

Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week
Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish

Weekday Mass

Mornings: Monday to Saturday 8:30 am

Evenings: Monday to Friday 6:15 pm

Sunday Mass

Saturday vigil 5:00 pm

Sunday 8:30 am, 10:30 am, 12:30 pm and 7:00 pm

Sunday Mass in Tofield: 11:00 am St. Francis of Assisi Parish

Sacrament of Reconciliation

Monday to Friday: *Immediately Following Morning and Evening Mass*

Saturday 9:30 am to 11:00 am

Adoration - *Everyone Welcome, Always Open to All!*  **Note Special Start Time Next Month*

First Friday of Every Month: March 3 from **12 Noon** to 6:15 pm

Every Wednesday Holy Hour 5:15 pm prior to Evening Mass:

1st Wednesday hosted by Mary's Servants for Christ: March 1


2nd Wednesday hosted by Society of St. Vincent de Paul: March 8


3rd Wednesday hosted by CWL: February 15

*4th Wednesday hosted by K of C: March 22 (*No Holy Hour on Ash Wednesday February 22)*



*For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, **all Masses and Adoration will continue to be livestreamed** from our OLPH website www.olph.ca/video/ or at facebook.com/olphsherwoodpark/videos*

 **WATCH** the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877.
(Must be a Telus Optik subscriber.)

 **LISTEN** to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.
Dial **888-OLPH-808** (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community

Sunday February 12, 2023 ~ Sixth Sunday in Ordinary Time

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca



**ADORATION
of the
BLESSED
SACRAMENT**

Holy Hour Hosted by CWL

Wednesday, February 15 (Prior to the Holy Mass)

5:15 to 6:15pm, Everyone Welcome!

"Our Lord in the Blessed Sacrament has His hands full of graces, and He is ready to bestow them on anyone who asks for them." - St Peter of Alcantara



**SACRAMENTAL
PREPARATION**

Reconciliation
First Eucharist
and Confirmation

REMINDERS:

1. **First Reconciliation** must be celebrated before First Communion. Contact Natalie to register your child (grade 2 and older) sacraments@olph.ca for our next preparation session which starts in April.
2. **First Holy Communion Preparation** - Parents must attend **Opening Mass & Catechism Meeting** this week for the current winter session. Choice of:
 - ☐ Monday February 13 at 6:15 pm or
 - ☐ Thursday February 16 at 6:15 pm** children do not have to attend with you, but of course they are welcome!*
3. **Confirmation Classes** - This month is Lesson 2 "Initiation". RSVP to Natalie to choose/change your class date. Choice of:
 - ☐ Saturday February 11 at 8:30 am
 - ☐ Monday February 13 at 6:15 pm
 - ☐ Wednesday February 15 at 6:15 pm** Please be on time for Mass & remember to bring your Gifted by God workbook!*

CALLED TO PROTECT TRAINING

Monday, February 13
6:30 - 9:00 pm at OLPH
(Teacher will present via Zoom)

Called to Protect is a ONE TIME abuse prevention training session that is mandatory for all volunteers and employees in the Archdiocese of Edmonton. If you are an OLPH volunteer who has not yet taken Called to Protect, call the parish office 780-467-5470 to register for the next class.



Father Jim's Message

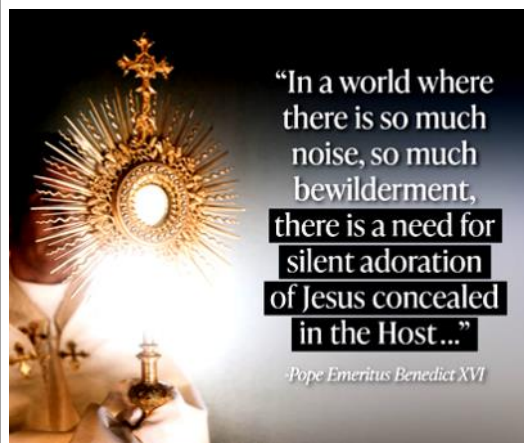
“Could you not stay awake one hour?”

(Mark 14: 37)



These words of Jesus in the garden of Gethsemane ring in my ears whenever I note that some of our parishioners feel the need to leave Mass right after Holy Communion, or prior to or right after the final blessing. Please do not take this as a gripe session. I am very pleased that those folks are here at Mass. I know many good people are not at Sunday Mass on a regular basis. An hour of our time is a very valuable piece of real estate. We can accomplish much in an hour. We can get the snow shoveled, dinner prepared, favorite TV show watched, a good nap (or as my mom and dad would refer to it, “quiet time”). We can attend Mass on Sunday morning, we can attend our child’s hockey or dance activities. There are many things we can do with an hour during our week.

