

**Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week**  
**Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish**

### Weekday Mass

*Mornings:* Monday to Saturday 8:30 am

*Evenings:* Monday to Friday 6:15 pm

### Sunday Mass

Saturday vigil 5:00 pm

Sunday 8:30 am, 10:30 am, 12:30 pm and 7:00 pm

*Sunday Mass in Tofield:* 11:00 am St. Francis of Assisi Parish

### Sacrament of Reconciliation

Monday to Friday: *Immediately Following Morning and Evening Mass*

Saturday 9:30 am to 11:00 am

### Adoration - Everyone Welcome, Always Open to All!

There will be **NO First Friday Adoration in April**, since the first Friday of the month is Good Friday.



Every Wednesday Holy Hour 5:15 pm prior to Evening Mass:

*1st Wednesday hosted by Mary's Servants for Christ: April 5*

*2nd Wednesday hosted by Society of St. Vincent de Paul: March 8*

*3rd Wednesday hosted by CWL: March 15*

*4th Wednesday hosted by K of C: March 22*

*For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, all Masses and Adoration will continue to be livestreamed from our OLPH website [www.olph.ca/video/](http://www.olph.ca/video/) or at [facebook.com/olphsherwoodpark/videos](https://facebook.com/olphsherwoodpark/videos)*



**WATCH** the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.  
(Must be a Telus Optik subscriber.)

**LISTEN** to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.  
Dial **888-OLPH-808** (888-657-4808) and then follow the simple instructions.



*Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community*

**Sunday March 5, 2023 ~ Second Sunday of Lent**

*We Remember, We Celebrate, We Believe*

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 [www.olph.ca](http://www.olph.ca)

**Join us EVERY FRIDAY during Lent, for Mass at 6:15 pm followed by STATIONS OF THE CROSS led by groups from our parish.**

Friday March 10  
*Mary's Servants for Christ*

Friday March 17  
*OLPH Parish Team*

Friday March 24  
*Catholic Women's League*

Friday March 31  
*ALPHA Team*



### **FIRST COMMUNION REMINDERS:**

#### **Parent & Child Preparation Retreat**

Saturday March 11, 10:00 am -12:00 pm

#### **Teaching Mass & Practice**

Choice of Monday March 13 OR

Thursday March 16 at 6:15 pm

(RSVP to Natalie at [sacraments@olph.ca](mailto:sacraments@olph.ca))

**CHILDREN'S FIRST HOLY COMMUNION WILL BE THE WEEKEND OF MARCH 18 & 19**

**Special Collection This Weekend**

*Together in*  
**UNITY**

**WHEN YOU GIVE to Together We Serve, you are supporting the work of Catholic organizations at home, in Canada and abroad, as we work together to build the Kingdom of God.**

*"While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!'"*

Matthew 17:5



For more information:  
[www.caedm.ca/togetherweserve](http://www.caedm.ca/togetherweserve)



**A humble and heartfelt THANK YOU** to everyone who has continued to support the financial needs of our parish with **(PAD) Pre-Authorized Debit** or by bringing your **Sunday Giving Envelopes** to the church. OLPH is also set up to accept donations via **INTERAC E-TRANSFER** at:

[OLPH.etransfer@caedm.ca](mailto:OLPH.etransfer@caedm.ca)



Please include your Envelope # OR address and any special instructions in the Message Box for the e-transfer, to ensure your donation is properly recorded for your annual tax receipt.



**March 6 - 11**

**Monday** ~ Vera Maslok, Uduak Akpan

**Tuesday** ~ Ekaine Sokoloski†, John Hlushak†, Paula Lafort†, Peter Kleparchuk†, Marvin & Gail Weleschuk & family, Ana Sjogren, Jeannette Paskewich

**Wednesday** ~ Fr. Wilf Murchland†, Peter Kleparchuk†, Margaret & Owen Corrigan†, Keith Sjogren, David Papp, Alex Papp

**Thursday** ~ Reg Pardy†, Peter Kleparchuk†, Joseph Wesko†, Heinrich Krieger†, Marvin & Gail Weleschuk & family, Kristopher Sjogren

**Friday** ~ Don Riley†, Hans Schnepfer†, Karl Schnepfer†, Bryce Clarke†, Jeanne Zupan†, John Hlushak†, Ken Heykants†, Helen Zaharichuk, Paddy Wesko, Noemi Jardeleza

**Saturday** ~ Mervyn Lynch†

## Prayer of Condolence

To Michelle and Dwayne Rose & family. Michelle's mother **Elaine Sokoloski** passed away on February 24 in Sherwood Park. Funeral will be on Saturday March 11 at 1:00 pm at OLPH.



