

Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week
Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish

Weekday Mass

Mornings: Monday to Saturday 8:30 am

Evenings: Monday to Friday 6:15 pm

Sunday Mass

Saturday vigil 5:00 pm

Sunday 8:30 am, 10:30 am, 12:30 pm and 7:00 pm

Sunday Mass in Tofield: 11:00 am St. Francis of Assisi Parish

Sacrament of Reconciliation

Monday to Friday: *Immediately Following Morning and Evening Mass*

Saturday 9:15 am to 11:00 am

Adoration

*****EVERY FRIDAY a Holy Hour prior to each daily Mass*****

7:30 am prior to Morning Mass and 5:15 pm prior to Evening Mass

Every Wednesday Holy Hour 5:15 pm prior to Evening Mass

1st Wednesday hosted by Mary's Servants for Christ: March 6

2nd Wednesday hosted by Society of St. Vincent de Paul: March 13

3rd Wednesday hosted by CWL: February 21

4th Wednesday hosted by K of C: February 28



We have a NEW YouTube Channel! For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, **all Masses and Adoration will now be livestreamed at:**

<https://www.youtube.com/@olphparishsherwoodparkab/streams>

WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877. (Must be a Telus Optik subscriber.)

LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone. Dial 888-OLPH-808 (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community

Sunday February 18, 2024 ~ First Sunday of Lent

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca

STATIONS OF THE CROSS

Every Friday evening during Lent, led by groups from our parish after the 6:15 pm Mass.

- | | |
|--------------------|----------------------------|
| Friday February 16 | Secular Franciscans |
| Friday February 23 | Knights of Columbus |
| Friday March 1 | Altar Servers |
| Friday March 8 | ALPHA Team |
| Friday March 15 | Mary's Servants for Christ |
| Friday March 22 | Catholic Women's League |



Thank you for your generosity!

The 2023 Campaign raised \$1.5 million for Catholic organizations in the Archdiocese of Edmonton and beyond.

Gifts to our Beneficiaries

- Local**
- Catholic Social Services Sign of Hope – \$268,904
 - Foundation of St. Joseph Seminary & Newman Theological College – \$268,904
 - Our Lady of Victory Camp – \$134,452
 - St. Joseph College – \$134,452
 - St. Joseph Priests' Foundation – \$67,226
 - Society of St. Vincent de Paul-Edmonton Central Council – \$67,226

- Canada**
- Diocese of Mackenzie-Fort Smith – \$100,839
 - Needs of the Canadian Church – \$100,839

- International**
- Evangelization of Nations – \$67,226
 - Needs of the Church in the Holy Land – \$67,226
 - Papal Charities – \$67,226

Parish Share Rebates

- 39 parishes exceeded their targets by a total of \$124,004 – Congratulations!
- 16 parishes chose no rebate or a partial rebate, which meant \$50,000 more went to our beneficiaries. Thank you!

Top Achievers

Mini & Mission (<100 families)
Highest Percentage
 St. Theresa, Ma-Me-O Beach: 488%

Most Dollars Raised
 St. Anne, Trochu: \$13,765

Small (100-499 families)
Highest Percentage
 St. Peter, Villeneuve: 173%

Most Dollars Raised
 Mary Help of Christians, Edmonton: \$29,171

Mid-size (500-1,999 families)
Highest Percentage
 Sacred Heart Church of the First Peoples: 147%

Most Dollars Raised
 St. Theresa, Edmonton: \$67,726

Large (2,000+ families)
Highest Percentage
 Holy Trinity, Spruce Grove: 131%

Most Dollars Raised
 Our Lady of Perpetual Help, Sherwood Park: \$134,767



www.caedm.ca/TogetherWeServe

Poor Box Collection THIS WEEKEND



The Parish Office will be CLOSED on Monday February 19, but daily Masses will be celebrated as usual at 8:30 am and 6:15 pm.



A humble and heartfelt **THANK YOU** to everyone who supports the financial needs of our parish home with Pre-Authorized Debit (PAD), by bringing your Sunday Giving Envelopes to the church, or donating via INTERAC E-TRANSFER to:

OLPH.etransfer@caedm.ca



***2023 TAX RECEIPTS
HAVE BEEN MAILED OUT**



February 19 - 24

Monday ~ Lacerda Palha†, Maria Mollamma†, Rodolfo Solleza†, Anna Morrison†, Martha Manning†, Noemi Vribe Avalos†, Desmond Finan†, Ray Riou†, Matthew McKay, Antony & family, Katherine & Jesse Allenby

