

Church Open/Office Hours **7:30 am to 7:30 pm 7 days a week**

Mass, Adoration & Reconciliation at Our Lady of Perpetual Help Parish

**COVID-19
Update**

- Masks are no longer mandatory, but are welcome if you so choose.
- Capacity limits have been lifted for houses of Worship in Alberta, so Pre-registration to attend Mass no longer required.
- *2m physical distancing between households is still encouraged.* Please follow the directions of our volunteer Ushers.

Weekday Mass

Monday to Saturday 8:30 am

Monday to Friday 6:15 pm

Sunday Mass

Saturday vigil 5:00 pm

Sunday 8:30 am, 10:30 am, 12:30 pm and 7:00 pm

Sunday Mass in Tofield, 11:00 am St. Francis of Assisi Parish

Sacrament of Reconciliation

Monday to Friday: 9:15 am to 9:45 am **after Morning Mass*

Monday to Friday: 7:00 pm to 7:30 pm **after Evening Mass*

Saturday 9:30am to 11:00am

Adoration: First Friday of Every Month

Friday April 1, 2022 9:15 am to 6:15 pm



**LIVESTREAM
WORSHIP**

*For the benefit of the faithful whose health or other circumstances prevent them from attending the church in person, **all Masses and Adoration will continue to be livestreamed** from OLPH website www.olph.ca/video/ or at facebook.com/olphsherwoodpark/videos*



WATCH the 8:30 am Mass, seven days a week, live on Telus Optik TV Channel 877. (Must be a Telus Optik subscriber.)



LISTEN to the 8:30 am Sunday Mass live – or anytime – from your landline or cell phone. Dial **888-OLPH-808** (888-657-4808) and then follow the simple instructions.



Our Lady of Perpetual Help Parish ~ A Roman Catholic Christian Community

We come together at our Lord's invitation to worship God, celebrate the sacraments, and deepen our faith.

We strive to be thankful, generous and welcoming, and are sent forth to help advance God's Kingdom on earth by proclaiming the Gospel and serving others.

Sunday March 6, 2022 ~ First Sunday of Lent

FORGIVEN™

THE TRANSFORMING POWER OF CONFESSION

Saturday, March 12

12:30 - 4:00

Live online via Zoom

Are you ready to grow in your relationship with Jesus? Then it's time to be forgiven! **FORGIVEN** is a half-day workshop on the Sacrament of Reconciliation. Not sure what to say or what to do in Confession? No problem! The rite is explained from start to finish.

To register and get the Zoom link, contact:

Trevera at tdblunt529@gmail.com or call 780-467-5470

You do not have to be a member of OLPH to participate.

Presented by: Growing in Faith Together (GiFT)
Our Lady of Perpetual Help Parish, Sherwood Park

Special Collection THIS WEEK

towards the national Catholic financial effort to support Indigenous healing and reconciliation.

***Specially
Marked
Envelopes
Available in
the Church**



Congratulations & Welcome

*to the children **BAPTIZED**
on Sunday, February 27*

Hayley Ann Fossen

Lukas Gabriel Sanchez



STATIONS of the CROSS

**Join us every FRIDAY during Lent for
Stations of the Cross led by groups from
our parish starting around 7:00 pm
(immediately after the 6:15 pm Mass)**



March 11	Franciscans
March 18	Mary's Servants for Christ
March 25	Catholic Women League
April 1	Knights of Columbus
April 8	JETS

We Remember, We Celebrate, We Believe

13 Brower Drive, Sherwood Park, AB T8H 1Y7 780-467-5470 www.olph.ca



March 7 - 12

Monday ~ John Wachowicz†, Mariette Kennedy†, Ronald Breault†, Cecilia Leung†, Dominic & Vivian Gomes†, Troy†, Dolly Hogarth†, Eric Marsolois, Josie Draganiuk, Uduak Akpan, Byron Christen Groves†

Tuesday ~ Inocencia Gapas†, Cecilia Leung†, Katy Dillman†, Dolly Hogarth†, Tulita Fabros†, Marvin & Gail Weleschuk & family, Fr. Mario, Jeannette Paskevich, Byron Christen Groves†

