

**Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week**  
*Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish*

### Weekday Mass

*Mornings:* Monday to Saturday 8:30 am

*Evenings:* Monday to Friday 6:15 pm

### Sunday Mass

Saturday vigil 5:00 pm

Sunday 8:30 am, 10:30 am, 12:30 pm and 7:00 pm

*Sunday Mass in Tofield:* 11:00 am St. Francis of Assisi Parish

### Sacrament of Reconciliation

Monday to Friday: *Immediately Following Morning and Evening Mass*

Saturday 9:30 am to 11:00 am

### Adoration - Everyone Welcome, Always Open to All!

There will be **NO First Friday Adoration in April**, since the first Friday of the month is **Good Friday**.



Every Wednesday Holy Hour 5:15 pm prior to Evening Mass:

*1st Wednesday hosted by Mary's Servants for Christ:* April 5

*2nd Wednesday hosted by Society of St. Vincent de Paul:* April 12

*3rd Wednesday hosted by CWL:* April 19

*4th Wednesday hosted by K of C:* April 26

*For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, **all Masses and Adoration will continue to be livestreamed** from our OLPH website [www.olph.ca/video/](http://www.olph.ca/video/) or at [facebook.com/olphsherwoodpark/videos](https://facebook.com/olphsherwoodpark/videos)*



**WATCH** the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.  
(Must be a Telus Optik subscriber.)

**LISTEN** to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.  
Dial **888-OLPH-808** (888-657-4808) and then follow the simple instructions.

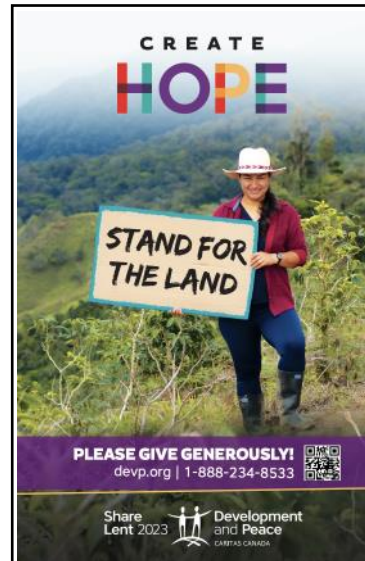


*Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community*

**Sunday March 26, 2023 ~ Fifth Sunday of Lent**

*We Remember, We Celebrate, We Believe*

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 [www.olph.ca](http://www.olph.ca)



## **SOLIDARITY SUNDAY**

### **SPECIAL SHARE LENT COLLECTION**

#### **for Development & Peace on the Fifth Sunday of Lent**

Through their prayer, fasting and almsgiving during Lent, Christians express their desire to turn towards God and to all God's children in preparation for Easter. Founded in 1967 by the Bishops of Canada (and now a member of the *Caritas International* network of Catholic agencies) the **Canadian Catholic Organization for Development and Peace** financially supports development and aid projects in Africa, Asia, the Middle East, Latin America and the Caribbean, as well as informs Canadian Catholics on international social justice questions. Your donation to **Share Lent** transforms the lives of some of our most vulnerable sisters and brothers across the world.

## *Coming Soon...*

### **PALM SUNDAY APRIL 2**

Regular Sunday Mass times at OLPH and St. Francis of Assisi (Tofield)

\*Monday April 3 ~ Regular 8:30 am morning Mass, No 6:15 pm evening Mass at OLPH

**CHRISM MASS ~ 7:00 pm at St. Joseph's Basilica in Edmonton**

Tuesday April 4 and Wednesday April 5, Regular Weekday Mass Times at OLPH

### **HOLY THURSDAY APRIL 6**

Presentation of the Oils, Washing of Feet and Mass of the Lord's Supper followed by Adoration of the Blessed Sacrament until Midnight 7:00 pm (instead of 6:15 pm) at OLPH and 6:00 pm in Tofield