Tuesday ~ Steffy Kawalilak†, Frances Bradley†, Jim Mitchell†, Rosemarie Barnes†, Cheryl Lorenz†, Randy Platz†, Malcolm Hollingworth†, Marvin & Gail Weleschuk & family, Caleb Draganiuk

Wednesday ~ Christopher Guay†, Francis Pereira†, Elsie Wolff†, Gianna Shortman†, Lisa Bilinski†, Edwin Sittler†, Mervyn Lynch†, Catholic Women's League, Michelle McKay, Andrew Gerard, Jacqueline Prince-Hauck, Art & Maria Joel

Thursday ~ Jim Mitchell†, Reg Labrecque†, Eleanor Kroetsch†, Stanislas Lamarre†, Fr. Don Stein†, Holy Souls of purgatory†, Marvin & Gail Weleschuk & family, Gwen De Castro, Nick Jackson

Friday ~ Sabrina Lauman†, Campbell Family†, Anthony McKay, Yvette Lobo, Maria Elena C. Sebastian, Paul and Myrtle Silveira, Yvette Foster, Luc Roy, Adriana Karstens, Jenny Velazco

Saturday ~ Sid & Kay Pawlowski†, Nicole Stewart†, Kitty Durnin†, Chris Penner†, Molly Isaiah†, Robin and Viola, Matthew Roy, Steve, Franklin & Martha D'Mello, Alexandra Crawford

Your OLPH Parish Team

Pastor ~ Fr. Jim Corrigan
jcorrigan@olph.ca

Associate Pastor
Fr. Ben Makkollil, CMI
frben@olph.ca

Associate Pastor
Fr. Mario Villaraza, SDB
frmario@olph.ca

Permanent Deacon
Deacon Lynn Pion
lpion@olph.ca

Business Coordinator
Deacon Arden Playford
aplayford@olph.ca

Pastoral Assistant
Natalie Lavigne nlavigne@olph.ca

Administrative Assistant
Jenny Velazco jvelazco@olph.ca

Administrative Assistant
Angie DeWolfe adewolfe@olph.ca

Volunteer Management
vmteam@olph.ca

Other Inquiries: info@olph.ca
Parish Office 780-467-5470

Website: www.olph.ca

Follow Us on Facebook:
facebook.com/olphsherwoodpark

Archdiocese of Edmonton
Website: www.caedm.ca

**In event of an emergency,
contact Fr. Jim at 780-470-2730**

**TOFIELD CORNER ~ St. Francis of Assisi Parish ~
Mass every Sunday at 11:00 am**



*"Blessed are those who endure in peace for you, Most High, they shall be crowned."
~ Quote from St. Francis of Assisi*

1st Sunday of Lent ~ God has established a Covenant with us, first with Noah and then with Moses. And now with our Savior - opening the gates of heaven. How do we hold up our side of the deal? Jesus taught us by telling us "Peace I leave you, my peace I give you. Not as the world gives - do I give it to you."

- We would like to welcome our newest member to our parish family!*
Benjamin James Francis Sangster was baptized at St. Francis of Assisi Parish on February 11, 2024.
- It has been decided to have our **General Meeting** for our parish on February 25 after Sunday Mass. Please come for coffee and treats and leave your ideas with us!
- For those interested - there will be a **Men's Bible Study** group in our parish! For more info and questions please call Jason at 780-446-5476.
- We will be announcing the full schedule for St. Francis of Assisi **Holy Week** Masses and vigil soon in our upcoming bulletin. Staaaay tuned!



To post in the 'Tofield Corner' contact Kathy by phone 780-270-8652 or email Kathleen.Anderson.one@gmail.com. (Weekly bulletin deadline is Wednesday.)

OLPH Financial Report

Week 7 February 11, 2024	Cost of Operating the Parish	Building Fund Target Amount	"Together We Serve" Target Amount
Average weekly amount required	\$25,000.00	\$2,480.00	\$2,310.00
Donations this week	\$21,233.50	\$2,485.00	\$1,526.75
This week surplus/ shortfall	-\$3,766.50	\$5.00	-\$783.25

- Cost of operating the parish "average weekly amount" is 1/52 of the total annual amount of ordinary receipts projected in the 2023 budget
- Building fund target average weekly amount is based on total donations projected in 2021 budget.
- Together We Serve weekly amount is based on an annual target which is set by the Archdiocese.
- Together We Serve Collection - *First Sunday of every Month - March 3*
- Society of St. Vincent De Paul Poor Box Collection - *Third Weekend of every Month - Feb. 17-18*

Catholic Community Events

WESTERN CANADIAN CATHOLIC
HOME SCHOOL CONFERENCE

Steadfast

MARCH 7 - 9, 2024

PROVIDENCE RENEWAL CENTRE

3005 - 119 Street, Edmonton

With the intent of helping support your homeschooling journey, this event is an occasion for prayer, fellowship and sharing insights.

