

**Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week**  
***Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish***

### Weekday Mass

*Mornings:* Monday to Saturday 8:30 am

*Evenings:* Monday to Friday 6:15 pm

### Sunday Mass

Saturday vigil 5:00 pm

Sunday 8:30 am, 10:30 am, 12:30 pm and 7:00 pm

*Sunday Mass in Tofield:* 11:00 am St. Francis of Assisi Parish

### Sacrament of Reconciliation

Monday to Friday: *Immediately Following Morning and Evening Mass*

Saturday 9:30 am to 11:00 am

**Adoration - Everyone Welcome, Always Open to All!**  *\*Note Special Start Time Next Month*

First Friday of Every Month: March 3 from **12 Noon** to 6:15 pm

Every Wednesday Holy Hour 5:15 pm prior to Evening Mass:

*1st Wednesday hosted by Mary's Servants for Christ: March 1*

*2nd Wednesday hosted by Society of St. Vincent de Paul: March 8*

*3rd Wednesday hosted by CWL: March 15*

*4th Wednesday hosted by K of C: March 22 (\*No Holy Hour on Ash Wednesday February 22)*



*For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, **all Masses and Adoration will continue to be livestreamed** from our OLPH website [www.olph.ca/video/](http://www.olph.ca/video/) or at [facebook.com/olphsherwoodpark/videos](https://facebook.com/olphsherwoodpark/videos)*



**WATCH** the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.  
(Must be a Telus Optik subscriber.)



**LISTEN** to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.  
Dial **888-OLPH-808** (888-657-4808) and then follow the simple instructions.



*Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community*

**Sunday February 19, 2023 ~ Seventh Sunday in Ordinary Time**

*We Remember, We Celebrate, We Believe*

**13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 [www.olph.ca](http://www.olph.ca)**

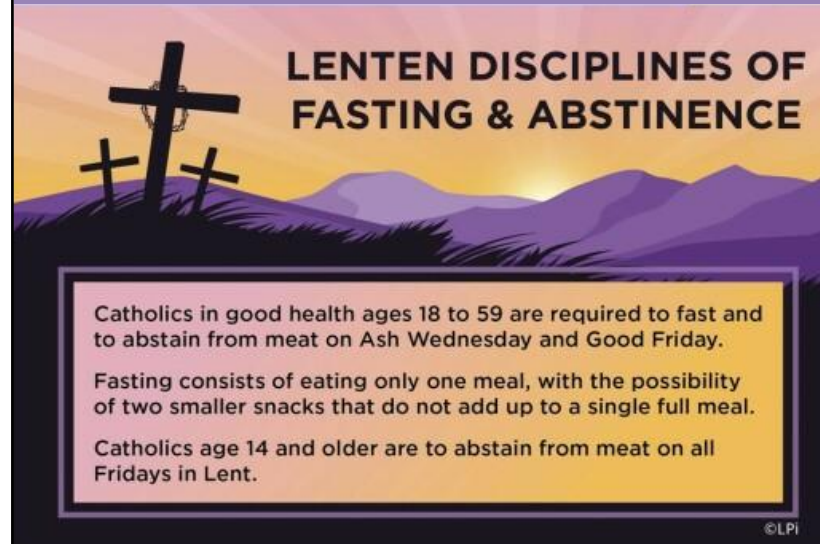


### FEBRUARY 22 MASS TIMES:

**Morning Mass 8:30 am**

**EICS School Masses at 10:00 am and 1:00 pm**

**Evening Mass 7:00 pm (\*\*NO 6:15 pm Mass)**



**Monday, February 20  
7:00 pm**

**in the Church Nave**

All OLPH Parishioners are invited to attend a Town Hall Meeting where we will present more information about this exciting **Affordable Seniors Living Project** being proposed for the North West corner of the church property.

We will have representatives from the Developer's Team as well as the **Alberta Knights of Columbus Affordable Seniors Housing Society**, that is proposing to operate the facility once completed.