### **GOOD FRIDAY APRIL 7**

*Solemn Liturgy of the Lord's Passion and Veneration of the Cross*

10:00 am, 1:00 pm and 4:00 pm at OLPH and 11:00 am in Tofield

8:00 pm ~Tenebrae at OLPH

### **HOLY SATURDAY APRIL 8**

(No Mass at 8:30 am or 5:00 pm)

Blessing of Easter Foods ~ 12 noon at OLPH  
Easter Vigil at OLPH ~ 8:00 pm

### **EASTER SUNDAY APRIL 9**

Regular Sunday Mass times at OLPH and St. Francis of Assisi (Tofield)





## Summer Fun for Children & Teens



### OLPH Vacation Bible School

For Children Currently in Kindergarten to Grade 5

*Bible stories, Crafts/Experiments, Games, Snacks ~ Come join us for fun and excitement!*

**REGISTRATION OPENS APRIL 21**

**Last day to register is June 28**

**DATE:** July 10-14, 2023

**TIME:** 9:00 a.m.-12:30 p.m.

**WHERE:** OLPH Parish Hall (downstairs)

**COST:** \$70.00 per child and if you register by June 5 child will get a t-shirt!

*Interested in volunteering? We are still needing a few group leaders!*

Registration Forms will be available to fill out at the parish office OR print off the website: <https://www.olph.ca/child-youth-ministry/vacation-bible-camp/> (you must bring completed form in person to the office with payment)

*\$15 non-refundable fee for cancellation after June 5.*

**We have limited space in each group so register early to ensure a space.** (Watch for a PreK group if we are able to find a leader!)

Contact Sharon Darbyshire for more info or to volunteer : [sdarbyshire@olph.ca](mailto:sdarbyshire@olph.ca)

**OLVCAMP.COM | 587.447.2837**

**BACK FOR 2023!**

**SATURDAY, JULY 8**  
**GRAND RE-OPENING BBQ**  
(ALL ARE WELCOME)

**JULY 9-13**  
**HIGH SCHOOL CAMP**  
(GRADES 10-12)

**JULY 16-20**  
**ELEMENTARY CAMP**  
(GRADES 4-6)

**JULY 30-AUGUST 3**  
**JUNIOR HIGH CAMP**  
(GRADES 7-9)

**AUGUST 6-10**  
**ALL AGES CAMP**  
(GRADES 4-9)

## What's Happening at OLPH



**THANK YOU** to all the parish groups who have led us in praying the **STATIONS OF THE CROSS** after Friday evening Mass during Lent. Our final journey will be **Friday March 31** led by the **ALPHA Team** at **7:00 pm**.

## LENTEN DAY OF CONFESSIONS

**Saturday, April 1**

**Several Priests will be in the church all day (9:00 am - 4:30 pm) for the Sacrament of Reconciliation.**



### Sacramental Preparation



**First Reconciliation And First Eucharist**

**Child must be in grade 2 or older.** Deadline to register is April 6. Pick up **Registration Form** at parish office or email Natalie to register:

[sacraments@olph.ca](mailto:sacraments@olph.ca)

Parents must attend **Opening Mass & Meeting** on either Tuesday April 11 or Thursday April 13 at 6:15pm.

## Horizons of Hope: A Toolkit for Catholic Parishes on Palliative Care

**A Christian response to providing compassionate care at the end of life**

Do you see a need in your family or in community to accompany and support those at the end of life? Explore new ideas and ways to be a presence of hope for those at the end of life in this four-part program developed by the Canadian Conference of Catholic Bishops.