The retreat-like atmosphere provides opportunities for Holy Mass, Confession, Adoration, solid Catholic teaching, a Catholic market and an evening social.

WCCHSCREG@GMAIL.COM
WCCHSC.NET

INTEGRITY • COURAGE • MANLINESS • COMMITMENT • FIDELITY


MEN of INTEGRITY



Lead by Example!

Setting the Captives Free

TAKE YOUR PRAYER LIFE to a Whole New Level

...be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes...
Ephesians 6:10-17



Fr. Michael Denk Fr. Paul Moret


March 1-2, 2024 | Holy Family Parish
75 Poirier Avenue, St. Albert, AB

REGISTER TODAY

Early Bird
\$50 Man • \$40 Student/Senior
After February 17

\$60 Man • \$50 Student/Senior
Registration link and conference details are available on the website.

Celebrating Our Faith



CATHOLIC FAMILY MINISTRIES

"The Future of Humanity Passes by Way of the Family."

WEEKEND INCLUDES:

Adoration • Confession
Mass - Friday & Saturday
Light Breakfast • Lunch • Snacks
Talks • Fellowship • Vendors
Friday: 5:30 - 10 pm
Saturday: 7:30 am - 4 pm
Your timely registration helps us organize volunteers & food.

www.catholicfamilyministries.com | Registration Questions: 780.920.7878

Lured Into the Desert

»»»»»»»»»»»» The Healing Power of Contemplative Prayer and Fasting

FRIDAY/SATURDAY, MARCH 1 & 2

A unique 24-hour *poustinia* healing experience with Lucie Leduc & Bishop Sylvain Lavoie, OMI

STAROFTHENORTH.CA/DESERT

CLICK FOR MORE INFO

What's Happening at OLPH

WITH PRAYERS
& DEEPEST
Sympathy

Our condolences to Sandra & Len Stang and David & Alvina King. Sandra & David's brother, **Martin King**, died on February 6 in Edmonton.

To the family of **John Byer**. John passed away February 8 in Sherwood Park. Funeral Mass is on Saturday March 2, 11:00 am at OLPH.

To the family of **Martha Manning**. Martha passed away February 10 in Edmonton. Funeral Mass is on Saturday March 9, 1:30 pm at OLPH.

Congratulations & Welcome to the Children Baptized at OLPH on February 11, 2024

Kieran Scott Berube
Adley Marie Wetzstein
James Thomas Crawley



DID YOU KNOW?

We have a MAINTENANCE LOG in the parish office, checked regularly by members of our Church Maintenance Committee, to keep on top of any repairs that need to be done around OLPH. If you spot anything in our church facility that needs to be repaired or replaced, please come to the office so the issue can be logged.

Come Join our Team of VOLUNTEERS at OLPH Summer Vacation Bible Camp July 8 - 12



We are needing:

- ⇒ Several Children's Group Leaders
- ⇒ Help in the Craft Room
- ⇒ Decorating Leader

All volunteers 18 years or older need to have a Police and Intervention check as well as have attended the Called to Protect Workshop. Vacation Bible Camp is run totally by volunteers. Please consider helping out. This is a week of fun and excitement for all!

For more information please contact Sharon Darbyshire at sdarbyshire@olph.ca



Catholic Renewal
Services of Edmonton

LIFE IN THE SPIRIT SEMINAR at OLPH Parish
March 22 - 23, 2024

6:30 pm on Friday

9:00 am to 5:00 pm on Saturday

Free lunch on Saturday served for registrations received before March 20, 2024.

Fee: \$20.00

Come and be baptized anew in the Holy Spirit; receive a fresh infilling.

Rev. 22:17

For more information and registration visit our website:

www.ccredmonton.info/events

Or call CRS at 587 989-0483



A Catholic response to Euthanasia and Assisted Suicide

Hope & Dignity

hopeanddignity.caedm.ca

As Catholics, we uphold the dignity of all human life, from conception to natural death. We believe that every single life matters. We are committed to protecting everyone, especially the most vulnerable. We offer hope, mercy and love to those who suffer – not abandonment and death. The Catholic Church, drawing on the deepest sources of its tradition, remains strongly opposed to any form of euthanasia and assisted suicide (“medical assistance in dying” or MAiD).

Hope & Dignity: A Catholic Response to Euthanasia and Assisted Suicide is a pastoral initiative to equip Catholics to be effective witnesses in their families, parishes, workplaces and communities. In response to the pro-MAiD messages we hear from the secular media, government and even our highest court, the Catholic Church offers **real hope** and **true dignity** to those who are suffering and dying.