**OPEN on Sunday Mornings following the 8:30 am and 10:30 am Masses.**

## Your OLPH Parish Team

**Pastor ~ Fr. Jim Corrigan**  
[jcorrigan@olph.ca](mailto:jcorrigan@olph.ca)

**Associate Pastor**  
**Fr. Vince Antony Samy, SDB**  
[frvince@olph.ca](mailto:frvince@olph.ca)

**Permanent Deacon**  
**Deacon Lynn Pion** [lpion@olph.ca](mailto:lpion@olph.ca)

**Business Coordinator**  
Arden Playford [aplayford@olph.ca](mailto:aplayford@olph.ca)

**Pastoral Assistant**  
Natalie Lavigne [nlavigne@olph.ca](mailto:nlavigne@olph.ca)

**Administrative Assistant**  
Jenny Velazco [jvelazco@olph.ca](mailto:jvelazco@olph.ca)

**Administrative Assistant**  
Angie DeWolfe [adewolfe@olph.ca](mailto:adewolfe@olph.ca)

**Youth Ministry**  
Tricia Murphy [tmurphy@olph.ca](mailto:tmurphy@olph.ca)

**Volunteer Management**  
[vmteam@olph.ca](mailto:vmteam@olph.ca)

**Other General Inquiries:**  
[info@olph.ca](mailto:info@olph.ca)

**Parish Office** 780-467-5470

**Website:** [www.olph.ca](http://www.olph.ca)

**Follow Us on Facebook:**  
[facebook.com/olphsherwoodpark](https://facebook.com/olphsherwoodpark)

**Archdiocese of Edmonton**  
**Website:** [www.caedm.ca](http://www.caedm.ca)

**In Event of an Emergency,**  
**Contact Fr. Jim at**  
**780-470-2730 (call or text)**

## Parish & Community News

INTEGRITY • COURAGE • MANLINESS • COMMITMENT • FIDELITY

**MEN of INTEGRITY**  
*Lead by Example!*

# A Call to Battle

**Mass Celebrants**

Fr. Robert Lee Friday 7PM  
AB Richard Smith Saturday 8AM

**Strengthening the Family Through the Sacred Heart**

Fr. Troy Nguyen  
Fr. Frank Sharma  
Fr. Paul Moret  
Charles Marple



**2023 Men of Integrity Conference**  
**March 24-25, 2023**

**Holy Family Parish, St. Albert**

Join us and learn how to arm yourself against the enemy we can't see, who is intent on destroying our faith and our families. At this conference, we will hear words of hope from the men in black who are on the front line every day, who by the way, need our support, too. Invite the men in your life ... father, son, brother, friend, to celebrate the sacraments together and make this a faith-building experience!

**Info/Register Online:**

[www.catholicfamilyministries.com](http://www.catholicfamilyministries.com)

## OLPH Financial Report

Week 9 February 26, 2023	Cost of Operating the Parish	Building Fund Target Amount	Together We Serve Target Amount
Average weekly amount required (based on 2021 budget)	\$24,838.00	\$2,480.00	\$2,310.00
Donations this week	\$18,905.40	\$2,861.60	\$1,309.90
This week surplus/shortfall	-\$5,932.60	\$381.60	-\$902.10
<ul style="list-style-type: none"> <li>• Cost of operating the parish "average weekly amount" is based on total expenses projected in the 2021 budget.</li> <li>• Building fund target average weekly amount is based on total donations projected in 2021 budget.</li> <li>• Together We Serve weekly amount is based on an annual target which is set by the Archdiocese.</li> <li>• Together We Serve Collection - <i>First Sunday of every Month - March 5</i></li> <li>• Society of St. Vincent De Paul Poor Box Collection - <i>Third Sunday of every Month - March 19</i></li> </ul>			

**DEADLINE for Bulletin is Wednesdays at Noon. Email your announcements to Natalie at [nlavigne@olph.ca](mailto:nlavigne@olph.ca)**



## TOFIELD CORNER - St. Francis of Assisi Parish

Second Sunday of Lent. God is calling us. We are His “beloved” regardless of our gifts AND weakness. Let’s grow in our beloved-ness by thinking and keeping the following in mind!