Have you ever considered “just being” for an hour, rather than doing for an hour? Sounds silly in some ways, but it is not. We now have our Wednesday afternoon 5:15-6:15 pm Holy Hour sponsored by four different ministries within our parish community. First Wednesday of the month is Mary’s Servants of Christ, second Wednesday is St. Vincent De Paul Society, third Wednesday is the Catholic Women’s League, and the fourth Wednesday is the Knights of Columbus. When I say sponsored, all this means is that these groups will focus on having some of their membership present for the Holy Hour they are responsible for. **Everyone is invited to attend any and all Holy Hours as they see fit and as their time permits.** As many of you are aware we also have adoration of the Blessed Sacrament all day long on the First Friday of the month every month.



My reason for these comments is this: We are given the gift of an hour, and we decide what to do with it. We can make it productive and get stuff done. We can let it drift into the stratosphere by spending it on facebook, Instagram, etc. But these are activities. What about spending an hour with the Lord and just being? Not doing but “just being.” **It is my humble opinion that our Lord knows precisely what we need and what is in our hearts, long before we ourselves ever figure it out.** So, when we come to spend an hour with the Lord in Holy Hour, we are not obli-

Father Jim's Message

gated to do anything but simply be present to the Lord. *“Speak Lord your servant is listening.”* There is nothing that you or I will ever do that will make our God any more loving, any more merciful, any more all powerful. The only thing we can do to express our desire for relationship with the Lord is to be faithful to Him. God needs nothing from us but our attentiveness to our relationship with Him.



Adoration of the Blessed Sacrament is a form of prayer that in days of old was a regular part of a worship community’s devotional activities. We at OLPH desire to breathe some life into this very worthwhile devotional, because it can be such a source of peace for those who participate in it. Imagine in your busy life where you have been invited to simply take a breath and to literally hang out with Jesus for an hour. The same Jesus who desires to be in relationship with you. And, with no obligation on your part to do other, than “just be”. My friends, I offer these thoughts because time deliberately spent with Jesus will provide graces beyond what we can imagine. **Time deliberately spent with Jesus, “just being”, can do wonders for our own state of mental health and well-being.** Come by the church any Wednesday at 5:15 pm or so. Not spectacular, not flashy, or splashy, simply a time to take a breath and “just be” with our Lord who made you and who desires to be in relationship with you. **Jesus knows what we need, do we?**

Blessings, *Fr. Jim*

Friendly Reminder

Please Pick Up Your 2023 SUNDAY GIVING ENVELOPES in the Parish Foyer!



**If you would like your envelopes MAILED to you, please call the office 780-467-5470. Please recycle last year’s envelopes, they must no longer be used.*
2022 Income Tax Receipts - will be MAILED to you by the end of this month.

Thank you for your ongoing support of the financial needs of our parish home.

A humble and heartfelt **THANK YOU** to everyone who has continued to support the financial needs of our parish with **(PAD) Pre-Authorized Debit** or by bringing your **Sunday Giving Envelopes** to the church. OLPH is also set up to accept donations via **INTERAC E-TRANSFER** at:



OLPH.etransfer@caedm.ca
Please include your Envelope # OR address and any special instructions in the Message Box for the e-transfer, to ensure your donation is properly recorded for your annual tax receipt.



February 13 - 18

Monday ~ Helen Stecyk†, Dominic Tham†, Joseph Viet†, Genevieve Groome†, Kevin O'Coin†, Heinrich Krieger
Tuesday ~ Chase Evan Gourlay†, Marvin & Gail Weleschuk & family, Veronica Cossey, Linda De Sousa, Ray & Mary Anne Fowler, Mark Spindler, Della Kostyshen, Orion Weber, Deanna Weber
Wednesday ~ Samuel Lashin†, Wade Kryba†, Steve Weimann†, Peter Kleparchuk†, Fr. Don Stein†, Lynn Larkin†, CWL, Jacqueline Prince-Hauck, Seandra Weber
Thursday ~ Rachael Fenrich†, Steve Weimann†, Marvin & Gail Weleschuk & family, Gloria Kleparchuk, Peppler family, Penny Draganiuk
Friday ~ Bryce Clarke†, Steve Weimann†, Sylvanus Nwah†, Emery Pinkoski†, Marv Bahry, Polly Pewarchuk, Tricia Cisakowski, Mark Schoenberger
Saturday ~ Linda De Sousa