“If people with disabilities had quality supports to live, they would not be choosing death.”

— Tracy, accessibility advocate

NO OPTIONS, NO CHOICE

JOIN THE CAMPAIGN FOR COMPASSION

We are asking provincial governments to invest in services and supports for all Canadians so that no one will choose MAiD because they have no other options available to them Learn more at:

<https://www.nooptionsnochoice.com/>

DYING WITH CHRIST

LIVING WITH HOPE

Thursdays, February 29 to March 14

7:00-9:00 pm

ONLINE VIA ZOOM

Developed by the Christian Medical and Dental Association of Canada, this three-part series presents the Christian view of death and what Christians can do to accompany others during the dying process.

Cost: The program is free but participants will have the opportunity to purchase the workbook for \$10.

Session 1: Discussing Death and Dying

Session 2: Suffering, Pain, and End of Life

Session 3: The Christian Duty to Care

To register or for more information, contact:

Alana at alaperle@telus.net or call/text 780-446-9009



cmdacanada.org/dying-with-christ-living-with-hope

REGISTER ONLINE AT CAMPS.CAEDM.CA

What's Happening at OLPH

Altar Server
Training
for current and
new servers.



Tuesday February 20
7:00 - 8:30 pm
(After evening Mass)

For More Information:

amanda.gaudet15@gmail.com
or christina.stockdale@me.com

*Children must be grade 2 or older and have received First Holy Communion



Lesson 1 (of 5) ~ Jesus & Me offered

- Wed Feb 21, 6:15 pm-8:30 pm
- Sat Feb 24, 8:30am-10:45am
- Tues Feb 27, 6:15 pm-8:30 pm

**Still wish to Register your child for
2024 Confirmation Preparation?**

***MUST ATTEND Parent Meeting*
Thursday February 22 at 7:00 pm
at the Parish Office**

RSVP to Natalie at sacraments@olph.ca



Volunteering for Ministries

PROCLAIMERS:

Michelle Rose michelle.rose@shaw.ca
& Theresa Volk theresa.volk@ecsd.net

MUSIC MINISTRY: Sharon Darbyshire
(sharon_darbyshire@shaw.ca)

USHERS: David Schmidt
dcwdetml@gmail.com
& Don Snider donretired15@gmail.com

CHILD ALTAR SERVERS: Amanda
Gaudet amanda.gaudet15@gmail.com
& Christina Stockdale
christina.stockdale@me.com

*How are YOU being called to
share your gifts at Mass?*

ADULT SERVERS: Peter Kamstra
onetoughcatholic@yahoo.ca

EUCCHARIST MINISTERS: Sue Szojka
sue.szojka@shaw.ca & Rita Sandmaier
rsandmaier04@gmail.com

A/V SOUNDBOOTH: Bob Gerow
bgerow@olph.ca

***New Volunteers, contact your Ministry
Lead for training. Current volunteers
please sign up for your Mass IN AD-
VANCE on our website www.olph.ca OR
call the Parish Office 780-467-5470.**

What's Happening at OLPH

JETS Parenting Teens Collection & Speaker



This is the last week to donate
to **Our Lady of Grace Pro-**

gram for Edmonton Catholic Schools, the
first service project of 2024 supported by
the JETS Women's Group. We are collect-
ing items from their wish list and are asking
our fellow parishioners for your generous
support. A bin is set up by the parish office
and you can drop off your donations until
the morning of February 23.

**Specifically we are looking for these
NEW items:** Baby wipes, creams and
wash, large-sized diapers/pull ups (size 4 or
bigger), new baby clothes all sizes (boys or
girls), new baby toys like rattles, soothers to
add to newborn welcome baskets **PLUS** ...
individually-wrapped valentine chocolates
for the parents.

This amazing initiative at ECS D supports
pregnant and parenting students (female
and male) while they are completing their
education in their respective schools. Not
only do they provide academic and personal
support, but spiritual as well.

**You are welcome to join the JETS at 9:30
am this Friday, February 23, to listen to 2
women who work directly with students
in Our Lady of Grace speak about the
program.** No pre-registration re-
quired. Simply board with us in the Large
Meeting Room at 9:19 am to settle into your
first-class seat and grab your in-flight
snacks.

Contact our Flight Captains of the Day,
Cathy at billbrandt@shaw.ca or Aida
at issaaida33@yahoo.com if you have any
questions.

*Women's
Lenten
Retreat*



Saturday, February 24
9:30am - 1:00pm

"Landscapes of Lent"
with Carol Sebastian
*All ladies of the parish
are welcome!*

Hosted by our Catholic Women's League.