This will be your opportunity to see what is being proposed, ask questions, and express your interest.



***Knights of Columbus PANCAKE BREAKFAST***

**TODAY following the 8:30 and 10:30 am Masses**

A humble and heartfelt **THANK YOU** to everyone who has continued to support the financial needs of our parish with **(PAD) Pre-Authorized Debit** or by bringing your **Sunday Giving Envelopes** to the church. OLPH is also set up to accept donations via **INTERAC E-TRANSFER** at:



[OLPH.etransfer@caedm.ca](mailto:OLPH.etransfer@caedm.ca)

Please include your Envelope # OR address and any special instructions in the Message Box for the e-transfer, to ensure your donation is properly recorded for your annual tax receipt.



**February 20 - 25**

**Monday** ~ Lacerda Palha†, Clarito Arradaza†, Rondall Brian Platz†, Dave Matthew Tabas†, Andre Gauthier†, Flotrentina Absalon†, Norily Jardeleza, Sheila Fisher

**Tuesday** ~ Christopher Guay†, Francis Pereira†, Mervyn Lynch†, Mark Gramlich†, Holy Souls in Purgatory†, Marvin & Gail Weleschuk & family, Betty-Lou Lawrence, Nina Hordienko

**Wednesday** ~ Fr. Don Stein†, Sr. Rose Neilson†, Kevin & Judy McKinney†, Fr. Leo Floyd†, Genevieve Groome†, Jeanne Zupan†, Fernanda Montis†, Lois Schatz†, Ray Sale, Diana Jardeleza

**Thursday** ~ Terry Rogucki†, Blaise O'Halloran†, Marvin & Gail Weleschuk & family, Jenny Velazco

**Friday** ~ Bryce Clarke†, Ken Heykants†, Steve Weimann†, Wade Kryba†, Genevieve Groome†, Raymond Hamel†, Ray Sale, Karen Devaux, Franklin & Martha D'Mello

**Saturday** ~ Chase Evan Gourlay†, Carmelita Supe†, Jardeleza family, Rose DeWolfe, Alana LaPerle



**At OLPH, We Pray for One Another**  
Contact Doreen 780-467-0597 or Josie 780-467-0197 with your prayer requests.  
**You can also leave a note in the Prayer Box in the Foyer.**

**Your OLPH Parish Team**

**Pastor ~ Fr. Jim Corrigan**  
[jcorrigan@olph.ca](mailto:jcorrigan@olph.ca)

**Associate Pastor**  
**Fr. Vince Antony Samy, SDB**  
[frvince@olph.ca](mailto:frvince@olph.ca)

**Permanent Deacon**  
**Deacon Lynn Pion** [lpion@olph.ca](mailto:lpion@olph.ca)

**Business Coordinator**  
Arden Playford [aplayford@olph.ca](mailto:aplayford@olph.ca)

**Pastoral Assistant**  
Natalie Lavigne [nlavigne@olph.ca](mailto:nlavigne@olph.ca)

**Administrative Assistant**  
Jenny Velazco [jvelazco@olph.ca](mailto:jvelazco@olph.ca)

**Administrative Assistant**  
Angie DeWolfe [adewolfe@olph.ca](mailto:adewolfe@olph.ca)

**Youth Ministry**  
Tricia Murphy [tmurphy@olph.ca](mailto:tmurphy@olph.ca)

**Volunteer Management**  
[vmteam@olph.ca](mailto:vmteam@olph.ca)

**Other General Inquiries:**  
[info@olph.ca](mailto:info@olph.ca)

**Parish Office 780-467-5470**

**Website:** [www.olph.ca](http://www.olph.ca)

**Follow Us on Facebook:**  
[facebook.com/olphsherwoodpark](https://facebook.com/olphsherwoodpark)

**Archdiocese of Edmonton**  
**Website:** [www.caedm.ca](http://www.caedm.ca)

**In Event of an Emergency,**  
**Contact Fr. Jim at**  
**780-470-2730 (call or text)**



**TOFIELD CORNER - St. Francis of Assisi Parish**

*Seventh Sunday of Ordinary Time* - we are carrying out, in both word and deed, what God calls us to do. Our Parish is truly blessed. Here is the latest:

1. **Bake Sale** — big success!! Thank you to everyone who participated! Thank you to the bakers, the buyers and to the people who donated! Wow. **\$180** was raised at just one little bake sale. The youth group are so appreciative! We are so blessed to have such a wonderful community at St. Francis of Assisi Parish.

2. New lighting, painting and organizing has taken place over the last week at the church. A **huge thank you** to everyone who helped out. There are just too many people to name. We are growing together, revitalizing our parish space. Thank you!



3. Ok! Lent is closing in! Next week is Ash Wednesday. (At Mass this Sunday Father will talk about distribution of ashes.) Starting on the first Friday of Lent, February 24 at 7:00 pm and **every Friday during Lent**, we will be having the **Stations of the Cross and Adoration** at St. Francis of Assisi. **Please join us whenever you can.**

*\* If there is anything one would like posted in our 'Tofield Corner' of the OLPH bulletin - that is connected to our St. Francis of Assisi parish - please connect with Kathy 780-270-8652 or email [Kathleen.Anderson.one@gmail.com](mailto:Kathleen.Anderson.one@gmail.com) by Wednesday for entry into the following Sunday bulletin. Thank you!*

**OLPH Financial Report**

Week 7 February 12, 2023	Cost of Operating the Parish	Building Fund Target Amount	Together We Serve Target Amount
Average weekly amount required (based on 2021 budget)	\$24,838.00	\$2,480.00	\$2,310.00
Donations this week	\$21,167.50	\$2,314.50	\$1,554.25
This week surplus/shortfall	-\$3,670.50	-\$165.50	-\$755.75

- Cost of operating the parish average weekly amount is based on total expenses projected in 2021 budget.
- Building fund target average weekly amount is based on total donations projected in 2021 budget.
- Together We Serve weekly amount is based an annual target which is set by the Archdiocese.
- Together We Serve Collection - *First Sunday of every Month*
- Society of St. Vincent De Paul Poor Box Collection - *Third Sunday of every Month*

**DEADLINE for Bulletin is Wednesdays at Noon. Email your announcements to Natalie at [nlavigne@olph.ca](mailto:nlavigne@olph.ca)**



# OUR LADY OF VICTORY CAMP ON GULL LAKE



BACK FOR  
2023!

SATURDAY, JULY 8  
GRAND RE-OPENING BBQ  
(ALL ARE WELCOME)

JULY 9-13  
HIGH SCHOOL CAMP  
(GRADES 10-12)

JULY 16-20  
ELEMENTARY CAMP  
(GRADES 4-6)

JULY 30-AUGUST 3  
JUNIOR HIGH CAMP  
(GRADES 7-9)

AUGUST 6-10  
ALL AGES CAMP  
(GRADES 4-9)



OLVCAMP.COM | 587.447.2837

OLVC

ENCOUNTER CHRIST, ENCOUNTER COMMUNITY, ENCOUNTER CREATION

## What's Happening at OLPH

### Family Day

The Parish Office will be  
**CLOSED** on **Monday February 20**, but daily Masses  
will be celebrated as usual  
at **8:30 am and 6:15 pm.**

### Poor Box Collection THIS WEEKEND

Saint Vincent de Paul

WITH PRAYERS  
& DEEPEST  
*Sympathy*

Funeral for **Jeanne Zupan** will be held at  
OLPH on Monday February 20 at 10:30 am.  
Condolences to Leo Broks and family, Leo's  
wife **Vivian Broks** passed away February 15  
in Edmonton. Her funeral will be held at OLPH on Tues-  
day February 21 at 10:30 am