**2023 Sunday Missals Still Available
at the Parish Office \$5 Each**



At OLPH, We Pray for One Another
Contact Doreen 780-467-0597 or Josie 780-467-0197 with your prayer requests. **You can also leave a note in the Prayer Box in the Foyer.**

Your OLPH Parish Team

Pastor ~ Fr. Jim Corrigan
jcorrigan@olph.ca
Associate Pastor
Fr. Vince Antony Samy, SDB
frvince@olph.ca
Permanent Deacon
Deacon Lynn Pion lpion@olph.ca
Business Coordinator
Arden Playford aplayford@olph.ca
Pastoral Assistant
Natalie Lavigne nlavigne@olph.ca
Administrative Assistant
Jenny Velazco jvelazco@olph.ca
Administrative Assistant
Angie DeWolfe adewolfe@olph.ca
Youth Ministry
Tricia Murphy tmurphy@olph.ca
Volunteer Management
vmteam@olph.ca

Other General Inquiries:
info@olph.ca
Parish Office 780-467-5470
Website: www.olph.ca
Follow Us on Facebook:
facebook.com/olphsherwoodpark
Archdiocese of Edmonton
Website: www.caedm.ca

In Event of an Emergency,
Contact Fr. Jim at
780-470-2730 (call or text)



TOFIELD CORNER - St. Francis of Assisi Parish

Sixth Sunday of Ordinary Time - God is saying to us - it is our choice - the light or the darkness! Jesus said to St. Faustina - God usually chooses the weakest and simplest souls as tools for His greatest works. For it is in this way that God's works are revealed for what they are - **the works of God.**
Sooooooo, with that in mind, don't forget to sign up - even for the littlest of things on the 'sign-up sheet' at the back of the church. Any small amount of help is so welcomed. Also:
1. **Soup Bags** are still for sale! \$12 for one, \$20 for two.
2. We continue to collect **cans and bottles** to supply goodies and coffee at our church gatherings after masses.
3. **Ash Wednesday** is coming up on February 22nd. So bring in any of your **old palms** and they will be used to make the ashes.
4. We have an **electrician** coming in on Monday February 13 to do some safety updates and add better lighting in the storage areas. Then we will be finishing off with painting in the storage areas and cleaning out old stuff we don't need anymore. If anyone would like to help out his coming week - please call Kathy 780-270-8652. No prerequisites or resume required!
** If there is anything one would like posted in our 'Tofield Corner' of the OLPH bulletin - that is connected to our St. Francis of Assisi parish - please connect with Kathy 780-270-8652 or email Kathleen.Anderson.one@gmail.com by Wednesday for entry into the following Sunday bulletin. Thank you!*

OLPH Financial Report

Week 6 February 5, 2023	Cost of Operating the Parish	Building Fund Target Amount	Together We Serve Target Amount
Average weekly amount required (based on 2021 budget)	\$24,838.00	\$2,480.00	\$2,212.00
Donations this week	\$23,920.50	\$2,519.50	\$2,866.25
This week surplus/shortfall	-\$917.50	\$39.50	\$654.25
<ul style="list-style-type: none">• Cost of operating the parish average weekly amount is based on total expenses projected in 2021 budget.• Building fund target average weekly amount is based on total donations projected in 2021 budget.• Together We Serve weekly amount is based an annual target which is set by the Archdiocese.• Together We Serve Collection - <i>First Sunday of every Month</i>• Society of St. Vincent De Paul Poor Box Collection - <i>Third Sunday of every Month</i>			

DEADLINE for Bulletin is Wednesdays at Noon. Email your announcements to Natalie at nlavigne@olph.ca

Lent



Join us every **FRIDAY** during Lent, for Mass at 6:15 pm followed by **STATIONS OF THE CROSS** led by groups from our parish.



Friday February 24 <i>Knights of Columbus</i>
Friday March 3 <i>Altar Servers</i>
Friday March 10 <i>Mary's Servants for Christ</i>
Friday March 17 <i>OLPH Parish Team</i>
Friday March 24 <i>Catholic Women's League</i>
Friday March 31 <i>ALPHA Team</i>

Celebrating the Sacraments

BAPTISM

Congratulations on the birth of your child!

Baptism Preparation Class can be taken before or after the birth of your baby. Both

Mother and Father must attend, and Godparents are also encouraged to attend.

Baptism Preparation Classes are held the 2nd Tuesday every month at 7:00 pm EXCEPT DURING LENT.

** Additional Catechesis provided for children age 7 and older to be Baptized*

Baptism Celebrations are held at OLPH the 3rd and 4th Sundays every month at 2:30 pm EXCEPT DURING LENT.

