

Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week
Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish

Weekday Mass

Mornings: Monday to Saturday 8:30 am

Evenings: Monday to Friday 6:15 pm

Sunday Mass

Saturday vigil 5:00 pm

Sunday 8:30 am, 10:30 am, 12:30 pm and 7:00 pm

Sunday Mass in Tofield: 11:00 am St. Francis of Assisi Parish

Sacrament of Reconciliation

Monday to Friday: *Immediately Following Morning and Evening Mass*

Saturday 9:30 am to 11:00 am

Adoration - Everyone Welcome, Always Open to All! ****Note Special Start Time for March**

First Friday of Every Month: March 3 from **2:00 pm** to 6:15 pm

Every Wednesday Holy Hour 5:15 pm prior to Evening Mass:



1st Wednesday hosted by Mary's Servants for Christ: March 1

2nd Wednesday hosted by Society of St. Vincent de Paul: March 8

3rd Wednesday hosted by CWL: March 15

4th Wednesday hosted by K of C: March 22



For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, all Masses and Adoration will continue to be livestreamed from our OLPH website www.olph.ca/video/ or at facebook.com/olphsherwoodpark/videos

WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.
(Must be a Telus Optik subscriber.)

LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.
Dial **888-OLPH-808** (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community

Sunday February 26, 2023 ~ First Sunday of Lent

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca



On Friday March 3, we welcome the Staff and Administration of Elk Island Catholic School Division to our parish for their annual **Faith and Wellness Day**. OLPH Parishioners are welcome to join EICS staff for the following activities taking place in the church:

8:00am - 8:15 am Rosary

8:30am - 9:30 am Holy Mass

9:30am - 10:15 am Keynote Part 1

10:30 am - 11:30 am Keynote Part 2

****Please note, FIRST FRIDAY ADORATION will begin at 2:00 pm through until evening Mass at 6:15pm**

*"Faith and Wellness Day is designed to nurture our souls. We come together as a faith community to receive support in our spiritual, social and physical wellbeing. Through prayer, reflection, bread breaking, laughter and activity - **Faith and Wellness Day** will fill our hearts and give us hope and energy."*

Keynote Speaker: Chief Cadmus Delorme



We are thrilled to be welcoming **Chief Cadmus Delorme** to EICS as our keynote speaker.

Chief Delorme is a passionate storyteller who will share his wisdom about the journey of

Truth and Reconciliation, the Indigenous World view and specifically what that means for us as educators who he sees as agents of hope.

Video Link: [Chief Cadmus Delorme; There is no Reconciliation without Truth](#)

VOLUNTEER for VACATION BIBLE CAMP ~ JULY 10 - 14



Our OLPH Summer Camp is run totally by volunteers.

Will you consider helping out this summer?

This is a week of fun and excitement for all!

All adults MUST have a police and intervention check and have attended the Called to Protect workshop.

To get involved contact Sharon sdarbyshire@olph.ca

A humble and heartfelt **THANK YOU** to everyone who has continued to support the financial needs of our parish with **(PAD) Pre-Authorized Debit** or by bringing your **Sunday Giving Envelopes** to the church. OLPH is also set up to accept donations via **INTERAC E-TRANSFER at:**



OLPH.etransfer@caedm.ca

Please include your Envelope # OR address and any special instructions in the Message Box for the e-transfer, to ensure your donation is properly recorded for your annual tax receipt.



Feb 27 - March 4

Monday ~ Vivian Broks†, Teresa Ferrari†, Maria Mollome†

Tuesday ~ Campbell Family†, Leo Diederichs†, Ron Fabbi†, Olga Hilash†, Vivian Broks†, Marvin & Gail Weleschuk & family, Yolla El Homaira, Leonardo Sebastian Jr.