Wednesday ~ Joseph Wesko†, Cecilia Leung†, Troy†, Dolly Hogarth†, Vincent Faria†, Carol & Keith Evans, Eric Marsolois, Jeannette Paskevich, Byron Christen Groves†, Margie Koop†

Thursday ~ Don Riley†, Cecilia Leung†, Hans Schnepfer†, Dolly Hogarth†, Tulita Fabros†, Byron Christen Groves†, Albert Sieben†, Byron Christen Groves†, Nelson Onyemeh & colleagues†, Marvin & Gail Weleschuk & family, Paddy Wesko

Friday ~ Mervyn Lynch†, Mary Marien†, Cecilia Leung†, Dolly Hogarth†, Lennard Sebastian†, Jeannette Paskevich, Thi Ngo, Theresa Ngo, Byron Christen Groves†

Saturday ~ Cecilia Leung†, Dolly Hogarth†, Linda Batdorf†, Byron Christen Groves†, Yvonne Vesh, Terry Rogucki

DEADLINE for Bulletin is Wednesdays at Noon.
Email your announcements to: nlavigne@olph.ca

Pastor
Fr. Jim Corrigan
jcorrigan@olph.ca

Associate Pastor
Fr. Mario Villaraza, SDB
fmario@olph.ca

Permanent Deacon
Deacon Lynn Pion
lpion@olph.ca

Business Coordinator
Arden Playford
aplayford@olph.ca

Pastoral Assistant
Natalie Lavigne
nlavigne@olph.ca

Youth Ministry
Tricia Murphy
tmurphy@olph.ca

Administrative Assistant
Jenny Velazco
jvelazco@olph.ca

Volunteer Management
Monique Lamoureux-Veley
Monique.Lamoureux-Veley@caedm.ca



Teaching Mass & Practices:

March 7 and March 9 at 6:15 pm

Upcoming Celebrations:

Sat. March 12 at 5:00 pm Mass
Madonna School

Sun. March 13 at 8:30 am Mass
Holy Spirit School

Sun. March 13 at 10:30 am Mass
EPK & St. Nicholas Schools

Sun. March 13 at 12:30 pm Mass
Holy Redeemer & St. Luke

Register your child (grade 2 and older) for our next Sacramental Preparation Session by March 31.
Email sacraments@olph.ca



PRAYER REQUESTS:
Contact Doreen at 780-467-0597 or Josie at 780-467-0197

Website: www.olph.ca

Facebook: facebook.com/olphshernwoodpark

Archdiocesan Website:
www.caedm.ca

INTERAC E-Transfer Donations:
OLPH.etransfer@caedm.ca
Please include your Envelope # OR address and any special instructions in the Message Box for the e-transfer.

Parish Office 780-467-5470
All Other Inquiries:
info@olph.ca

OLPH Financial Report

Week 9 February 27, 2022	Cost of Operating the Parish	Building Fund Target Amount	Together We Serve Target Amount
Average weekly amount required (based on 2021 budget)	\$24,838.00	\$2,480.00	\$2,212.00
Donations this week	\$25,425.40	\$2,848.60	\$892.40
This week surplus/shortfall	\$587.40	\$368.60	-\$1,319.60
<ul style="list-style-type: none">Cost of operating the parish average weekly amount is based on total expenses projected in 2021 budget.Building fund target average weekly amount is based on total donations projected in 2021 budget.Together We Serve weekly amount is based on an annual target of \$115,000 set by the Archdiocese.			

A humble and heartfelt THANK YOU to everyone who has continued to support the financial needs of the parish with **(PAD) Pre-Authorized Debit** or by bringing your **Sunday Giving Envelopes** to the church. OLPH is now set up to also accept donations via **INTERAC E-TRANSFER** at: OLPH.etransfer@caedm.ca



Sacraments



Marriage Preparation

Next **ONLINE Marriage Prep Weekend** will be March 18-20, 2022
EMAIL for registration details: marriage.preparation@caedm.ca

Baptism



Baptism Preparation Classes 2nd Tuesday every month at the church at 7:00 pm (except during Lent). Next class April 12
Baptism Celebrations are held the 3rd and 4th Sundays every month at 2:30 pm (except during Lent). Upcoming celebrations: April 17 & 24, May 15 & 22, To register EMAIL: info@olph.ca



Preparation sessions for children Grade 2 and older offered throughout the school year.

