



Parish Soup & Bread Lenten Series for 2016



Once again during Lent, the Parish is hosting the Lenten Series in support of Development and Peace.

Format of the evening held in the Parish Hall:

5:45 – 6:30p.m. Grace begins our delicious, but simple supper of homemade soup and fresh bread, which also supports our Lenten fasting. A suggested donation of what it costs for your own supper goes to the Share Lent program of the Canadian Catholic Organization for Development and Peace. (Highchairs are available for the younger ones.)

6:30 – 7:00p.m. Each week features a guest speaker on a variety of topics concerning Social Justice in our community and our world.

7:15 – 7:45p.m. (approx) Stations of the Cross led by parish ministries and groups. Reconciliation to follow.

Guest Speakers

March 11 Soup provided by “ABJ Culinary Arts Program”
Speaker: Geomeer Project - The ABJ students, our future Leaders share how they can make a difference.
Stations of the Cross - JETS

March 18 Soup provided by Proclaimers
Speaker: Sandy Prather; 'Stoking the Fire,' how we maintain a fervor for social justice over the long haul.
Stations of the Cross - Altar Servers

EASTER BAG PROJECT and INNER CITY PASTORAL MINISTRY (ICPM) at the BISSELL CENTRE



THANK YOU DEAR PARISHIONERS, for your wonderful response in picking up the empty Easter Bags last weekend. Just a reminder to fill the bags with the list provided and please bring back to the Church foyer by Sunday, March 12/13. If you did not get the opportunity to pick up a list of the items needed for a man or a woman for this Easter Bag Project, please drop by the office during office hours. There will be a box in the foyer that you can put them in. Thank You again for your generous support.

2015 Tax Receipts Ready for pick up!

The 2015 income tax receipts for donations to the parish are available for pick up in the hallway outside of the Parish office. Please stop by and pick yours up as you leave today. If you do not reside in Sherwood Park and your tax receipt is not in the box, it has been mailed out.

HOME SCHOOLING CONFERENCE

Join us for the Western Canadian Catholic Home School Conference, March 10-12 at Providence Renewal Centre, 3005-119 Street, Edmonton. Our theme is "Mercy." For more information, contact Veronica at 780-467-8410 or email wccscreg@shaw.ca, or visit us online at www.wcchsc.net



Our Lady of Perpetual Help Parish

A Roman Catholic Christian Community

We come together at our Lord's invitation to worship God, celebrate the sacraments, and deepen our faith. We strive to be thankful, generous and welcoming, and are sent forth to help advance God's Kingdom on earth by proclaiming the Gospel and serving others.

March 6, 2016 Fourth Sunday of Lent Cycle Year C

EUCCHARISTIC MINISTRY FOR EASTER

Eucharistic Ministers are invited to sign up for ministry during the Masses of the Easter Triduum. The signup sheets are now available in the foyer. Thank you for your early commitment.

USHERS! Holy Week Sign-up Sheets!

Sign-up sheets for Holy Week celebrations have been posted in the Ushers' Room. Ushers can sign up there or contact Dave Schmidt (Home: 780-922-6862 Cell: 780-951-7031 E-mail: dcwde@wildroseinternet.ca)

Holy Week Review Session for Ushers

There will be a Holy Week protocol review session for ushers Wednesday, March 9 at 7:00 pm downstairs in the Meeting Room at the church. Emergency procedures will also be reviewed. All ushers please attend! For more info., contact Dave Schmidt at dcwde@wildroseinternet.ca

Lenten Penitential Services

Our Parish Lenten Penitential Service is scheduled for **Tuesday, March 15th at 7:00 pm**. If you are unable to attend the service at our parish, please consider attending the Penitential Service at one of the other parishes.