## FORGIVEN™

THE TRANSFORMING POWER OF CONFESSION

**Saturday, March 4**

**12:30 - 4:00**

**Live online via Zoom**

Are you ready to grow in your relationship with Jesus? Then it's time to be forgiven! **FORGIVEN** is a half-day workshop on the Sacrament of Reconciliation. Whether you go to Confession regularly or haven't gone for decades, this workshop will answer your questions and guide you step-by-step through the deeper meaning of every aspect of the Rite – what it is, why we do it, and how it impacts your life.



Our Lady of Perpetual Help Parish, Sherwood Park

To register, contact Alana at [alaperle@telus.net](mailto:alaperle@telus.net)  
or call/text 780-446-9009

### Membership Drive this weekend!



**BECOME A  
KNIGHT**

The **Knights of Columbus** is an International Order of Catholic Men (18 and older) who are called to **lead with faith, protect our families, serve others and defend values in a busy changing world.**

Whether you become an individual e-member online ([www.kofc.org](http://www.kofc.org)) or join our local council #6083 here at OLPH Parish, you will find that Knights of Columbus membership **brings Catholic men together in a powerful way.**

Our OLPH Knights of Columbus will be holding a membership drive this weekend. To learn more please speak to one of our members in the foyer after any Mass or call Daryl Boyden at 780-467-9222.



## Our Lenten Journey

Join us every **FRIDAY** during Lent, for Mass at 6:15 pm followed by **STATIONS OF THE CROSS** led by groups from our parish.

Friday February 24 ~ *Knights of Columbus*

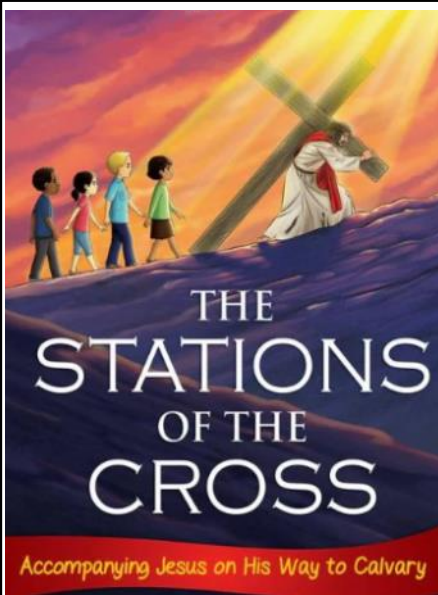
Friday March 3 ~ *Altar Servers*

Friday March 10 ~ *Mary's Servants for Christ*

Friday March 17 ~ *OLPH Parish Team*

Friday March 24 ~ *Catholic Women's League*

Friday March 31 ~ *ALPHA Team*



COMING SOON

## Parish Lenten Mission 2023

~ details will be in a future bulletin ~

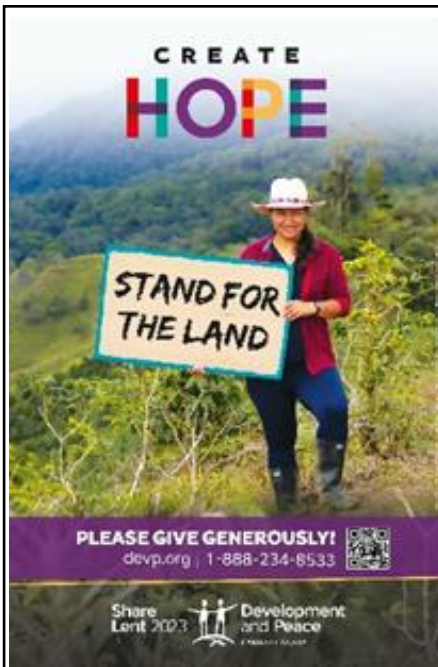
## This Lent, let's stand for the land

This year, Development and Peace — Caritas Canada's *Create Hope: Stand for the Land* campaign calls you to support our sisters and brothers in the Global South in defending their land and territory. Do this by:

**Donating** online at [devp.org/give](https://devp.org/give) or during the Solidarity Sunday collection on March 26, the fifth Sunday of Lent. Your generosity helps support over 86 projects in 40 countries around the world!