To register for Preparation Class OR to schedule your child's Baptism celebration please email Jenny at info@olph.ca

ASH WEDNESDAY

FEBRUARY 22 MASS TIMES:
Morning Mass 8:30 am
School Masses at 10:00 am and 1:00 pm
Evening Mass 7:00 pm (**NO 6:15 pm Mass)



LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.
Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.
Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

SACRAMENT OF HOLY MATRIMONY



Engaged? Congratulations!

Contact Angie at ADeWolfe@olph.ca to schedule your **Pre-Nuptial Meet & Greet** with Father Jim and find a Marriage Preparation Course.

What's Happening at OLPH

Affordable Seniors Living Project

All OLPH Parishioners are invited to attend a Town Hall Meeting where we will present more information about this exciting project being proposed for the North West corner of the church property.

We will have representatives from the Developer's Team as well as the **Alberta Knights of Columbus Affordable Seniors Housing Society**, that is proposing to operate the facility once completed.

This will be your opportunity to see what is being proposed, ask questions, and express your interest.

When: Session 1

Saturday, February 18
11:30 am

Session 2

Monday, February 20
7:00 pm

Where: Both sessions will be in the Nave of the church for ease of access for all.

TOWN HALL MEETING

Prayer of Condolence

The funeral for **Peter Kleparchuk** has been rescheduled to Saturday March 4 at 11:00 am at OLPH.

Condolences to Doreen Hamel & family, Doreen's husband, **Raymond Hamel**, died on February 8 in Edmonton. His funeral will at OLPH on Friday March 24 at 11:00 am.

To the family of **Jeanne Zupan**, Jeanne died on February 9 in Edmonton.



Catholic Women's League General Meeting Monday February 13

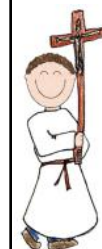
at 6:30pm
in the Meeting Room

Guest Speaker:

Natalie Lavigne, Parish Pastoral Assistant, will join us to talk about Sacramental Preparation and other Parish Projects

Also on the Agenda:

C&B Amendment (virtual meetings) instructed vote



We need volunteer **ALTAR SERVERS** to help lead the Stations of the Cross after evening Mass on Friday March 3. Contact Amanda ASAP if you can volunteer. More details in next week's Bulletin.

NEXT SUNDAY

February 19
Knights of Columbus
PANCAKE
BREAKFAST

After 8:30 and 10:30 am
Masses



What's Happening at OLPH

"To appreciate the beauty of a snowflake it is necessary to stand out in the cold." -Aristotle

Time to shake off those winter blues, grab some blue skies and sunshine and go play in the white powder!

JETS



Join the JETS women's group this Friday, February 17, at 10:00 am out at the Strathcona Wilderness Centre (SWC) to try your hand or perfect the sport of snowshoeing. We will be shown how to fit the snowshoe and offered some general tips before we head out on the beautiful snowshoe nature trail. Cost to rent a pair of snowshoes is \$8.75/person and carpooling is available from OLPH Parish parking lot. Complimentary hot chocolate will be served too!

Please message Natalie, our Captain of the day, at nengler0@gmail.com to register for this winter activity, as well as the carpool, which will leave the church at 9:30 am sharp. The address of the SWC is 52535 Range Range Road 212, Uncas. (basically 20 minutes east of Sherwood Park on Baseline Road) *Why not embrace our winter?*

== java, exercise, talk and service ==



MARY'S SERVANTS FOR CHRIST

Scripture in John 19: 26-27 tells us that Mary was given to us as our mother. As did the disciple John, we, too, can make a place for Mary in our Home.

Mary's Servants for Christ will be having a sign-up weekend for hosting the Pilgrim Statue of Mary this weekend.

Members of MSC will be available with sign-up sheets in the foyer of the church for those interested in taking the Pilgrim Statue to their home for one week. Sign-up slots will be made available starting the week of March 3, until the end of June 2023.

As was done for all of those who signed up to host the Pilgrim Statue of Mary previously, when it is your turn to host the Statue you would pick it up from the church on Saturday morning at 10:30 am and you would drop it off the following Saturday at 10:00 am. Two members of Mary's Servants for Christ would be there to meet with you and spend a short time with you.

What's Happening at OLPH



SOCIETY of St. VINCENT de PAUL (SSVP)
OUR LADY of PERPETUAL HELP CONFERENCE

We are a charitable organization entirely run by volunteers providing assistance to those in need in our community of Strathcona County and surrounding area.

We respond to those in need who call our help line, we assess their needs and provide assistance of basic necessities as we are able to.