Assumption Parish

Tuesday, March 8 at 8:00 pm

St. Michael/ Resurrection

Tuesday, March 8 at 8:00 pm

St. Theresa Parish

Tuesday, March 17 at 7:00 pm

OLPH Photo Directory Ready For Pick-up

If you had your photo done for the directory, your free copy is ready for pick-up in front of the Parish office in alphabetical order. Thank You for your patience.



www.kofc6033.org

Knights of Columbus

Archbishop MacDonald Council 6083

Spring Fling '16

Saturday April 9, 2016 / OLPH Parish Hall / Dinner, Dance & Auction \$45/person
Doors open @ 5:30 / Dinner @ 7:00pm

Dance at 9:00 pm by: Mike & the Relics

North to Alaska Cruise w/ Fr. Jack

Raffle tickets on sale after Masses & from members of the Knights- \$10 ea - only 800 tickets printed!

1 week cruise on Holland America Line for 2/ Verhanda Cabin (Balcony) August 27 - September 3 2016 (Some restrictions apply)

Event tickets \$45 / available after Masses or call Ron MacDonald @ 780.416.1338 or springfling-tickets@kofc2083.org

Parish and Community News

**JETS (Java, Exercise/Eating, Talk & Service)
Spring Flight Schedule Released**



The JETS women's group is thrilled to announce 10 new destinations, taking off this Friday and running through till mid-June. Please arrive at our departure gate (St. Joan Room) at 09:20; coffee and light snacks to be served onboard. Flight sessions begin at 09:35. Childcare available for a nominal fee. More information can be obtained by contacting the JETS co-captains; **Aida D.** at **780.922.2156** or **Nancy F.** @ **780.464.5356**. Reservations are not necessary for most flights - so please pick the destination(s) below of interest!

March 11 - Women's Day Friendship Tea Party
 March 18 - Linking Generations presentation
 April 08 - In the Kitchen/Youth Dinner food prep
 April 22 - Badminton at MP
 April 29 - Empowering Women presentation

May 06 - Mother's Day Toiletry Service Baskets/
 Brunch
 May 27 - Bird Watching on E's acreage
 June 03 - L'Arche Service Morning
 June 10 - Walk with Seniors
 June 17 - Scavenger Hunt & Picnic!

Fasting & Feasting

*Lent is more than a time of fasting, it can also be a joyous season of feasting.
 Lent is a time to fast from certain things, and to feast on others.*

- | | |
|--------------------------------------|-----------------------------------|
| Fast from judging others | Fast from unrelenting pleasures |
| Feast on the Christ dwelling in them | Feast on unceasing prayer |
| Fast from emphasis on differences | Fast from hostility |
| Feast on the unity of life | Feast on peace |
| Fast from apparent darkness | Fast from bitterness |
| Feast on the reality of light | Feast on forgiveness |
| Fast from thoughts of illness | Fast from self-concern |
| Feast on the healing power of God | Feast on compassion for others |
| Fast from words that pollute | Fast from personal anxiety |
| Feast on words that purify | Feast on trust |
| Fast from discontent | Fast from discouragement |
| Feast on gratitude | Feast on hope |
| Fast from anger | Fast from acts that tear down |
| Feast on patience | Feast on acts which build up |
| Fast from pessimism | Fast from thoughts that weaken |
| Feast on optimism | Feast on promises that inspire |
| Fast from worry | Fast from idle gossip |
| Feast on Divine Providence | Feast on purposeful silence |
| Fast from complaining | Fast from problem which overwhelm |
| Feast on appreciation | Feast on prayer that undergirds |
| Fast from negatives | |
| Feast on affirmatives | |

Scarborough Missions/February 1999

**Liturgy Schedule
 Mon. Mar. 7 - Sun. Mar. 13**

Mon: 8:45 am Morning Prayer;
Tues: 8:45 am Morning Prayer, 6:15 pm Mass
Wed: 8:45 am Morning Prayer, 9:00 am Mass
Thurs: 8:45 am Morning Prayer, 6:15 pm Mass
Fri: 9:00 am Mass
 7:15 pm Stations of the Cross
 7:45 pm Reconciliation
Sat: 10:00 am Reconciliation, 5:00 pm Mass
Sun: 8:30 am Mass, 10:30 am Mass,
 5:00 pm Mass - Engaged