1. You may have noticed at the entrance of the church, next to the baptismal font, is a glass jug. It has **Holy Water** for anyone who would like some. Bring a small container and help yourselves!
2. And there are still some **House Blessing/Chalking of the Door Kits** available at the back of the church. *Please*, help yourselves! Instructions are enclosed.
3. We still have lots of **free books** at the back also. These books are just for you. Take one for yourself and anyone else you would like to give a gift to. They are easy to read and very inspirational!
4. **WE ARE A PARISH AND WE NEED COUNCIL MEMBERS!** Belonging to the parish council won’t take a lot of your time. But we do need people to discuss and talk ideas over with to make decisions on how our parish can stay vibrant and alive. *Pleeeeeeease* consider signing up on the sheet at the back of the church. Most of us do not have any experience - so we can ‘grow together’ as we learn. Thank you!
5. **Update on the refurbishing of our church:** 4 new fire extinguishers have been mounted, emergency lighting and exit signs are being replaced, restored front foyer light fixture, replaced kitchen electrical receptacles along with GFI breakers, upgraded lower storage room (we can see in there now) and painting and organizing continues to take place. So much help has gone into this and it’s looking fantastic.
6. Four altar stones were found in storage. Fr. Jim is looking into where they should go. We wait to hear back. Indiana Jones has nothin’ on us!
7. Soup bags are still available for sale and can be found in the foyer of our church.
8. Please join us when you can - **every Friday evening during Lent for The Stations of the Cross** - here at St. Francis of Assisi at 7:00 pm. There may even be some soup afterwards!
9. Keep in mind - even through Lent - Sundays are a day of celebration. So we will continue to have **coffee and snacks** after Mass. Join in on the chatter!
10. Please keep in your prayers - Adele Sale of Athabasca, mother of Lorraine Williams, who passed away Sunday, February 26.

\* *If there is anything you would like posted in our ‘Tofield Corner’ of the OLPH bulletin - that is connected to our St. Francis of Assisi parish - please connect with Kathy 780-270-8652 or email [Kathleen.Anderson.one@gmail.com](mailto:Kathleen.Anderson.one@gmail.com) by Wednesday for entry into the following Sunday bulletin. Thank you!*

## What’s Happening at OLPH



**Called to Protect**, an abuse prevention training session, will be offered on **Friday March 10, 1:00 pm - 3:30 pm.**

The two and half hour session is mandatory for all volunteers and employees of the Edmonton Archdiocese.

*The virtual session will be by Zoom.* Please register using the link below. You may join the Zoom Training from home OR come to the parish office to connect with the class and participate. **Registration:** <https://forms.gle/YttiUzbmW98tcvsy8>



Please join us for our  
**HEALING & HOPE MASS**  
**Tuesday March 14 at 7:00 pm**

For families and friends suffering the loss of loved ones from suicide, assisted suicide, drug overdose and death under traumatic circumstances.

*“With a profound sigh... Jesus wept.”  
... and the Jews said, “See how much he loved him.”*  
(John 11:34-37)

## ***New experience!* JETS Airline actually landing on ship this Friday**

The JETS Airline is virtually boarding a 100-passenger expedition boat this Friday March 10, to discover what 19 days aboard an expedition ship is like exploring Antarctica, South Georgia Island and the Falklands. Led by Louise Laforet, captain of the morning, she will share with us her travels last month sailing through this amazing part of our planet and why Antarctica is such a very important piece in our ocean's systems and earth's climate.

A definite highlight will be viewing her adventure videos of this massive frozen landmass!

Please arrive at our boarding gate (Large Meeting Room) at 9:30 am to settle in, get your sea



legs and be offered complimentary in-flight snacks and beverages. We will depart at 9:45 am for penguins and open waters! For more shipboard details, contact Louise at [louiseandjacob@aol.com](mailto:louiseandjacob@aol.com).



**"Then there is the sea, with its vast expanses teeming with countless creatures, creatures both great and small."**

*Psalms 104:25*

**CWL HOSTING  
SUPPER & SOCIAL FOR  
L'ARCHE COMMUNITY**

**Monday March 13**

**5:00 - 7:30 pm**

**in the Parish Hall**

Main Course, Buns & Beverages Supplied. Please bring a **SALAD** to share.