We are looking for people who feel called to help serve the poor in this area of great need, volunteering as many or as few hours as desired. Please contact Mary Ann at 780-996-2146.

"Volunteers don't get paid, not because they're worthless, but because they're priceless" – Sherry Anderson

Altar Server
Training
for current and
new servers.



Thursday February 23, 7:00 pm - 8:30 pm
(after Evening Mass)

Are you in grade 2 or older and have had your First Reconciliation and First Communion? Do you attend Mass regularly with your family? Curious about getting more involved with the Mass? We'd love for you to join our team of young altar servers!

For More Info:

Amanda Gaudet amanda.gaudet15@gmail.com
or Christina Stockdale christina.stockdale@me.com

**THANK YOU FOR
YOUR SUPPORT
IN 2022**

*"...Shall I not open for you
the floodgates of heaven, to
pour down blessings upon
you without measure"*
Malachi 3:10



**together
we serve**

Your gift to *Together We Serve* supports Catholics at home and abroad that are working to strengthen the Church and carry out her Mission in the world.

- 70% goes to local Catholic organizations, including Catholic Social Services, St. Joseph Seminary, Newman Theological College, St. Joseph's College, St. Joseph Priests' Foundation, and other local needs.
- 15% goes to the Diocese of McKenzie-Fort Smith and the Needs of the Church in Canada.
- 15% goes to the Evangelization of Peoples, Needs of the Church in the Holy Land, and the Pope's Pastoral Works.

For more information:
www.caedm.ca/togetherweserve

Special Collection the First Sunday
of Every Month.
2023 OLPH Parish Goal:
\$120,000.000

What's Happening at OLPH



Facilitator: Adriana Karstens

Saturday February 25, 2023

Mass 8:30am / Retreat 9:30am -1:00pm

Registration around 9:15am

All women of the parish and beyond are invited to attend.

*We mention the Holy Spirit every time we do the sign of the cross, and we are aware of the symbolism of the dove, **but who is the Holy Spirit?***

Sometimes the forgotten person of the Trinity, the Holy Spirit is the ever-presence of God in our lives: from the random person who pops into our minds while praying, to the urge to call someone you haven't seen in a while. The Holy Spirit is present throughout scripture and we can see how God calls us to interact with the Holy Spirit throughout the Bible, but do we truly know how to invite the Holy Spirit into our lives?

Session I: Who is the Holy Spirit?

Refreshment break & social time

Session II: How do I invite the Holy Spirit into my daily life?

Registration is free.

Please e-mail info@cwloiph.ca to establish numbers.



**VOLUNTEER
for
VACATION
BIBLE CAMP**

JULY 10 - 14

Camp is run totally by volunteers.

Will you consider helping out this summer?

This is a week of fun and excitement for all!

We are looking for:

Group Leaders - Kindergarten to Grade 5

- Adults or Older Youth (Grade 10 and up)
- Group leaders are responsible for teaching their group bible stories and leading the children through each of the stations

Preschool Leader

- Adults or Older Youth (Grade 10 and up)
- Plans bible stories, games, and activities
- Preschool children do not move through stations

Assistant Director

- Helps Director with all responsibilities or as assigned by director
- Helps with camp planning over the next few months
- Helps with set up the week before camp (July 4-7) and during the week of camp (July 10-14) supervising the Youth Volunteers

Crafts

- 2 or 3 Adults to lend a hand in the craft rooms the week of camp

All adults MUST have a police and intervention check and have attended the Called to Protect workshop. To get involved contact Sharon sdarbyshire@olph.ca

Congratulations



Congratulations to these 27 young people who received the
SACRAMENT OF CONFIRMATION
at OLPH on Sunday, February 5.

Thank you to their parents, sponsors and Catechists.



Brianna Franziska Evelyn Bilodeau

Sarah Helen Blair

Laina Mary Burkinshaw

Reece John Ciezki

Julie Anne Couture

Ella Audrey Day

Benjamin Michael Desautels

Ava Rose Ebertz

Jade Hope Ebertz

Jennifer Xu Elizabeth Gartner

Chloe Grace Gaudet

Yuan Dave Genove

Emily Jordan Harper

Anders Aston Hartfelder

Oliver Thomas Jacek

Carlos Reuben D. Macaranas

Jason John Miskolzie

Liam Ronald Albert MacDougall

Erin Jessie Orchison

Gavin Joseph Oslund

Zack Oliver Ostrosky

Fiona Andrea Saruk

Thane John Sanderson

Hudson Cameron Sholter

Alaina Deborah Skitsko

Ricci Ashley Songco

Sophia Alejandra Tucker-Olive