Wednesday ~ Vivian Broks†, Jeanne Zupan†, Genevieve Groome†, Jeannette Paskewich, Sara Caddel, Gerry & Lorraine Dotto

Thursday ~ Joseph Sarjas†, Don Riley†, Ron Homulos†, Marvin & Gail Weleschuk & family, DeWolfe Family, Jeannette Paskewich

Friday ~ Bryce Clarke†, Jeanne Zupan†, Geraldine Whalen†, Olga Hilash†, Wayne Van Den Bruel†, Diane Balatcka


Saturday ~ Bemvindo Palha, Diane Balatcka



2023 Sunday Missals Still Available for Sale at the Parish Office \$5 Each

At OLPH, We Pray for One Another

Contact Doreen 780-467-0597 or Josie 780-467-0197 with your prayer requests. *You can also leave a note in the Prayer Box in the Foyer.*





OPEN on Sunday Mornings following the 8:30 am and 10:30 am Masses.

Your OLPH Parish Team

Pastor ~ Fr. Jim Corrigan
jcorrigan@olph.ca

Associate Pastor
Fr. Vince Antony Samy, SDB
frvince@olph.ca

Permanent Deacon
Deacon Lynn Pion lpion@olph.ca

Business Coordinator
Arden Playford aplayford@olph.ca

Pastoral Assistant
Natalie Lavigne nlavigne@olph.ca

Administrative Assistant
Jenny Velazco jvelazco@olph.ca

Administrative Assistant
Angie DeWolfe adewolfe@olph.ca

Youth Ministry
Tricia Murphy tmurphy@olph.ca

Volunteer Management
vmteam@olph.ca

Other General Inquiries:
info@olph.ca

Parish Office 780-467-5470

Website: www.olph.ca

Follow Us on Facebook:
facebook.com/olphsherwoodpark

Archdiocese of Edmonton
Website: www.caedm.ca

In Event of an Emergency,
Contact Fr. Jim at
780-470-2730 (call or text)




TOFIELD CORNER - St. Francis of Assisi Parish

First Sunday of Lent! *“When he calls on me, I will answer him”*. God is truly great to us. Let us work at coming closer to Him throughout the Lenten Season by:

1. Please join us when you can every Friday evening during Lent for **Stations of the Cross** here at St. Francis of Assisi at 7:00 pm.
 2. The youth of our parish continue to sell soup bags to raise funds for their trip to the **World Youth Day Celebration in Portugal** this August. \$10 - one bag, \$20 - two bags.
 3. **Coffee and treats after Sunday Mass.** Our Sundays continue to be days of celebration even during Lent - So join in for chats and snacks after Mass!
 4. We continue to do work on the lower areas of our church. Please bear with us as we work to complete this project. Thank you!
- * If there is anything one would like posted in our ‘Tofield Corner’ of the OLPH bulletin - that is connected to our St. Francis of Assisi parish - please connect with Kathy 780-270-8652 or email Kathleen.Anderson.one@gmail.com by Wednesday for entry into the following Sunday bulletin. Thank you!*

OLPH Financial Report



REMINDER:
Special Collection Next Weekend Sunday March 5

Week 8 February 19, 2023	Cost of Operating the Parish	Building Fund Target Amount	Together We Serve Target Amount
Average weekly amount required (based on 2021 budget)	\$24,838.00	\$2,480.00	\$2,310.00
Donations this week	\$19,140.50	\$2,297.00	\$1,276.75
This week surplus/shortfall	-\$5,697.50	-\$183.00	-\$935.25

- Cost of operating the parish “average weekly amount” is based on total expenses projected in the 2021 budget.
- Building fund target average weekly amount is based on total donations projected in 2021 budget.
- Together We Serve weekly amount is based an annual target which is set by the Archdiocese.
- Together We Serve Collection - *First Sunday of every Month - March 5*
- Society of St. Vincent De Paul Poor Box Collection - *Third Sunday of every Month - March 19*

DEADLINE for Bulletin is Wednesdays at Noon. Email your announcements to Natalie at nlavigne@olph.ca

What's Happening at OLPH



Join us every **FRIDAY** during Lent, for Mass at 6:15 pm followed by **STATIONS OF THE CROSS** led by groups from our parish.

