptly at 10:00 am.

Further info is available by contacting our flight captain, Roxanne raeandrox@hotmail.com. We look

forward to sharing this wonderful time with you.

JETS



The Calix Society
We substitute the cup that sanctifies for the cup that stupefies

Calix is an association of Catholic alcoholics, drug addicts, and family members and friends affected by addiction, who are maintaining their sobriety through participation in their Catholic faith and a 12 Step program.

A monthly meeting will be held on the last Tuesday of each month at OLPH Parish in Sherwood Park. Mass begins at 6:15PM, followed by fellowship and the Calix meeting at 7:15PM in the St. Joan room.

For more information about Edmonton Unit meetings, contact us at: edmcalthsecretary@shaw.ca

For more about CALIX visit: <https://www.calixsociety.org/>

Knights of Columbus®

CALLING ALL MEN!

JOIN US!

What does it mean to be a Knight?

We are Catholic Men who **LEAD, SERVE, PROTECT AND DEFEND.**

We share a desire to be better **HUSBANDS, FATHERS, SONS, NEIGHBORS AND ROLE MODELS** and to put charity and community first.

Help us serve, protect and defend those in need. Join 1.9 million Catholic men on a path where faith leads the way.

MEMBERSHIP RECRUITMENT DRIVE

Next Weekend February 21-22 After all Masses



Seniors Residences & Care Center Masses This Week

Tuesday February 17 Cloverbar Lodge 10:00

Thursday February 19 Silver Birch 10:30 am and
Emerald Hills 1:00 pm

Friday February 20 Capital Care 10:30 am

The Lenten Journey is Upon Us. Are You Ready?

It does seem like we just celebrated the Nativity of the Lord, and I suppose we just did. Lent will begin on Ash Wednesday, February 18, so perhaps a few thoughts to ponder...

There are only two days of “fast and abstinence” in the Canadian Catholic Church. The Church requires all Catholics from ages 14-59 to fast on Ash Wednesday and Good Friday. As long as you are in good health, this means that you should only eat one full meal and two smaller meals that do not equal one full meal. Catholics are asked to abstain from meat on Ash Wednesday and Good Friday. Fish is not meat and is a fine substitute, and a good excuse to have fish and chips for supper. If you happen to be a vegetarian, perhaps you might give up sweets or coffee instead. The key is that we make a sacrifice of our own, to help us remember the sacrifice our dear Lord made for us.

How is Easter Sunday determined each year, and why is there such a variance in dates? Easter is celebrated on the first Sunday following the first full moon; on or after March 21, which we often refer to as the first day of spring. Technically, the first full moon is called the *vernal equinox*. This formula was established at the Council of Nicaea in 325 AD. This ensures that Easter falls between March 22 and April 25. There is more scientific determination to this process, but I do not want you to fall asleep just yet. Suffice to say that it is a moveable feast that is dependent on the lunar cycle, (cycle of the moon), hence it changes from year to year. The Western (Roman) Church uses the Gregorian calendar for their calculations, and the Eastern Church uses the Julian calendar, hence the reason Lent has already begun for our Ukrainian brothers and sisters, and Ukrainian Christmas always falls a week of two after our December 25 Christmas.

When we speak about the three pillars of Lent we are referring to “**Prayer, Fasting, and Almsgiving.**” These three devotional practices are meant to assist in ongoing conversion, and a deeper relationship and communion with our Lord. While fasting may seem to draw the most attention during Lent, we are called to a balanced approach to all three of these practices; recognizing that we are all unique children of God. Therefore, some practices will seem more agreeable, desirable, and efficacious to different individuals. The reality is that because they are devotional practices, meant to draw us into deeper relationship with Jesus, there is not a certain prescribed amount, or type to these practices. Some of you may love to pray the rosary, others may find it more prayerful, simply to sit in quiet meditation in your prayer corner at home. It is all good. Does it draw you to deeper reflection and meditation on the goodness of Jesus Christ? If so, you are doing the right thing for you.

I will write about these three pillars individually during Lent. In the meantime, yes Ash Wednesday is a day of fast and abstinence; though it is not a holy day of obligation in the Canadian Catholic Church. (Only the Nativity of the Lord, December 25, and Mary the Holy Mother of God, January 1, are obligatory.) So, the question to ponder as we begin the season of Lent: Are we going to give something up, to make more room for the Lord in our lives? Are we going to do something extra as an act of charity, in our care for “the widow and the orphan?” Or are we going to do some of both. My friends, please see Lent as an opportunity and enter it with the goal of growing in the most important relationship in your life: our Lord and Saviour, Jesus Christ.

Blessings, Fr. Jim

What’s Happening at OLPH

We Need More Volunteers to be able to hold a VBS Camp at OLPH this Summer

Camp set up June 29-July 2 Camp runs July 6-10, 9:00 am - 12:30 pm daily

Camp is run totally by volunteers. Please Considering giving your time.

What’s needed? How can you help?

Crafts - 2 Adults to help during the week of camp.

Bible Story Group Leaders - 2 or 3 more Adults responsible for leading the children through each station and teaching the Bible Story during the week of camp.

*All volunteers working with children in the church will need to take the online Safe Environment courses (Praesidium Academy) and complete a Police check and Intervention check,

For more info contact Camp Director Sharon at VBSCamp@olph.ca

2026 - 2027 Registration Now Open!

Archbishop Jordan Catholic High School Grades 9 to 12 French Immersion / Ukrainian Bilingual abj.eics.ab.ca	École Our Lady of Perpetual Help Catholic School Grades 5 to 8 Cogito Academy / French Immersion olph.eics.ab.ca
École Père Kenneth Kearns Catholic School Pre Kindergarten to Grade 4 French Immersion epk.eics.ab.ca	Holy Redeemer Catholic School Pre Kindergarten to Grade 8 hr.eics.ab.ca
Holy Spirit Catholic School Pre Kindergarten to Grade 4 hs.eics.ab.ca	Madonna Catholic School Pre Kindergarten to Grade 4 Cogito Academy mcs.eics.ab.ca
St. Isidore Learning Centre Grades 1 to 12 Online & Continuing Education silc.eics.ab.ca	St. Luke Catholic School Pre Kindergarten to Grade 8 stl.eics.ab.ca
St. Nicholas Catholic School Pre Kindergarten to Grade 4 Ukrainian Bilingual stn.eics.ab.ca	St. Theresa Catholic School Grades 5 to 8 Ukrainian Bilingual stt.eics.ab.ca

Register online at: eics.ab.ca

USHERS

Are you looking for a way to serve our parish community that is vitally important yet more “behind the scenes”?

If so, please consider becoming an USHER!

Ushers serve our parishioners by providing an atmosphere of welcome and warmth at OLPH, while maintaining an environment of decorum and reverence.

To learn more, visit <https://www.olph.ca/parishlife/liturgical-ministries/ushers/>