Church Open/Office Hours 7:30 am to 7:30 pm 7 days a week

Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish

Weekday Mass

Mornings: Monday to Saturday 8:30 am

Evenings: Monday to Friday 6:15 pm

Sunday Mass

Saturday vigil 5:00 pm

Sunday 8:30 am, 10:30 am, 12:30 pm and 7:00 pm

Sunday Mass in Tofield: 11:00 am St. Francis of Assisi Parish

Sacrament of Reconciliation

Monday to Friday: Immediately Following Morning and Evening Mass Saturday 9:30 am to 11:00am

Adoration - Everyone Welcome, Always Open to All!

First Friday of Every Month: February 3 from 9:30 am to 6:15 pm Mary's Servants for Christ host Holy Hour 1st Wednesday of Every Month: February 1 at 5:15 pm

CWL host Holy Hour 3rd Wednesday of Every Month: February 15 at 5:15 pm K of C host Holy Hour 4th Wednesday of Every Month: February 22 at 5:15 pm



For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, all Masses and Adoration will continue to be livestreamed from our OLPH website www.olph.ca/video/ or at facebook.com/olphsherwoodpark/videos



Masks are no longer mandatory, but are welcome if you so choose. We continue to sanitize pews and hands. Capacity limits have been lifted in Alberta, so Pre-registration to attend Mass is no longer required.



WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877. (Must be a Telus Optik subscriber.)



LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone.

Dial 888-OLPH-808 (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community

Sunday January 29, 2023 ~ Fourth Sunday in Ordinary Time

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca



Understanding & Defending the Catholic Moral Vision

Saturday, February 11 | 12:00 - 4:30 pm Live online via Zoom

What is "right" and "wrong"? Is what's right for you right for me? Is there a right and wrong for everyone, all the time? These are difficult questions to discuss in our culture. We live in a society that supports the opinion that each person should make up his or her own morality—that there is no moral truth that applies to everyone.

In this half-day workshop, you will learn how to talk about morality in a relativistic world through a series of four video talks by Dr. Edward Sri of the Augustine Institute.

To register and get the Zoom link, contact: email Alana at alaperle@telus.net or call/text 780-446-9009



Presented by Our Lady of Perpetual Help Parish, Sherwood Park

FREE WORKSHOP - EVERYONE IS WELCOME



FERENCE REMINDER: Special Collection Next Weekend

A humble and heartfelt THANK YOU to everyone who has continued to support the financial needs of our parish with (PAD) Pre-Authorized Debit or by bringing your Sunday Giving Envelopes to the church.

OLPH is also set up to accept donations via

INTERAC E-TRANSFER at:

OLPH.etransfer@caedm.ca

Please include your Envelope # OR address and any special instructions in the Message Box for the etransfer, to ensure your donation is properly recorded for your annual tax receipt.



Monday ~ Norma Bracamonte†, Meguiso Pamat†, Felicana Pamat†, Genevieve Groome†, Odette Candido†, Bankole & Jefferson Alade, Babatamilore Alade, Leonard Sebastian, Shannon Gartner, Ludwina Fischer, John Holzman

Tuesday ~ Brother Gerard Taras†, Joseph Thomas†, Norma Bracamonte†, Genevieve Groome†, Fr. Jim, Marvin & Gail Weleschuk & family, Raymond & Mary Ann Fowler, Jan & Jim Retallack, Dawn Marchand, Karen Draganiuk

Wednesday ~ Robert Ocampo†, Peter Kleparchuk†, Anne Marie Noel†, Marie Claire LaFrance†, Norma Bracamonte†, Teresa & Ed Kozak, Aila Torres

Thursday ~ Trinidad Bebe‡, Ron King‡, Benedicta Esguerra‡, Patrick O'Neill‡, Genevieve Groome‡, Marvin & Gail Weleschuk & family, Fr. Vince, Shelly & Ken Adams, Keith Pilgrim, Carmen Palahaniuk

Friday ~ Sylvanns Nwah†, Genevieve Groome†, Ollie Miller†, Fr. Jack, Diane Balatcka, Michelle Foisy & family, Jason George, Donna Coldham

Saturday ~ William Letawsky†, Bemvindo Palha

At OLPH, We Pray for One Another
Contact Doreen 780-467-0597 or Josie 780-4670197 with your prayer requests. You can also leave a note in the Prayer Box in the Foyer.