This Week's Mass Intentions

Tues. Mar. 8: Harry† Winifred Williams† The Wozney Family, Steven Wozney†
Weds. Mar. 9: Helene Fisher† Gerard Caissie† Carol Abeli, Thanksgiving
Thurs. Mar. 10: Baby Kamryn MacDonald† Arianah Akle
Fri. Mar. 11: Mark Carlson† Mr. & Mrs. Beneric Sulit

Holy Week At A Glance

Holy Week 2016 at a Glance

Holy Thursday, March 24th- 7:00 pm
Good Friday Liturgy, March 25th - 10:30 am, 3:00 pm
Tenebrae, March 25th - 8:00pm
Blessing of Easter Food, March 26th - 12:00 pm
Easter Vigil, March 26th - 9:00 pm
Easter Sunday, March 27th - 8:30 am Upstairs,
 10:30 am Upstairs and Downstairs

"The people of earth have need of a triple mercy: sorrow for their sins, penance to atone for them, and strength to do good." --St. Bridget of Sweden

Marian Gift Shop Hours

The Marian Gift Shop will be open on the weekend after the following Masses: Saturday 5:00 pm, Sunday 8:30 am and 10:30 am Mass.



OLPH PARISH OFFICE HOURS

Please note that the Parish hours are as follows:
Monday - Thursday 8:30 am - 9:00 pm
Friday - 8:30 am - 4:30 pm
CLOSED for lunch daily between Noon and 1:00 pm
Office is CLOSED on Statutory Holidays and WEEKENDS

Pastoral Team

Pastor
 Msgr. Jack Hamilton - jack.h.vg@gmail.com
Associate Pastors
 Fr. Antony Cruz, S.A.C. -acruz@olph.ca
 Fr. Pierre Ducharme, OFM - pducharme@olph.ca
Pastoral Assistants
 Betty Donovan- pastoralcare@olph.ca
 Sue Boyne - pastoralcare@olph.ca
 Monna Senez - msenez@olph.ca
 Sharon Darbyshire - sdarbyshire@olph.ca
 Brother Joe Glaab, OFM - jglaab@olph.ca
 Raylene Yuzyk - ryuzyk@olph.ca
Business Manager
 Brenda Frederick - bfrederick@olph.ca
Volunteer Coordinator
 Liam Hyland - lhyland@olph.ca
Administrative Assistants
 Lorraine Dotto - ldotto@olph.ca
 Lisa Revoy - lrevoy@olph.ca
 Jenny Velazco - jvelazco@olph.ca

Society of St. Vincent de Paul

(780) 416 - 0931
 Help Line: ext 1
 Donations: ext 2

OLPH Prayer Laudators

We pray for others. Prayers of praise and intercession are offered to God our Father. Confidentiality is respected at all times. Contact: **Doreen at 467-0597** or **Josie 467-0197.**



Faith Formation

Are you being called to the Catholic Church?

Maybe you just came today to see what it's all about,
...or you come regularly to Mass, alone or with a Catholic spouse or friend,
...or you have never been baptized or were baptized in another Christian tradition,
...or you have questions about the Church and are looking for answers,
...or you simply feel an inner stirring that is drawing you to the Mass and Eucharist.
Whatever your reason, we welcome you and invite you to learn more. Our Rite of Christian Initiation of Adults (RCIA) is for YOU if you want to explore Baptism or full membership in the Catholic Church. Contact: Fr. Pierre at pducharme@olph.ca or Alana at alaperle@telus.net or call the Parish office at 780-467-5470. For more information on **Becoming Catholic**, visit www.olph.ca

Do a Spiritual Work of Mercy this Spring – Bring a Friend to Alpha!

During this Jubilee Year of Mercy, each one of us is called to be a sign of Divine Mercy to the world. One spiritual work of mercy is to instruct those who want to know Christ or know more about their Christian faith. Alpha makes it easy! Bring a friend (or two or more!) and join us at the Spring Alpha Course.

Choose the time that works best for you:

Thursday Evenings 7:00 pm - 8:30 pm	OR	Friday Mornings 9:30 am -11:00 am
April 7 - May 26		April 8 - May 27
Large Meeting Room		St. Maria Room

For more information and to register, please contact Alana at 780-922-8081 or alaperle@telus.net.