Deadline to Register for Spring Session is March 31.
To register or for more details EMAIL: sacraments@olph.ca



Theme for March: Lesson 3 "Reconciliation"

- ☐ Saturday, March 19 at 8:30 am
 - ☐ Monday, March 21 at 6:15 pm
 - ☐ Wednesday, March 23 at 6:15 pm
- * Every class begins with Holy Mass. Email Natalie at sacraments@olph.ca to register or change your class selection for the month.



Daytime contact Father Jim on his cell phone 780-470-2730.
After hours please call the Parish Office at 780-467-5470 and follow the instructions to be put through to the priest on call.

In Event of an Emergency, Contact Fr. Jim at 780-470-2730 (call or text)

Parish & Community News

Lenten Flight on JETS Airline

This Friday, March 11, the JETS group is traveling the Way of the Cross with our Mother Mary and spending time “with” the incarcerated. Prayer and then service if you please, on this amazing flight.

Beginning at 9:45 am in the Church sanctuary (or alternately downstairs in the Large Meeting Room in the event of a funeral), we will gather to pray the Stations of the Cross from the heartbreaking but inspiring perspective of Mary. Our mini-pilgrimage of the *Via Crucis* will be a wonderful and gentle way to begin our Lenten journey. And then what more perfect way to continue on that journey than to answer the call from God, *‘I was a stranger and you made me welcome, lacking clothes and you clothed me, sick and you visited me, in prison and you came to see me.’ Matthew 25:35-36* We will then be crafting cards full of inspirational quotes and thoughts and sending them to a local Edmonton-area prison. Kindly bring any cardstock, markers, crafty items and blank cards to assist with this service, ladies. Questions can be answered by contacting any of the three Captains of the Day: Edwina at nevie-gas@gmail.com, Aida at issaaida33@yahoo.com or Nancy at 780-464-5356.

“Do not be afraid to be saints.” Pope John Paul II.



Lent comes providentially to reawaken us, to shake us from our lethargy.

— Pope Francis —



**OLPH & Inner City
Pastoral Ministry**

ICPM is an interdenominational Christian ministry that serves a diverse community in the Edmonton inner city core. Once again, last month we were able to provide pre-packaged lunch bags for 200 residents at the Bissell Centre. With covid easing and the Good Lord willing, we hope to resume making full lunches in September. We are looking forward to seeing all our volunteers again.

Your ICPM chairs: Donna and Margaret



The Ukrainian Catholic Church in Canada has partnered with the Canadian branch of the Papal charity, **The Catholic Near East Welfare Association** (CNEWA), to provide immediate humanitarian support for the people of Ukraine. Donations can be made through **The Ukrainian Catholic Eparchy of Edmonton** site:

<https://eeparchy.com/donate/>



Parish & Community News

WHY IS THERE SUFFERING?

OUR 1st GYM NIGHT!!!

All High School aged youth are welcome to join us for fun and games in the **Archbishop Jordan High School gym** that will conclude with a conversation about suffering, and prayer.

WHERE: Archbishop Jordan High School Gym
WHEN: 6:30pm on SUNDAY March 6th

JOIN US...

OLPH YOUTH

In bringing together Catholic young adults and Catholic youth for a night of adoration!

ADOREMUS TE

After 5pm mass at
Our Lady of Perpetual Help in
Sherwood Park on Saturday
March 12th.



Meet your OLPH Parish Synod Team:

Bridget Kenny
Greg Szott
Mary-Lou Veeken
Terry Volk

Synod Lunch Mondays

Facilitated by Dr. Eugenia Pagnotta-Kowalczyk

Have a question relating to the Synod? Would like to share feedback or an idea that has worked well in your parish, community, organization, school, etc.? Drop in “virtually” for a quick question or an opportunity to share and/or learn something new.
Monday, March 28: 12 noon – 1 pm <https://us02web.zoom.us/j/89546821915> Meeting ID: 895 4682 1915

Monday, April 4: 12 noon – 1 pm <https://us02web.zoom.us/j/86074252765> Meeting ID: 860 7425 2765

Monday, April 11: 12 noon – 1 pm <https://us02web.zoom.us/j/85160004620> Meeting ID: 851 6000 4620



DELEGATION TO ROME RESCHEDULED

The Canadian Catholic Bishops, Assembly of First Nations, Métis National Council, and Inuit Tapiriit Kanatami are pleased to announce that the delegation to Rome to meet with Pope Francis, originally planned for December 2021, is now scheduled to take place at the end of March and early April of this year. Working closely with the Vatican, new dates have been confirmed. **The Holy Father is now scheduled to meet with individual Indigenous delegations the week of March 28, 2022. A final audience with all participants will take place on Friday, April 1, 2022.**

We remain committed to walking toward healing and reconciliation and very much look forward to the opportunity for Indigenous Elders, knowledge keepers, residential school survivors, and youth to meet with Pope Francis.