Friday March 3 ~ *Altar Servers*
 Friday March 10 ~ *Mary's Servants for Christ*
 Friday March 17 ~ *OLPH Parish Team*
 Friday March 24 ~ *Catholic Women's League*
 Friday March 31 ~ *ALPHA Team*

PARISH COMMUNITY WELCOME

Monday March 13
 5:00 - 7:30 pm
 in the OLPH Parish Hall

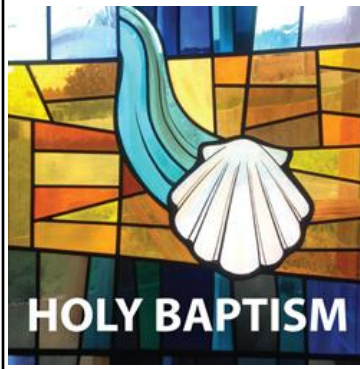
CWL HOSTING SUPPER & SOCIAL FOR L'ARCHE COMMUNITY

Main Course, Buns & Beverages
 Supplied. Please bring a SALAD
 to share.



Congratulations & Welcome to the Children BAPTIZED at OLPH on Sunday February 19

Athena Olie Cayetano Leonardo
 Torvi-Arya Pasuquin Callaghan
 Dexter Owen Ballard
 Juan Pablo Castellanos Alarcon



HOLY BAPTISM



PLEASE GIVE GENEROUSLY!
 devp.org | 1-888-234-8533

Share
 Lent 2023



Development
 and Peace
 CARITAS CANADA

What's Happening at OLPH



33 Days to Merciful Love

A Consecration to
 Divine Mercy

Join us for a Divine Mercy Retreat
 and prepare for Divine Mercy Sunday,
 April 16, 2023.

This Lent we bring you Fr. Michael
 Gaitley's 6-week group retreat where
 we will journey with St. Therese of
 Lisieux for an offering to the Divine
 Mercy of Jesus. Weekly teachings on
 the devotion of Divine Mercy will
 also be given. Activities include
 readings, reflections, videos, and
 group discussions.

Presented by:
 Our Lady of Perpetual Help
 Parish, Sherwood Park



Wednesdays | March 1 to April 5

6:45-8:30 pm – Online via Zoom
 (space is limited)

OR

Thursdays | March 2 to April 6

9:30-11:15 am

In person at OLPH Parish

To register, contact Michelle
 at michellefoisy@shaw.ca or
 call/text 780-886-1338.



We are looking for 1
 or 2 volunteers to
**WASH, DRY AND
 IRON the Altar**

Server Albs three times a year
 (April, August, December). The albs
 will need to be picked up on Mon-
 day morning and returned prior to
 Saturday evening Mass (ideally Fri-
 day morning).

Please email Amanda

amanda.gaudet15@gmail.com or
 Christina christina.stockdale@me.com
 for more information and to schedule
 the first cleaning.



Prayer of Condolence

Condolences to Ted & Janet
 Paszek and family, Ted's
 sister, **Lucie Falconer** died
 February 22 in Edmonton.

To the Frost family. **John
 Frost** passed away on Febru-
 ary 13 in Vancouver B.C.
 Funeral will be at OLPH on
 Friday March 3 at 12:30 pm.

Funeral for **Peter Klepar-
 chuk** has been rescheduled
 for Saturday March 4 at 11:00
 am here at OLPH.

FORGIVEN™

THE TRANSFORMING POWER OF CONFESSION

Saturday, March 4

12:30 - 4:00

Live online via Zoom

Are you ready to grow in your relationship with Jesus? Then it's
 time to be forgiven! **FORGIVEN** is a half-day workshop on the
 Sacrament of Reconciliation. Whether you go to Confession
 regularly or haven't gone for decades, this workshop will answer
 your questions and guide you step-by-step through the deeper
 meaning of every aspect of the Rite – what it is, why we do it,
 and how it impacts your life.



Our Lady of Perpetual Help Parish, Sherwood Park

To register, contact Alana at alaperle@telus.net
 or call/text 780-446-9009

Please join us for our HEALING & HOPE MASS

Tuesday March 14 at 7:00 pm

For families and friends suffering the loss of loved ones from suicide, assisted
 suicide, drug overdose and death under traumatic circumstances.

"With a profound sigh... Jesus wept." ...

and the Jews said, "See how much he loved him."

(John 11:34-37 The New Jerusalem Bible - 1885 Doubleday)



Father Jim's Message



Ash Wednesday and Beyond...