**Learning more** by reading the Mini-magazine and other resources available at [devp.org/lent/resources](https://devp.org/lent/resources).

Meet our solidarity visitors and **participate in the campaign launch webinar** on **February 25 at 1:30 p.m. ET**. For more information, contact Julia Hamlyn at 780-410-1690 or [julia.hamlyn@gmail.com](mailto:julia.hamlyn@gmail.com).



## What's Happening at OLPH



## 33 Days to Merciful Love

A Consecration to Divine Mercy

Join us for a Divine Mercy Retreat and prepare for Divine Mercy Sunday, April 16, 2023.

This Lent we bring you Fr. Michael Gaitley's 6-week group retreat where we will journey with St. Therese of Lisieux for an offering to the Divine Mercy of Jesus. Weekly teachings on the devotion of Divine Mercy will also be given. Activities include readings, reflections, videos, and group discussions.

Presented by:

Our Lady of Perpetual Help Parish, Sherwood Park



**Wednesdays | March 1 to April 5**

6:45-8:30 pm — Online via Zoom (space is limited)

OR

**Thursdays | March 2 to April 6**

9:30-11:15 am

In person at OLPH Parish

To register, contact Michelle at [michellefoisy@shaw.ca](mailto:michellefoisy@shaw.ca) or call/text 780-886-1338.

## Igniting your Optimism!

It can be tempting to lose your optimism and aspirations in our chaotic and divisive world and for that very reason, **we've invited Catholic author and biblical scholar, Jeff Cavins, to the JETS session this Friday, February 24.** Would you care to join us?

Arriving at Gate OLPH Parish at 9:45 am via Podcast. Jeff will offer us 10 practical ways to refuel our optimism and keep our gaze fixed on Jesus. Listen to this Catholic treasure who created the *Great Adventure Timeline Bible Study* (some of you have already participated in this study here at our parish) and has weekly podcasts on *The Jeff Cavins Show*. Please arrive in the Large Meeting Room at 9:30 am to settle into your business-class seat and complimentary in-flight snacks will be offered. Engaging discussion will follow the talk. For further information, please contact one of the flight captains for the day: Natalie at [nengler0@gmail.com](mailto:nengler0@gmail.com) or Nancy at (780) 464-5356.



Thank You

Thanks to everyone that attended the **Knights of Columbus St. Valentine's Dinner, Dance & Auction** held on Saturday February 11 at our parish hall.

Thanks to Father Jim and Father Vince for all the announcements after every mass, to the OLPH administrative team and to Our Brother Knights for all their work to make this dance a great success!

Thanks to the Catholic Women's League for their help wherever needed and to Dayna McBride for the balloon display. Great appreciation to everyone who purchased 50/50 tickets: *the winner was Martha D'Mello*.

God Bless,  
Larry Hycha  
(event chair)





## What's Happening at OLPH



Facilitator: Adriana Karstens

**Saturday February 25, 2023**

Mass 8:30am / Retreat 9:30am -1:00pm

Registration around 9:15am

**All women of the parish and beyond are invited to attend.**

*We mention the Holy Spirit every time we do the sign of the cross, and we are aware of the symbolism of the dove, **but who is the Holy Spirit?***

*Sometimes the forgotten person of the Trinity, the Holy Spirit is the ever-presence of God in our lives: from the random person who pops into our minds while praying, to the urge to call someone you haven't seen in a while. The Holy Spirit is present throughout scripture and we can see how God calls us to interact with the Holy Spirit throughout the Bible, but do we truly know how to invite the Holy Spirit into our lives?*

**Session I: Who is the Holy Spirit?**

**Refreshment break & social time**

**Session II: How do I invite the Holy Spirit into my daily life?**

Registration is free.