Your OLPH Parish Team

Pastor ~ Fr. Jim Corrigan jcorrigan@olph.ca

e-Transfer

Safe, Easy and Secur

Associate Pastor Fr. Vince Antony Samy, SDB frvince@olph.ca

Permanent Deacon
Deacon Lynn Pion lpion@olph.ca

Business Coordinator
Arden Playford aplayford@olph.ca

Pastoral Assistant
Natalie Lavigne <u>nlavigne@olph.ca</u>

Administrative Assistant
Jenny Velazco <u>ivelazco@olph.ca</u>

Administrative Assistant Angie DeWolfe <u>adewolfe@olph.ca</u>

Youth Ministry
Tricia Murphy tmurphy@olph.ca

Volunteer Management vmteam@olph.ca

Other General Inquiries: info@olph.ca

Parish Office 780-467-5470

Website: www.olph.ca

Follow Us on Facebook: <u>facebook.com/olphsherwoodpark</u>

Archdiocese of Edmonton Website: www.caedm.ca

In Event of an Emergency, Contact Fr. Jim at 780-470-2730 (call or text)

St. Francis of Assisi Tofield Corner!



Fourth Sunday of Ordinary Time ~ We are well on our path of learning of God's faithfulness and kindness. And with this in mind, looking forward to this week as a Parish, remember:

- 1. To support our youth in their fundraising for their trip to Portugal in August as they participate in the World Youth Day Celebration, please purchase a 'Soup in a Bag' for \$12, two for \$20. These bags are *sooooo* delicious and they make great little gifts to give to friends!
- 2. Also support these young people with our upcoming **Cookie/Bake Sale** after Mass on Sunday February 12, just before Valentine's Day's. Please bring your favourite baked goods to church that day to sell. Money raised will be donated to help these young people travel to Portugal.
- 3. And as always we have our **Potluck Luncheon** on February 5 the 1st Sunday of the month. Bring a dish of 'yummies' or buns or cookies or whatever you would like to share and have a wonderful visit with your parish family!
- 4. Finally yes we are still collecting **cans and bottles**. Funds raised go to helping out with projects around the church. We will keep you posted on these projects! *Thank you, and God Bless!*
- *If there is anything one would like posted in our new 'corner' of the OLPH bulletin that is connected to our St. Francis of Assisi parish please connect Kathy 780-270-8652 or email kathleen.anderson.one@gmail.com by Wednesday for entry into the following Sunday bulletin. Thank you!

OLPH Financial Report

Week 4 January 22, 2023	Cost of Operat- ing the Parish	Building Fund Target Amount	Together We Serve Target Amount
Average weekly amount required (based on 2021 budget)	\$24,838.00	\$2,480.00	\$2,212.00
Donations this week	\$18,921.75	\$2,367.00	\$1,038.00
This week surplus/shortfall	-\$5,916.25	-\$113.00	-\$1,174.00

- Cost of operating the parish average weekly amount is based on total expenses projected in 2021 budget.
- Building fund target average weekly amount is based on total donations projected in 2021 budget.
- Together We Serve weekly amount is based an annual target which is set by the Archdiocese.
- Together We Serve Collection First Sunday of every Month
- Society of St. Vincent De Paul Poor Box Collection Third Sunday of every Month

DEADLINE for Bulletin is Wednesdays at Noon. Email your announcements to Natalie at nlavigne@olph.ca

Archdiocese News



On January 17 the Archdiocese of Edmonton launched a new series of podcast episodes which are entitled "Embrace Limit."

To quote Archbishop Smith, "being limited

is something our current world is raging against." There are many different parts of being a Catholic that can seem to limit our freedom, and therefore limit our happiness. But if we look a little closer, sometime the parts of being a follower of Christ that can seem most constraining are the parts that lead to the most freedom and joy!

Embrace Limit is a miniseries that explores why the limits of our Catholic faith can lead us to a life of limitless joy and freedom.