Prayer For Vocations

Pray For Our Seminarians - Daily Calendar 2016

This week please pray for the following seminarians discerning a vocation to the priesthood:
(March 6 - March 15)

(6) Chad M. (7) Chinh V, Christopher J. (8) Curtis B. (9) Daniel J. (10) Derek R., Devan J.
(11) Emmanuel E., Jayson D. (12) JD C., Jessie B. (13) John O., Jonathan K.
(14) Joshua G., Jovita E. (15) Karl T., Kendrick B.

Prayer for Vocations

Heavenly Father, bless your Church in the Archdiocese of Edmonton with
An abundance of holy and zealous priests, deacons, religious, and seminarians.
Give those You have called to the married state and those
You have chosen to live as single persons in the world, the
Special graces that their lives require.
Form us all in the likeness of Your Son so that in Him,
With Him, and through Him we may love You more deeply
And serve You more faithfully, always and everywhere.
With the virgin mother Mary we ask this through Christ your Son. Amen

Children Sacraments



Attention all Parents of children making their First Communion this year.

First Communion dates can be booked for any of our weekend Mass times

(Saturday 5:00 pm, Sunday 8:30 am, 10:30 am or 5:00 pm.

EXCEPT for:

- ◆ Lent (February 13th till Easter on March 27th).
- ◆ Sunday, May 8th, Saturday, May 28th & Sunday June 18th.

Contact **Raylene** at the Parish office if you have any questions at 780-467-5470.

Confirmation Session #5

Monday, March 7th or Tuesday, March 8th at 7:00 pm.

Confirmation Celebrations: Sunday, April 17 at 2:00 pm - H/R, H/S, OLPH, Public Schools
Monday, April 18, 7:00 pm– St. Luke, St. Theresa, Home Schooled.

Let the first among you who is without sin cast the first stone.

Olph Youth Ministry News

Youth Nights Faith Fun and Fellowship!

For Junior Youth Gr 7 & 8
For Senior Youth Gr 9 to 12

Youth Dinners and Youth Night

March 6th - Friary Tour has been cancelled due to low registration.

March 20th—Youth dinner and Activities

- Lenten movie 'MOST' for Senior teens followed by fellowship time.
- Activities for Junior teens.

Parents please note that pick up time has changed

Please pick up at the back of the Parish hall doors
at 8:00 p.m. All other doors are locked.

Thank you

Reminder for youth to bring a non-perishable food item.

2016 Dates

March 20th Dinner and youth night
(no dinner sponsor)

April 10th Dinner sponsored by JETS

April 24th Dinner sponsored by
Secular Franciscans

May 15th Dinner sponsored by
St Vincent de Paul

June 5th Year end BBQ sponsored
by Parish Council

Contact Sharon Darbyshire at the Parish office 780-467-5470
or email: sdarbyshire@olph.ca

March 6 - Fourth Sunday Of Lent

Laetare Sunday calls us to rejoice, and we hear profound reasons for joy in the story of the prodigal son. Even when we make life choices that cause great pain, God is always there, ready to forgive us. How deep is God's mercy? Today's readings say that the only limits are the ones we place on God's infinite love.

"Father, I have sinned against heaven and against you; I no longer deserve to be called your son." Luke 15:21

Year Of Mercy



Year of Mercy (Living Mercy in the Jubilee Year)

In the Year of Mercy, the Small Christian Community at OLPH Parish is happy to bring God's Mercy through Our Lady's intercession by providing the Mother Mary Pilgrim Statue to Parishioners upon request. The statue will remain with each home for a Week. On those days of Mary's presence the hosting family/individual is encouraged to invite friends and neighbors to gather before the statue and pray the Holy Rosary. Then at the end of the Week (on Saturday) the Pilgrims' Statue will journey to another Parishioner's home. This journey will give us the foretaste of God's mercy, love and make us united with the Church. The journey began on January 1, 2016 on the Solemnity of Mary, the Mother of God. Request for the Pilgrims' statue can be made to **Lauren** at **780-416-9422** or **Darrel & Debra Slugoski** at **780-465-2615**, darrel.debra@shaw.ca