Register by e-mail to
info@cwolph.ca
or call Mary-Lou at
780-464-6116.



*No cost to attend, but freewill offerings
will be accepted for Father Ben's Marriet
Kwamang School project in Ghana.*

Learn more about it here:

[https://caedm.ca/missionary-priest-has-heart-
for-building-church-and-faith-in-ghana/](https://caedm.ca/missionary-priest-has-heart-for-building-church-and-faith-in-ghana/)



Ash Wednesday and Our Lenten Adventure

Of the many Liturgical events that occur year after year in our Catholic Church, I find Ash Wednesday to be one of the more inspiring celebrations. It is a moment in time when us Catholics come out of seclusion and announce to the world, *this is who we are*. In our schools, our Churches, our supermarkets; in a humble way we acknowledge the gift that is our Catholic faith. In this day and age, it is important to be witnesses in the public square. The secular narrative overshadows the gift of our Catholic Christianity daily, with laws that disrespect the very dignity of human life; from abortion at the beginning, to assisted suicide and euthanasia at the end. Thankfully, this is God's Church and His truth and goodness will ultimately prevail, as it always has over the two thousand years of tumult and challenge.

When we reflect on the season of Lent, we can see that the Church has provided us with a magnificent opportunity to achieve that for which our Lord created us. We have been blessed with the opportunity to be *intentional* in our journey to holiness. Lent is undergirded by the three pillars of prayer, fasting and almsgiving.

So, what about this enigma we call **prayer** that takes many different shapes and forms; from "thank you dear Jesus," to the Holy Mass, which is simply a much longer prayer. The Catechism of the Catholic Church (CCC 2590) says about prayer: "Prayer is the raising of one's mind and heart to God, or the requesting of good things from God." (St John Damascene). The reality is that prayer is so much more, and there are a plethora of definitions for prayer. CCC 2626-2643 speak about five basic forms of prayer as follows:

1. Blessing and adoration
2. Petition (The three objectives which are the grace of forgiveness, the fullness of the reign of God, and our every need.)
3. Intercessory prayer (Asking on behalf of another)
4. Thanksgiving
5. Praise

I am not a theologian, but I do have a good understanding of the importance of relationship. With that said, prayer, in its essence, is our most pragmatic, tangible means of communicating with God. We all have important relationships in our lives. What we know about those relationships is that the more we communicate within them, the stronger the

relationship has the potential to become. Without effective communication, our relationships will suffer. With the Creator of the heavens and the earth it is no different. Our God desires to be in relationship with us and therefore is present to us 24/7, 365 days a year. The only weak link within this relationship is you and me.

Prayer of course, can take the shape of very real and practical corporal and temporal works of charity. St. Mother Theresa of Calcutta is an example par excellence, of works of mercy being expressed as prayer. Caring for the dead and dying in the streets of Calcutta was, for Mother Theresa, a critically important form of prayer by means of service. Yet her rule was strict; there are specific times of day when the Sisters of Charity are required to gather as a community for prayer. Mother Theresa knew well that anything good she and her Sisters were able to accomplish was purely by the grace of God. That grace did not happen by accident. Grace happened because the Sisters knew that when it was time to gather, they could bring all their challenges and crosses before the Lord. They were women of faith and they trusted in the Lord for all they were able to accomplish, or not.

My friends, the first pillar of Lent is prayer because everything depends on the grace of God. If we do not "raise our hearts and our minds to God" (St. John Damascene), that means we are depending on ourselves. This is a recipe, that even if it does not end in disaster, we will fall far short of that which we potentially can accomplish. *It is the Lord*. Our prayer, in its many forms of expression, is our way of saying "Lord, I need you. I value our relationship. This is our time together." As an aside, I have noticed that most of us know where to go and who to talk to when we need something. *It is the Lord*. The second step in our progression, when our prayers are answered, I believe is this: that we remember to be thankful to the giver of all that is good, for those prayers answered. *It is the Lord*.

Prayer is the connecting point in our encounter and relationship with Jesus. It is the anchor that will keep us linked to the Lord, when we are consistent at our end of the relationship. **This Lenten season, I invite/challenge you to incorporate something small into your regular prayer routine.** If you have a prayer routine already, add some *Hail Marys* when you are shaving, or a *Glory Be* when you are washing your hair. Leave a note on your mirror to remind you to do it until you develop the habit.

As we enter into this Lenten opportunity, may our goal be that our prayer life, and relationship with the Lord, is a wee bit richer at the end of our Lenten journey than when we started.

Blessings, Fr. Jim