Prayer FASTING & ALMSGIVING

My friends, how are you and your hearts doing? I do mean physically, but I also mean, how are your hearts, spiritually and emotionally? Our hearts are an especially vital component of our personas. If our physical heart is not well, it can cause us untold challenges. In the same way, if our spiritual and emotional hearts are not healthy, the lives that God has blessed us with can lack that which makes life truly joyful. I am thinking about our hearts this morning because our Friday Gospel reading got me thinking about new wine and old wine skins. You are familiar with the Scripture where Jesus says, “no one puts new wine in old wine skins.” Well, I invite you to think of your hearts as wineskins and the new wine is the Good News of the Gospel. Are your hearts prepared to receive the new wine, the Good News of our Lord?

I find it providential that the mandates and restrictions that we have lived with for two years, were lifted on March 1, and our Lenten journey began on March 2. The timing could not have been better; for newfound freedoms, and new beginnings in our communities, parishes, and families! Our Ash Wednesday celebrations indicated strongly that our dear sisters and brothers do desire to be back within our parish community. I have certainly found that there is a lot of moving parts in this parish when it comes to the concept of a reboot as it were. I also know we have a wonderful, wonderful group of committed ministry leaders in our parish, and we will be just fine. We are moving forward with what the hospitality industry would refer to as a soft opening, and Lent is a perfect time to take small but sure steps.

Friends, this Lenten season is a time the Church has offered her children to intentionally focus on preparing our hearts to be the receptive wine skins that God created them to be. Lent is the Church's gift to you and me. She offers us three strong pillars that we can focus our efforts on, with the goal of preparing our hearts in a meaningful

way to receive joyfully the Good News that our Lord desires us to embrace. **Prayer, Fasting and Almsgiving.** We are all familiar with these three devotional practices, but us Christians did not invent them. Our Jewish brothers and sisters have long embraced these three practices, which are certainly worthy of our commitment. Why? Because they are about something/someone other than ourselves.

Prayer is perhaps the most practical way possible to maintain and to grow in our relationship with the Lord. Prayer is really about a friend asking a friend for assistance. You know from your other important relationships; real friends do not hesitate to ask real friends for help. Prayer about someone else is selfless, but it is quite alright to ask God for our own needs too. Prayer is always outward focused in that it is always to end up in the hands of God, by way of Our Lord Jesus Christ, who is “the way the truth and the life, no one comes to the Father except through Jesus, (Jn 14, 6).”

Fasting, is not only about food but it is making room for other things in our lives. If I am going to fast from video games, television, limit my facebook time etc., these are modes of making space in your lives for the other; our spouse, our children, our faith. Fasting from judging others, fasting from speaking harshly to a loved one; these are concrete, practical modes of improving your relationship with others. Lent is the opportunity to intentionally focus on these challenges that we all face.

Almsgiving is not only about financial resources. Almsgiving can be about you giving of your time and your talent for the benefit of others. When you give of yourself for the good of another, I am sure the Lord smiles at this type of almsgiving. Why? Because we literally give of ourselves for the good of someone other than ourselves, just as our Lord and Savior did.

My encouragement to you, my friends: **Pick one area of focus. Set yourself up for success. Make it doable.** If you are not praying first thing in the morning, challenge yourself to say one Hail Mary before you get out of bed. This may not sound like much but if you develop the habit over forty days of Lent, you can always add to your prayer repertoire in the future.

My friends, happy Lent. Please endeavor to view this Lenten gift as an opportunity, not an obligation. Let us in an authentic way prepare our wineskins/hearts for the new wine/Good News of our Lord Jesus.

God's Lenten blessings,

Fr. Jim