*Choose your preferred time and method of participation:*

**Tuesdays, April 11-May 2**  
6:30-8:30 pm  
Online via Zoom

**OR**

**Thursdays, April 13-May 4**  
1:00-3:00 pm  
In-person at OLPH Parish

**Presented by:**

Our Lady of Perpetual Help Parish, Sherwood Park

**Module 1** – Understanding the human experience of dying and death

**Module 2** – Discerning and making decisions at the end of life

**Module 3** – Accompanying those at the end of life

**Module 4** – Supporting and integrating within the wider community





# Presence

## THE MYSTERY OF THE EUCHARIST

**Saturday, April 1**  
**12:30 - 4:00**  
**Live online via Zoom**

What is so special about the Eucharist? Although the Eucharist appears to be simple bread and wine, it is actually the "source and summit" of the Christian life. In this half-day workshop, we will explore the truth and beauty of Christ's real presence in the Eucharist, from its origins in Sacred Scripture, to its profound role in the life of the Church and her members.

**To register, contact Alana at [alaperle@telus.net](mailto:alaperle@telus.net) or call/text 780-446-9009.**

**Presented by:** Growing in Faith Together  
 Our Lady of Perpetual Help Parish, Sherwood Park



***Congratulations to Douglas & Catherine Pratt***  
**United in the Sacrament of Holy Matrimony on Friday March 17**



**Congratulations to all the children who celebrated their**



**at OLPH last weekend, and thank you to the EICS teachers and Volunteer Catechists from our parish who supported them in preparing for the Sacrament.**

### **Saturday March 18**

Ryan Kristina Hayhurst	Keely Eileen Cindy Merson	Ethan George Albert Spak
William Joseph Letourneau	Alaina Marie Rideout	Cara Dawn Stackhouse
Hudson Alexander McCaig	Asher Clayton Schultz	Anton Edward Stackhouse
Melanie Elsa Sikora		Nathan Ronald Marcus Sywenky

### **Sunday March 19**

Austin Riley Barber	Jones Francis Jomon	Ryan Clarence O'Rourke
Mary Allen Beronica Andres	Joel Joseph Jomon	Jillian Raulyn Ramos
Jackson Manuel Botelho	John Andrei Lugtu	Elijah Ezekiel Ramos
Cassandra Caunan	Quinn Carolyn Mahoney	George William Rice
Saoirse Connolly	Isabella Dorian Marilyn Mitchelmore	Elijah Miguel Santos
Anna Lynn Dorothy Cooke	Oliver Gregory Moscaluk	Mary Alexie Soliano
Robert John Ferguson	Natalie Marie Noble	Sophia Celeste Tabbal
Brooklyn Michaela Gamache	Ryland James Noble	Elizier Tubig
Kathryn Grace Gamache	Lincoln Michael O'Neil	Elnathan-Jairus Umali Valois
Phoenix Jeremy Herritt	Gillian Hazel O'Rourke	Camila Isabel Vásquez Piña



## Parish Life at OLPH



**Want to Become More Engaged at Mass?** This is your invitation to Volunteer! Reach out to the Leader for the specific Ministry that interests you about Training:

**Adult Servers:** Peter Kamstra ([onetoughcatholic@yahoo.ca](mailto:onetoughcatholic@yahoo.ca))

**Audio/Visual Soundbooth:** Bob Gerow ([saferrbmcanada@live.com](mailto:saferrbmcanada@live.com))

**Ushers:** David Schmidt & Don Snider ([dcwdetml@gmail.com](mailto:dcwdetml@gmail.com)) & ([donretired15@gmail.com](mailto:donretired15@gmail.com))

**Altar Servers (Children):** Amanda Gaudet & Christina Stockdale ([amanda.gaudet15@gmail.com](mailto:amanda.gaudet15@gmail.com)) & ([christina.stockdale@me.com](mailto:christina.stockdale@me.com))

**Proclaimers, Greeters and Cleaners:** Michelle Rose ([michelle.rose@shaw.ca](mailto:michelle.rose@shaw.ca))

**Musicians:** Sharon Darbyshire ([sharon\\_darbyshire@shaw.ca](mailto:sharon_darbyshire@shaw.ca))

**Eucharist Ministers:** Sue Szojka ([sue.szojka@shaw.ca](mailto:sue.szojka@shaw.ca))

**Ministry volunteers please sign up for your Mass IN ADVANCE using the SignUp Genius link at [www.olph.ca](http://www.olph.ca) OR call the Parish Office 780-467-5470**