Episode 1 of Embrace Limit is focusing on the Catholic Church's teachings on sexuality, including the definition of marriage, contraception and sex outside of marriage. Episode 2 is focused on the Catholic concept of vocation. And the final episode is focused on having a holy relationship with pleasure.

Follow the *Upfront With The Archbishop* podcast on Apple Podcasts and Spotify or Listen on our website https://caedm.ca/upfront/



CALLED TO PROTECT TRAINING

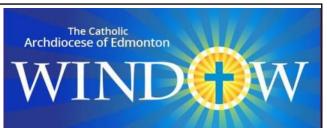
Monday, January 30
9:30 am - 12:00 pm at OLPH Church
(Teacher will present via Zoom)

Called to Protect is a ONE TIME abuse prevention training session that is mandatory for <u>all volunteers</u> and <u>employees</u> in the Archdiocese of Edmonton.

*** If you are an OLPH volunteer who has not

yet taken Called to Protect, call the parish office 780-467-5470 to register for this upcoming session.





The WINDOW is the weekly electronic bulletin of the Catholic Archdiocese of Edmonton. WINDOW is the single source of news from the Archdiocese – a window into our Catholic community. Why 'WINDOW'? It's easy to understand: It embodies transparency. You can see in, and see out. It illustrates faith. And it symbolizes multi-way communication.

Subscribing is easy. Just go to https://caedm.ca/window/ and follow the instructions to sign up. You will receive an email to confirm your subscription and you may unsubscribe at any time by using the link found at the bottom of each WINDOW email.

What's Happening at OLPH



Adoration of the Blessed Sacrament

Hosted by Mary's Servants for Christ prior to the Holy Mass

Wednesday February 1 ~ 5:15 - 6:15 pm

All are welcome to come and spend an hour with the Lord.

Prayer of Condolence

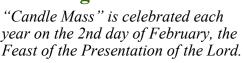
Condolences to the family of **Judith Traynor,** who passed away on January 20 in Edmonton. Funeral for Judith will be on Monday January 30 at 2:00 pm at Glenwood Funeral Home.

Funeral for **Genevieve Groome,** daughter of Mary Ann

& Raymond Fowler, will be on Thursday February 2 at 2:00 pm at Evergreen Funeral Home.

Funeral for **Peter Kleparchuk** will be on Saturday February 4 at 1:00 pm at OLPH.

Thursday February 2 Blessing of the Candles





Bring your CANDLES to be blessed after the Homily at both daily Masses 8:30 am and 6:15 pm.



Confirmands' Day of Service
Monday January 30
9:30 am - 3:00 pm

Mass to Celebrate the Rite of Confirmation Sunday February 5 at 2:30 pm

Mark your Calendars July 10 - 14, 2023 for OLPH's Vacation Bible Camp

Join us as we experiment with fun and excitement at the amazing SonSpark
Labs. Children will explore God's life-changing plan
as they find out the answers to life's most important questions.
Watch for more info in the upcoming months. Registrations will be open in May.

Hope to see your children this summer!



What's Happening at OLPH

Congratulations & Welcome to the Children BAPTIZED at OLPH on Sunday, January 22

Claire Evelyn GOLAS **Edward Isaac GOLAS** Carter David LAMASH Eliza Jean LAMASH



Thank You Altar Servers! You are all Appreciated!

Altar Server Training for current and new servers.



Thursday February 23, 7:00 pm - 8:30 pm (after Evening Mass)

Are you in grade 2 or older and have had your First Reconciliation and First Communion? Do you attend Mass regularly with your family? Curious about getting more involved with the Mass? We'd love for you to join our team of young altar servers! For More Info:

Amanda Gaudet amanda.gaudet15@gmail.com

or Christina Stockdale christina.stockdale@me.com

What's Happening at OLPH



OPEN on Sunday **Mornings following** the 8:30 am and 10:30 am Masses.

Highlighting our Catholic faith through our ministry, the gift shop provides a wide variety of products to everyone. We offer sacramental gifts, statues, prayer cards, rosaries, books, candles, greeting cards and more.

The Marian Gift Shop is run entirely by volunteers and more are needed.

This is a great opportunity for anyone who would like something to do after Mass on Sunday morning! Meet new people, learn new skills and enjoy the fellowship of parishioners who are shopping. Retail experience is an asset, but not required - training will be provided!