Please e-mail [info@cwloolph.ca](mailto:info@cwloolph.ca) to establish numbers.



**VOLUNTEER  
for  
VACATION  
BIBLE CAMP**

**JULY 10 - 14**

*Camp is run totally by volunteers.*

*Will you consider helping out this summer?*

*This is a week of fun and excitement for all!*

**We are looking for:**

**Group Leaders - Kindergarten to Grade 5**

- Adults or Older Youth (Grade 10 and up)
- Group leaders are responsible for teaching their group bible stories and leading the children through each of the stations

**Preschool Leader**

- Adults or Older Youth (Grade 10 and up)
- Plans bible stories, games, and activities
- Preschool children do not move through stations

**Assistant Director**

- Helps Director with all responsibilities or as assigned by director
- Helps with camp planning over the next few months
- Helps with set up the week before camp (July 4-7) and during the week of camp (July 10-14) supervising the Youth Volunteers

**Crafts**

- 2 or 3 Adults to lend a hand in the craft rooms the week of camp

**All adults MUST have a police and intervention check and have attended the Called to Protect workshop.** To get involved contact Sharon [sdarbyshire@olph.ca](mailto:sdarbyshire@olph.ca)

## Get Involved



**Want to Become More Engaged at Mass?** This is your invitation to Volunteer! Reach out to the Leader for the specific Ministry that interests you about Training:

**Adult Servers:** Peter Kamstra  
([onetoughcatholic@yahoo.ca](mailto:onetoughcatholic@yahoo.ca))

**Audio/Visual Soundbooth:** Bob Gerow  
([saferrbmcanada@live.com](mailto:saferrbmcanada@live.com))

**Ushers:** David Schmidt & Don Snider ([dcwdetml@gmail.com](mailto:dcwdetml@gmail.com)) & ([donretired15@gmail.com](mailto:donretired15@gmail.com))

**Altar Servers (Children):** Amanda Gaudet & Christina Stockdale  
([amanda.gaudet15@gmail.com](mailto:amanda.gaudet15@gmail.com)) & ([christina.stockdale@me.com](mailto:christina.stockdale@me.com))

**Proclaimers, Greeters & Cleaners:** Michelle Rose  
([michelle.rose@shaw.ca](mailto:michelle.rose@shaw.ca))

**Musicians:** Sharon Darbyshire  
([sharon\\_darbyshire@shaw.ca](mailto:sharon_darbyshire@shaw.ca))

**Eucharist Ministers:** Sue Szojka  
([sue.szojka@shaw.ca](mailto:sue.szojka@shaw.ca))

**Ministry volunteers please sign up for your Mass IN ADVANCE using the SignUp Genius link at [www.olph.ca](http://www.olph.ca) OR call the Parish Office 780-467-5470.**



**Thursday February 23, 7:00 pm - 8:30 pm (after Evening Mass)**

**For More Info:**

Amanda Gaudet [amanda.gaudet15@gmail.com](mailto:amanda.gaudet15@gmail.com)  
or Christina Stockdale [christina.stockdale@me.com](mailto:christina.stockdale@me.com)

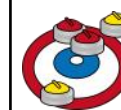
**8 MORE VOLUNTEERS NEEDED!  
Friday March 3 - Altar Servers are leading Stations of the Cross (after Evening Mass)**

Altar Servers will meet in the church basement at 5:45pm to get dressed in costumes! **Fr. Jim will even be dressing up with us!** Siblings and parents are welcome dress up as well, but only altar servers will read the stations. All costumes are provided by the church. The Stations of the Cross begins promptly after the 6:15 pm Mass finishes.