A question came to my mind at the 7:00 pm evening Mass on Ash Wednesday - one of the four packed parish Masses, as well as our three school gymnasium packed school Masses. **Why do so many people attend Ash Wednesday celebrations?** January 1st, the Feast of Mary the Mother of God is a Holy Day of obligation and we do not get crowds like we do on Ash Wednesday. Easter is the High point of the Church's Liturgical year. Easter is what Ash Wednesday and Lent build up to. Yet Ash Wednesday brings many, many people to worship. Why? I believe it came to me as we prayed the psalm that evening. **"Have mercy O Lord, for we have sinned."** At the core of our Catholic Christianity, we know that we all fall short of what our God has created us to be. I believe this is the reason so many Christians attend Ash Wednesday celebrations. We know, and trust that our God created us in His image and likeness. We are created good, there is no question about this. In His image and likeness, no less.

That is the paradox and the rub of our created goodness. We know we are created good yet in our hearts we know that we are sinners. That we all fall short of the goodness that we are all called to. This is evidenced to me in the lives of the saints, the holy men and women that the Church holds up as examples of sanctity for us to aspire to. Holy as these women and men were, they almost categorically saw themselves as great sinners. So the paradox is that the more we grow in holiness, the more we come to see the great chasm of distance between who we are, and who God is. Of course the more we come to know of God, the more we want to know of God. The rub, is that as holy as we might ever become, or aspire to be, our human frailty, our sinfulness, becomes so much more apparent to us. I suppose because the contrast between good and bad becomes so much more evident to us. All this to say, that Ash Wednesday is a day that levels the playing field for all Christians, clergy and laity alike. I am sure our Holy Father Pope Francis ensured that he had the cross of palm ashes marked on his forehead, just like any one of us who are feeling very insecure about our lack of holiness.

Repent and be Faithful to the Gospel. Many of us heard these words spoken as we received the cross of ashes on our foreheads. Our Lord gave us two commands that we need to adhere to. Love God and love one another. Flows easily from our mouths, but it is a little easier said than done. To love God and love one another, we need to know that we are loved. Again, easier said than done. Intellectually we know that we are loved by our God, who created us out of His love for us. In any relationship that is important to us, we at times encounter struggle and fall short of living that loving relationship. It is no different in our relationship with Jesus. It is the forgiveness and reconciliation that assists us in really valuing the important relationships in our lives. Knowing that we are not perfect, but that we are loved despite our failings.

Father Jim's Message

When we have the cross of ashes marked on our foreheads, we hear the words, **repent and be faithful to the Gospel.** What we are really hearing is this: Jesus saying to each of us, **I love you, I forgive you. May this cross always be a reminder of what I have done for you. I accepted my passion and death so that you may have life, eternal life.**

My friends, salvation came to us through the cross and resurrection of Jesus Christ. These next forty days are an opportunity for you and me to reflect, discern and act on how we can express our gratitude to our God. Love God and love your neighbor. Lent is the opportunity we have been given to grow in these two most beautiful, challenging virtues. Happy Lent.

Blessings, Fr. Jim

Friendly Reminders

2022 Income Tax Receipts Have Been Mailed



Please Pick Up Your 2023 SUNDAY GIVING ENVELOPES in the Parish Foyer! *If you would like your envelopes MAILED to you, please call the office 780-467-5470. **Please recycle last year's envelopes, they must no longer be used.** Thank you for your ongoing support of the financial needs of our parish home.

REMINDING ALL OLPH PARISHIONERS: Please be careful of **vague and random emails** (like this one) claiming to be from Fr. Jim, or now Fr. Vince. No parish priest will ever email asking you for favours, money or gifts! **Please take time to read this warning page from the Government of Canada to help protect yourself from scams:** <https://cyber.gc.ca/en/guidance/dont-take-bait-recognize-and-avoid-phishing-attacks>



Peace Be Unto You

FV Father Vincent Antony Samy <pastorist98@gmail.com>
To: Natalie Lavigne

FAKE

Hi, how are you doing?

Are you available? I need a favour from you. email me as soon as you get this message.

God bless,
Fr. Vince