To apply, please email <u>vmteam@olph.ca</u> with "Gift Shop Volunteer" as the subject line.



Close your eyes ...

... and imagine what living life to the fullest looks like for you. Need



a bit of direction to get there? Then plan to attend a very unique presentation this Friday, February 3, hosted by the dynamic JETS women's group! We are beyond thrilled to be welcoming 4 fabulous guest speakers who will address the topic of how to **create your ideal home space.** Nicole and Nancy from Eazy Peazy Downsizing and Maureen and Johanne from MoJo Design will discuss everything from home modifications and letting go of memory clutter, to downsizing and repurposing a

Please join us at 9:30 am in the Large Meeting Room, lower level of the Parish, to settle into your airline seat and pick up your complimentary inflight snacks and beverages before we begin our morning at 9:45 am. Don't forget to pack all your interesting questions into your carry-on luggage. A wonderful gift basket is also up for grabs! More details are available by contacting one of our flight captains of the day by email: Nicole nicole@eazypeazydownsizing@gmail.com or Maureen mo@mojodesigninc.com

Home is the starting place of love and dreams. Dream until your dreams come true.





Join us every FRIDAY during Lent, for Mass at 6:15 pm followed by STATIONS OF THE CROSS led by groups from our parish.

Friday February 24	Knights of Columbus	
Friday March 3		
Friday March 10		
Friday March 17	OLPH Staff	
Friday March 24	Catholic Women's League	
Friday March 31		

* Parish Groups,

please contact the office 780-467-5470 to sign up for a FRIDAY to lead Stations of the Cross after evening Mass.



Parish & Community News

OLPH has long been part of **Inner** City Pastoral Ministry, a Christian ecumenical endeavor serving downtown Edmonton.



Twice a year volunteers from our parish prepare BAG LUNCHES for the residents who live around the Bissell Center. Our next turn is coming up in February and new volunteer coordinators are needed to continue this ministry. Will you help be Christ's hands & feet?

Lunch Bag Filling in the Downstairs Meeting Room at OLPH Saturday February 18 ~ 9:00 am - Noon (set up will be the night before)

The outgoing coordinators Donna and Margaret will train and assist the new volunteers. Please sign up in advance to help by calling Donna 780-640-2466 or Margaret 780-467-0443 or email margdeh23@gmail.com.



The Clothing Nook Drop In Shopping Hours

Tuesday February 7 1:00 pm - 3:00 pm **Saturday February 11** 10:00 am - Noon

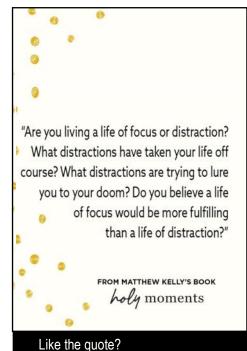


*Other times by appointment, call the SSVP Help Line 780-416-0931 ext.1.





Grow in your Faith



You'll love the book.

Pick up your free copy

at the church today!

Our gift for every **OLPH Parish family**

Upcoming GIFT Offerings at a Glance:

Who Am I to Judge? Understanding & Defending the Catholic Moral Vision. Half-day workshop, Saturday, February 11, 12:00-4:30 pm. Online via Zoom.

33 Days to Merciful Love: A Consecration to Divine Mercy, Wednesdays, March 1-April 5, 6:45-8:30 pm, Online via Zoom OR Thursdays, March 2-April 6, 9:30-11:15 am, in person at OLPH Parish (your choice).

Forgiven: The Transforming Power of Confession. Half-day workshop, Saturday, March 4, 12:30-4:00 pm. Online via Zoom.

Presence: The Mystery of the Eucharist. Half-day workshop, Saturday, April 1, 12:30-4:00 pm. Online via Zoom.

NEW! Horizons of Hope: A Toolkit for Catholic Parishes on Palliative Care. Tuesdays, April 11-May 2 | 2:00-4:00 pm, in-person at OLPH parish OR 6:30-8:30 pm, online via Zoom (your choice).

Our GIFT Offerings are for everyone! You do not have to be a member of OLPH Parish to participate.