**Congratulations on the birth of your child!** Baptism Preparation Class can be taken before or after the birth of your baby. Both Mother and Father must attend, and Godparents are also encouraged to attend. **Classes are held the 2nd Tuesday every month at 7:00 pm. Next Class: April 11. \* Additional Catechesis provided for children 7 and older to be Baptized.**

**Baptism Celebrations** are held at OLPH the 3rd and 4th Sundays every month at 2:30 pm. (except during Lent)

To register for Preparation Class OR to schedule your child's Baptism celebration please email Jenny at [info@olph.ca](mailto:info@olph.ca)



### Engaged? Congratulations!

Contact Angie at [ADeWolfe@olph.ca](mailto:ADeWolfe@olph.ca) to schedule your **Pre-Nuptial Meet & Greet** with Father Jim and find a Marriage Preparation Course.

**OPEN Sunday Mornings following the 8:30 am and 10:30 am Masses.**



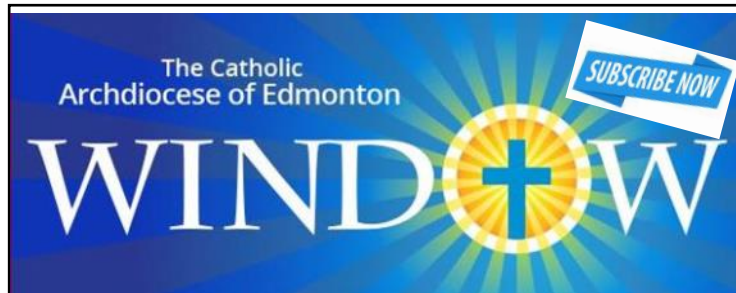
## Learning Our Faith



**Check out the Archdiocese of Edmonton's weekly PODCAST featuring Archbishop Richard Smith**, where we seek to bridge the gap between the hierarchy and the faithful by discussing *the*

*beauty, truth, and challenges of our Catholic faith.*

**Listen** on our website <https://caedm.ca/upfront/> or **subscribe** on Apple Podcasts, Spotify, or wherever you listen to podcasts!



The WINDO W is the weekly electronic bulletin of the Catholic Archdiocese of Edmonton. WINDO W is the single source of news and events from parishes all across the Archdiocese – a window into our local Catholic community!

Subscribing is easy. **Just go to <https://caedm.ca/window/> and follow the instructions.** You may unsubscribe at any time by using the link found at the bottom of each WINDO W email.

This newsletter combines the best of the old *Quid Novum* and *Grandin Media* email newsletters, and the previous *Western Catholic Reporter*.

## FORMED

### The Catholic Faith. On Demand.

Pulling together the best in Catholic movies, children's programming, audio dramas and books, [Formed.org](http://Formed.org) provides a trusted and engaging entertainment alternative in support of a Catholic lifestyle.


Bible studies, sacramental prep materials, documentaries, books and audio talks from leading Catholic experts will help you grow in understanding your faith.


**All parishioners can log in to create a FREE account on the subscription paid for by OLPH Parish!**

Go to <https://formed.org/signup> and type in "Sherwood Park" then select Our Lady of Perpetual Help from the list.

**Watch, listen, read and learn.**

**Anywhere, anytime.**

 Mobile ~ Enabling content on the go with offline playback on your mobile phone or tablet. Supporting iOS and Android devices.

 Connected Devices ~ Providing faith-filled, engaging content direct to your living room with Roku, Apple TV, & Chromecast among others.