Each altar server will take a turn reading. Booklets will be available for pick up in the sacristy right beside where they get dressed for Mass.

**Please let Amanda know as soon as possible if you can volunteer!**

**"Parish Hall Social Clubs"**  
*New Members Welcome, Come Check Us Out!*



**FLOOR CURLERS**

Every Wednesday 9:00 am to Noon

**PATCHWORK QUILT GROUP**

1st and 3rd Thursday morning of each Month



## Father Jim's Message

### Why should I attend an Ash Wednesday celebration?

Ash Wednesday arrives year after year, decade after decade. How does this day that begins our Lenten journey fit into our grand plan for ourselves and for our families? I ask this because we are presented with an opportunity on this day like no other. We are presented with the opportunity to tell the world; *this is who I am and this is what I believe*. You can like me for it or not, but be certain, this is who I am. What do I mean by this somewhat challenging "in your face" statement?

When we attend an Ash Wednesday celebration and have the ashes imposed on our forehead, in all humility, we are making a statement. Whether the words used are; "Turn away from sin and be faithful to the Gospel" or "Remember that you are dust and to dust you shall return" we are committing ourselves to Christ. **We are saying, "Lord Jesus Christ, my salvation lies with you"**. Most of us would agree with this statement but when have the sign of our faith traced on our foreheads at that moment, we become very visible and very present witnesses to all whom we encounter.

Catholic, Christian or any other world faith, generally speaking, when they see a person in the public square with a cross traced on their forehead, they know who we are. In a society where, for instance, in Quebec government employees are not allowed to wear religious symbols in the workplace; Ash Wednesday presents a wonderful opportunity to us. We, simply by our presence in the public sector with ashes on our forehead, are saying, "Lord Jesus Christ, by your cross and resurrection, are my Lord and Savior. You have redeemed the world." It is all well and good to say, I am a Catholic Christian, and to practice our faith on a daily basis. **Ash Wednesday provides you and I with the opportunity to**



## Father Jim's Message

be public witnesses to the world of who we are and what we believe. This is not heroic, it is not an in your face kind of statement. It is simply us saying, this is who I am and this is what I believe, without using words.

I realize that what I write is not read by our young people, but here is the challenge to one and to all. When you attend an Ash Wednesday celebration this week; **when you have the ashes imposed upon your forehead, challenge yourself to wear them throughout the day as a badge of honor**. A public sign to one and all of who you are and what you believe. You do not have to say a word to anyone. Just be that visible witness in the marketplace. At work, at school, at the grocery store, at dance class and at hockey practice. When we reflect on what Jesus endured on our behalf, and for our salvation, our opportunity to be a public witness to Him seems small enough. The truth is, we will never really know the effect we may have on others simply by publicly being who we are.

My friends, Ash Wednesday is not just another day in the Liturgical year of the Church. It is not just the first day of our Lenten preparations for the celebration of the death and resurrection of our Lord. It is not only one of two days of Fast and Abstinence in the Catholic Church. (Although it is, and Good Friday is the other.) Ash Wednesday is for you and me, a very humble and subtle way of saying to the society we live in; Jesus Christ died and rose so that I might have eternal life. I am grateful and proud to be Catholic.

It is easy to be proud at Mass on Sunday morning. This Wednesday is our opportunity to be proud in the secular marketplace that we live and work. This Wednesday may all of us; "Turn away from sin and be faithful to the Gospel."

Lenten blessings to all, *Fr. Jim*

Remember that  
you are dust



And to dust you  
shall return

## Friendly Reminder

**Please Pick Up Your 2023 SUNDAY GIVING ENVELOPES in the Parish Foyer!**

*\*If you would like your envelopes MAILED to you, please call the office 780-467-5470. Please recycle last year's envelopes, they must no longer be used.*  
**2022 Income Tax Receipts - will be MAILED to you by the end of this month.**

*Thank you for your ongoing support of the financial needs of our parish home.*