# Prayer

When the disciples had gathered around Jesus on the Hillside, he began to teach them: *"When you are praying, do not heap up empty phrases as the Gentiles do; for they think that they will be heard because of their many words."*

*Do not be like them, for your Father knows what you need before you ask Him (Mt. 6.7-8)."* This Scripture has provided a very beneficial insight for me within my spiritual journey. My loving Savior knows very well what all my needs are, long before I ever share them with Him. I am aware that this statement is somewhat self evident, but it also informs the way in which we will pray.

Let us speak for a moment about what we are actually doing when we pray. We are not then, informing the Lord of anything that our Creator is not already very much aware of. We are not sharing secrets or new news with Jesus. What then are we really doing? In essence, what we are really doing is very much a friend speaking with a friend. That has been the breakthrough for me. Intellectually I know that dear Jesus, the giver of all that is good, knows what I need and that He desires only good for me. Why? Because He loves us. When I am able to translate this insight effectively into my heart, it leaves me free to speak to, and listen to, a friend whom I know only wants good for me.

Jesus knows what I need, before I do, so I do not need to dress anything up for him. I do not need to **heap up empty phrases**, but what I can do is speak to Jesus like the friend He wants to be to me, like the friend I want to be to Him. What does this do for us my friends? It takes the stress out of our prayer, and allows us to enter into a more emotive or loving kind of conversation, that two friends would desire to engage in with one another. At the end of the day my friends, we know that a devoted friend is one we can ask anything of, and who will give us whatever we ask. Does this mean we can be flippant or lackadaisical in our conversation and relationship with the Lord? I would say not. But the intent of our relationship and prayer can potentially be different. We endeavor to be in a place where not only are we sharing our needs freely with our Lord, but also our thanksgiving for prayers answered. That loving gratitude, this is what will assist us in growing into a deeper, more loving relationship with Jesus.

It is interesting that in Matthew chapter 6, Jesus tells us our Father in heaven is well aware of what we need. Then immediately following in chapter 7, we find a clear implication that persistence is the key to us getting what we want/need. *"Ask, and it will be given you; search, and you will find; knock and the door will be opened for you (Mt. 7.7)."* In a way I feel this is simply God's way of encouraging us to maintain an open ongoing relationship with Him. We



know we love our family members and we know they love us. But it is important to reinforce that love on a daily basis through our words and our actions. Right?

St. Augustine has an interesting take on the concept of prayer, and how we communicate with the Lord. Augustine says that God does not always give us immediately what we ask for. In fact, He coaxes us into asking again and again. *"The Lord wants to stretch us, expanding our desire so as to receive the gift He desires for us. If we got everything we wanted, right away and without effort, we wouldn't appreciate what we've received."* Now your parents' wisdom, when you were growing up, makes a little more sense doesn't it? It must have been a very rewarding experience for St. Monica, Augustine's mother, to see her years of persistent prayer answered in such a powerful way; culminating in the conversion of Augustine and his rise to holiness and theological prowess.

Our Lord wants only good for us. More than that, because of His immeasurable love for us, He just wants to spend quality time with us. May this Lenten season be for all of us an opportunity to strengthen our prayer, pillar number one of our **prayer, fasting, and almsgiving** Lenten journey.

Friends, receive this season of Lent as a gift of spending some quality one on one prayer time, as well as some good community prayer time, with our dear Lord Jesus. *"For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened (Mt. 7.8)."* Happy, prayerful Lent my friends. *Jim*



Isn't it time you discovered the real *you*?

2023 Daily Lent Reflections

Every time you collaborate with God to create a Holy Moment...*the real you* emerges. Most people live and die without even scratching the surface of their potential. Don't let that be your story! Let Holy Moments reveal what the real you can do. Our parish is on a journey to unleash the power of Holy Moments and discover the incredible potential inside each of us. **What would happen if you spent the next 40 days creating as many Holy Moments as possible?**

**Join us this Lent to find out, and let's have our BEST LENT EVER.**



**SCAN this QR code or TEXT *OLPHSPE1* to 514-900-0130 to join our BEST LENT EVER group in Flocknote. You'll receive two inspiring videos by**

**email every day to help you unleash your power to collaborate with God.**

It only takes a handful of Holy Moments to flood your soul with joy and show you a new and exciting vision for the rest of your life.

DISCOVER  
the real *you*  
BEST LENT EVER