# The Five Precepts of the Church

*“The precepts of the Church are set in the context of a moral life bound to, and nourished by liturgical life. The obligatory character of these positive laws, decreed by the pastoral authorities, is meant to guarantee to the faithful the very necessary minimum, in the spirit of prayer and moral effort, in the growth in love of God and neighbour, (CCC 2041).”*

The five precepts of the Church are not part of the Ten Commandments per say, but they are strongly recommended (obligatory) by the magisterium of the Church, in order for us to live a good moral, Christ-centered life. So, what is a precept? *“A commandment or direction given as a rule of action or conduct. An injunction as to moral conduct.”*

Why the comment on the precepts of the Church you may ask? Yes, we were going to speak about almsgiving, the third pillar of Lent, this week. It turns out that almsgiving is the fifth precept of the Church. So, lets start there. The five precepts follow:

**You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor.**

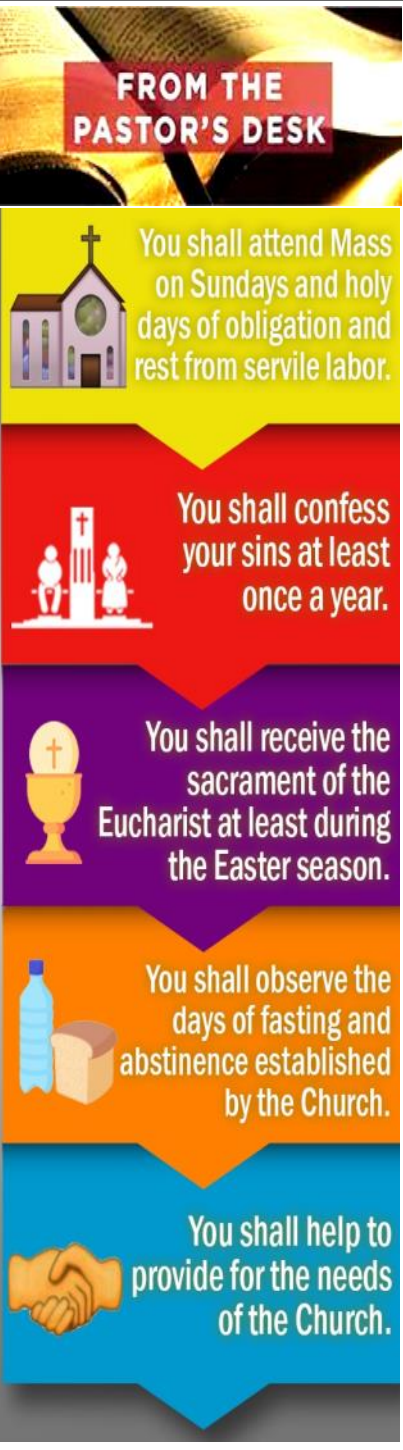
**You shall confess your sins at least once a year.**

**You shall receive the sacrament of the Eucharist at least during the Easter season.**

**You shall observe the days of fasting and abstinence established by the Church.**

**You shall help to provide for the needs of the Church.**

What is the purpose of the precepts of the Church and how binding are they? (346 Youth Catechism) The “Five Precepts of the Church” with their minimum requirements are supposed to remind us that **“one cannot be a Christian**



**without making a moral effort, without participating personally in the sacramental life of the Church, and without union with her in solidarity.** They are obligatory for every Catholic Christian (CCC 2041-2046).”

Simply my friends, the precepts of the Church exist to guide us in the way of living a good, Catholic, moral life. Do you ever ask yourself, *am I doing enough in my faith walk?* Or even, *what should I be doing in my faith walk? Where do I start?* The five precepts are a wonderful way to focus on what you are doing. We have presented the precepts in a formalized way in the paragraph above but you could encapsulate these precepts in a single sentence: “Go to Church on Sundays, confess at least once a year, receive the Eucharist at Easter, follow the two days of fast and abstinence (Ash Wednesday and Good Friday), support your local Church with your resources.”