Pulling together the best in Catholic movies, children's programming, audio dramas and books, Formed.org provides a trusted and engaging entertainment alternative in support of a Catholic lifestyle.

Bible studies, sacramental prep materials, documentaries, books and audio talks from leading Catholic experts will help you grow in understanding your faith.

All parishioners can log in to create a FREE account on the subscription paid for by **OLPH Parish!**

Go to https://formed.org/signup and type in "Sherwood Park" then select Our Lady of Perpetual Help from the list.

The Catholic Faith. On Demand. Watch, listen, read and learn. Anywhere, anytime.

Mobile ~ Enabling content on the go with offline playback on you mobile phone or tablet. Supporting iOS and Android devices.

Connected Devices ~ Providing faithfilled, engaging

your living room with Roku, Apple TV, & Chromecast among others.



Father Jim's Message



Affordable Seniors Housing

Now that I have caught your attention....I would like to update you on happenings within our parish community. We have fairly recently brought our very capable maintenance team together to do some short term and long term planning for Our Lady of Perpetual Help parish. Some of the projects in the planning hopper are:

- A solution to our long standing off and on again roof leakage.
- A revamp to our foyer that will encourage hospitality and hanging out for coffee after Mass.
- A solution to noisy kneelers in our pews. (The kneelers are not noisy when we gently raise and lower them, but when we flop them into position it can sound like we are at a shooting range.)
- We are also looking at what it would take to tile or marble the sanctuary portion of the nave of our Church. The goal being to increase a sense of reverence when entering the "Holy of Holies" within the Church.

So, some great minds are thinking about some incredibly good innovations that will assist our parish community in flourishing and growing. Always with the goal of being the most welcoming parish in the Archdiocese of Edmonton.

Always not far from our focus is the long-term planning to own land that a future Catholic Church would be built on. We see this potential in the Bremner development north and east of Sherwood Park proper. Though it may seem unlikely that we will need more room for parishioners in the immediate future, we need to think ten and twenty years down the road, when the population of our County will be much greater, according to development plans. When we purchased the seven acres we needed to build Corpus Christi in Southeast Edmonton over twenty-years ago, we did not purchase a small corner of the property, about 1.5 acres. When we came to our senses a couple of years later and decided to buy the 1.5 acres, the purchase price was the same as we had paid for seven acres only a couple of years before. Forward planning is painful, but it is prudent.

The other item that may interest a number of our parishioners is the following: We have been approached by a developer, an architect and the Knights of Columbus Foundation. They have asked OLPH to lease or sell them about three acres of the ten acres that

Father Jim's Message

our parish resides on for the purpose of building an affordable seniors housing facility.

We definitely have the land available. This would be a three-part development that would culminate in a full care facility in its final phase. There would be a point system in place for who could access the affordable component of the seniors accommodation. Being a parishioner of Our Lady of Perpetual Help parish could be part of that point system. In our preliminary discussions we have spoken about a potential pedway that would lead from the seniors complex directly into OLPH parish. We are very conscious about maintaining a voice in the narrative of what transpires on our property. Hence the conversation between leasing and selling the land.

These are presently thoughts only. We have the support in principle of the Archdiocese of Edmonton. We will be holding a town hall meeting in the near future to hear from you about your thoughts on this potential for our community. The area presently proposed for the development is the north west corner of our property where our many trees exist along with our seasonal crows and the occasional overnight visitor who needs a place out of the way to rest. We do get a sense of excitement about this proposal, particularly because the Knights of Columbus are part of the equation, and they and their delegate would be the managers of the facility going forward. What we are very conscious of, is mitigating any financial risk to the parish and/or the Archdiocese. We are accessing legal counsel on this topic. Needless to say, if our parishioners do not support this concept it will not go any further. That being said, affordable seniors housing is a very attractive topic in the society that we live in today. From the folks who have seen the presentation by the developer at this point, I have only heard positive comments.

Friends, a development like this faces many challenges and obstacles from the concept phase to the shovel in the ground phase. Suffice to say, we need to be courageous and

name it in order to allow the process to begin, and so we have. Please stay tuned and we will do our best to make sure that you have your say in the wherefores and whatfors that are ahead of us in this exciting potential project.

Blessings,

mip. nE