Corporal Work of Mercy: Visit the Imprisoned "Our Lord Jesus Christ, as though all the other proofs of his mercy were insufficient, institutes the Eucharist so that he can always be close to us. We can only understand up to a point that he does so because Love moves him, who needs nothing, not to want to be separated from us. The Blessed Trinity has fallen in love with man..." - St. Josemaria

Together We Serve

Together We Serve 2016

Thank you for your support to date for *Together We Serve*. *Together We Serve* supports those sent out into the world to share the mercy of the gospel: our priests, bishops, Catholic teachers, chaplains, pastoral workers and missionaries. *Together We Serve* supports:

Newman Theological College

St. Joseph's College (at the University of Alberta)

St. Joseph Seminary

Needs of the Canadian Church

Let us, together as one family in Christ, join in the healing mission of the Church through Together We Serve. For more information, please visit www.caedm.ca/WeServe.

World Youth Day 2016

World Youth Day group will be holding a parish Silent Auction and Dance happening on Saturday, April 30th. The evening will start at 6:30 pm and will feature a live DJ. Tickets are \$15 and will be available after all Masses beginning April 3rd. In addition, there will be a silent auction at this event with proceeds to the silent auction going to help the pilgrims travelling to WYD. Refreshments will be provided and alcohol will be available for purchase. If you have any questions or want to reserve tickets, please contact **Jonhansel Ng** at jonhansel.ng@gmail.com.

Parish & Community News

Thanksgiving Mass In favour of the Obaid Family

It has been a year since our first OLPH Parish sponsored Christian Syrian refugee family, the Obaid's arrived in Canada. On Sunday, March 13th, at the 10:30 am Mass, Lama, Elias and their two young sons, Majd and Youssef, will be attending mass at the OLPH church to celebrate and give thanks for the new lease on life that the parishioners of OLPH have made possible. You are cordially invited to stay after mass for coffee and hospitality provided by the JETS (Java, Exercise, Talk & Serve). The Obaid family would welcome the possibility to thank you personally and be able to express how our Church sponsorship forever changed their lives. Please mark this date on your calendar!

RETREAT SPONSORED BY CWL - Open to all the ladies in our Parish (Facilitator - Debbie Doornbos)

Debbie Doornbos is a professional facilitator, retreat leader and adult educator. She helps people to grow in their spiritual journey.

Theme: "The Way" A Lenten Journey of the Heart.

When: Saturday, March 19, 2016 from 9:00 am - 3:30 pm

Where: Meeting Room downstairs

Advance tickets only. Tickets will be sold after all Masses on March 5 & 6 and March 12 & 13. Price is \$15.00 (Lunch & muffins included)



Divine Mercy - Sunday April 3rd at 3:00 pm

Chaplet of Divine Mercy/Exposition of The Blessed Sacrament Sunday, April 3rd at 3:00 pm
Prayed on ordinary rosary beads, The Chaplet of The Divine Mercy is an intercessory prayer that extends the offering of the Eucharist, so it is especially appropriate to use it after having received Holy Communion at Holy Mass. It may be said at any time, but our Lord specifically told St. Faustina to recite it during the nine days before the Feast of Mercy (the first Sunday after Easter). He then added: "By this Novena, (of Chaplets) I will grant every possible grace to souls."



Dear Parishioners,

We would like to take this opportunity to **thank you** for choosing to give through our Gift Catalogue. **Thank you** for helping a child or family in need, while honouring a special person in your life. Last year we were able to engage over 3,600 families across the country through our Christmas Gift Catalogue. Thanks to those gifts, more children will be healthier and able to go to school. More families will become self-reliant and have more hope for a brighter future. You can still give through the Chalice gift catalogue throughout the year. Special Occasion Gift Catalogues are at the back of the church for you to take home. Please feel free to share them with your friends, neighbors and families.

God bless you and your families, Marie-Thérèse and Billy Spindler,

Chalice Supporters

We Remember, We Celebrate, We Believe

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email: info@olph.ca Website: www.olph.ca Archdiocesan website: <http://www.caedm.ca>