The previous statement is likely not a proper sentence. However, my purpose is to show us that though there seems to be quite a list of “to dos,” these are the very basics, and you are probably doing them instinctively already. At the end of the day, we all desire to live good moral lives. This is how God made us, and so it is an innate part of who we are. To be clear, the five precepts of the Church are not the Ten Commandments. The Ten Commandments are exactly that, commandments. The first precept however, does fall very much in line with commandment number three, to **“keep the Lord’s day holy.”**

If you are reading this, it is because you have a desire to walk the walk of faith, and to grow in your relationship with the Lord. The more we can learn about our faith, the better equipped we are to live our faith in an orthodox and fruitful manner. I am not someone who wants to come across as a “rules kind of guy.” However, as in any game or activity that we participate in, it is pivotal to know the rules of engagement, if we desire to have any degree of success.

In the society we live, and even among our own Catholics, one of the biggest challenges we face as good Catholic people is this: Often enough, we don’t know what we don’t know. Every little bit helps in that department, because this Catholic walk we are walking together, is really for all the marbles. We want to walk it as well as we are capable of walking it. The good news is that our Lord loves us, and His sincere desire is that we all make it to the finish line happy, healthy and holy. Next week we will elaborate more on almsgiving, the third pillar of Lent.

Blessings, *Fr. Jim*





A humble and heartfelt **THANK YOU** to everyone who has continued to support the financial needs of our parish with **(PAD) Pre-Authorized Debit** or by bringing your **Sunday Giving Envelopes** to the church. OLPH is also set up to accept donations via **INTERAC E-TRANSFER at:**



[OLPH.etransfer@caedm.ca](mailto:OLPH.etransfer@caedm.ca)

Please include your Envelope # OR address and any special instructions in the Message Box for the e-transfer, to ensure your donation is properly recorded for your annual tax receipt.



**March 27 - April 1**

**Monday** ~ Cheryl Robb†, Clovis Dantas†, Clifford Fidler†, Raymond Salé†, Marguerite Caspar†, Nicole Nelson†, Maricel Lising, Robert Vallee, Egon Liersch, Edward Bosko, Renson Family

**Tuesday** ~ Mark Gramlich†, Leo Diederichs†, Raymond Salé†, Valerie Johnson†, Chase Evan Gourlay†, Clovis Dantas†, Marvin & Gail Weleschuk & family, Uduak Akpan

**Wednesday** ~ Adie Lanto†, Ann Czieslik†, Annette & Pierre Labb†, Clovis Dantas†, Robert Baker, Dan Malone, Robert Beaulieu, James Partridge, Basilian Sisters of Athens, Fr. Athanasius McVay

**Thursday** ~ Gina Persi†, Raymond Salé†, Clovis Dantas†, Henry Klein, Helena Boos, Rodney Fleck, Pana Wright, Marvin & Gail Weleschuk & family, Nicole Redmond, Jamie Redmond

**Friday** ~ Marie Yakimoff†, Clovis Dantas†, Bryce Clarke†, Ann Czielski†, Steve Weimann†, James Partridge, Daniel Lennox, Fern Adams, Carla Lemaire, Toni Siracky

**Saturday** ~ Terry Rogucki†, Clovis Dantas†, Diane Balatcka, Mickey Sillers, Dominic Spindler



Condolences to Maria Santos & family, her husband **Joaquim “Jack” Santos** passed away March 17. Funeral will be at OLPH on Monday March 27 at 2:00 pm.

**Your OLPH Parish Team**

**Pastor ~ Fr. Jim Corrigan**  
[jcorrigan@olph.ca](mailto:jcorrigan@olph.ca)

**Associate Pastor**  
**Fr. Vince Anthony Samy, SDB**  
[frvince@olph.ca](mailto:frvince@olph.ca)

**Permanent Deacon**  
**Deacon Lynn Pion** [lpion@olph.ca](mailto:lpion@olph.ca)

**Business Coordinator**  
Arden Playford [aplayford@olph.ca](mailto:aplayford@olph.ca)

**Pastoral Assistant**  
Natalie Lavigne [nlavigne@olph.ca](mailto:nlavigne@olph.ca)

**Administrative Assistant**  
Jenny Velazco [jvelazco@olph.ca](mailto:jvelazco@olph.ca)

**Administrative Assistant**  
Angie DeWolfe [adewolfe@olph.ca](mailto:adewolfe@olph.ca)

**Youth Ministry**  
Tricia Murphy [tmurphy@olph.ca](mailto:tmurphy@olph.ca)

**Volunteer Management**  
[vmteam@olph.ca](mailto:vmteam@olph.ca)

**Other General Inquiries:**  
[info@olph.ca](mailto:info@olph.ca)

**Parish Office 780-467-5470**

**Website:** [www.olph.ca](http://www.olph.ca)

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**Archdiocese of Edmonton**  
**Website:** [www.caedm.ca](http://www.caedm.ca)

**In Event of an Emergency,**  
**Contact Fr. Jim at**  
**780-470-2730 (call or text)**

**TOFIELD CORNER - St. Francis of Assisi Parish**



Fifth Sunday of Lent! Let us not live in fear to rise up to Christ’s call for us to live in the Spirit! There are so many ways we can do this right here in our own parish, our own home. Please check out the following:

1. Fund raising continues for the young adults from St. Francis of Assisi. They will be having an **Easter Sunday BAKE SALE** on April 9. We continue to help them raise funds so they can attend the World Youth Day Celebrations in Portugal in August. Thank you for your support! There are still some **Soups in a Bag** for sale - one for \$12, 2 for \$20.
2. **Stations of the Cross** continue through Lent. There will be soup served at 6:15 pm and Stations will start at 7:00 pm.
3. The **funds raised** from bottles and cans collected from our parishioners is now - **\$450!** These funds will help with different project around the church. Thank you so much. Victor continues to collect these donations and takes them into the bottle depot for us.
4. You may have noticed by now that we have been doing a bit of re-arranging in the lower area of the church. We have created a little **library** for anyone and everyone. So help yourselves! Just borrow a book if it catches your eye and bring it back when you are done. We are also accepting any religious books you may like to share with others!
5. If by chance anyone has a **long-low bookshelf** that they could donate for our library — that would be so nice. Just give Kathy a call at 780-270-8652.
6. We would like to say a great big thank you to our **ministry volunteers!** Thank you to all the people who make our Sunday Mass possible. Thank you, thank you!

To post in the ‘Tofield Corner’ contact Kathy by email [Kathleen.Anderson.one@gmail.com](mailto:Kathleen.Anderson.one@gmail.com) or phone 780-270-8652 or Weekly bulletin deadline is Wednesday.

“While you are proclaiming peace with your lips, be careful to have it even more fully in your heart.”  
**St. Francis of Assisi**

**OLPH Financial Report**

Week 12 March 19, 2023	Cost of Operating the Parish	Building Fund Target Amount	Together We Serve Target Amount
Average weekly amount required (based on 2021 budget)	\$24,838.00	\$2,480.00	\$2,310.00
Donations this week	\$20,755.90	\$2,309.10	\$1,697.40
This week surplus/shortfall	-\$4,082.10	-\$170.90	-\$514.60

- **Cost of operating the parish “average weekly amount” is based on total expenses projected in the 2021 budget.**
- Building fund target average weekly amount is based on total donations projected in 2021 budget.
- Together We Serve weekly amount is based an annual target which is set by the Archdiocese.
- Together We Serve Collection - *First Sunday of every Month - April 2*
- Society of St. Vincent De Paul Poor Box Collection - *Third Sunday of every Month - March 19*

**DEADLINE for Bulletin is Wednesdays at Noon. Email your announcements to Natalie at [nlavigne@olph.ca](mailto:nlavigne@olph.ca)**