



## Parish Soup & Bread Lenten Series for 2015



Once again during Lent, the Parish is hosting the Lenten Series in support of Development and Peace.

### **Format of the evening held in the Parish Hall:**

**5:45 – 6:30p.m.** Grace begins our delicious, but simple supper of homemade soup and fresh bread, which also supports our Lenten fasting. A suggested donation of what it costs for your own supper goes to the Share Lent program of the Canadian Catholic Organization for Development and Peace. (Highchairs are available for the younger ones.)

**6:30 – 7:00p.m.** Each week features a guest speaker on a variety of topics concerning Social Justice in our community and our world.

**7:15 – 7:45p.m.** (approx) Stations of the Cross led by parish ministries and groups. Reconciliation to follow.

### **Guest Speakers**

- February 12** Soup provided by “OLPH Staff”  
**Speaker:** Stef Michniewski; Pope Francis “Merciful Like The Father”  
**Stations of the Cross** - Knights of Columbus
- February 19** Soup provided by CWL  
**Speaker:** The Marian Centre in Edmonton is primarily known for its service to the poor. The homeless & needy are welcomed, fed and clothed. “The poor are Christ to us, and in serving them, we received much more than we give.”  
**Stations of the Cross** - CWL
- February 26** Soup provided by Young Disciples  
**Speaker:** Bruce Klanke - Catholic Social Services  
**Stations of the Cross** - Young Disciples
- March 4** Soup provided by Knights Of Columbus  
**Speaker:** Armand Mercier - Habitat 4 Humanity  
**Stations of the Cross** - “Love & Forgiveness” - OLPH Staff & Robert
- March 11** Soup provided by “ABJ Culinary Arts Program”  
**Speaker:** Geomeer Project - The ABJ students, our future Leaders share how they can make a difference.  
**Stations of the Cross** - JETS
- March 18** Soup provided by Proclaimers  
**Speaker:** Sandy Prather; 'Stoking the Fire,' how we maintain a fervor for social justice over the long haul.  
**Stations of the Cross** - Altar Servers

*Thank You to everyone for helping to make our Lenten Series Special.*



## Our Lady of Perpetual Help Parish

*A Roman Catholic Christian Community*

*We come together at our Lord's invitation to worship God, celebrate the sacraments, and deepen our faith. We strive to be thankful, generous and welcoming, and are sent forth to help advance God's Kingdom on earth by proclaiming the Gospel and serving others.*

*February 7, 2016 The Fifth Sunday In Ordinary Time Cycle Year C*

### **2015 Tax Receipts Ready for pick up!**

The 2015 income tax receipts for donations to the parish are available for pick up in the hallway outside of the Parish office. Please stop by and pick yours up as you leave today. If you do not reside in Sherwood Park and your tax receipt is not in the box, it has been mailed out.

### **OLPH Parish Shrove Tuesday Pancake Supper, February 9th**

Please join us on Tuesday, February 9th for the Shrove Tuesday pancake supper beginning at 5:30 pm to 7:00 pm. The cost is \$5 Adults, \$2 - Age 5 to 12, Under 4 Free, Family \$15. Tickets available at the door.

### **All Day Confession At OLPH Parish February 17th 8:00 am - 8:00 pm**

Pope Francis says, “It is not easy to entrust oneself to God's mercy, because it is an abyss beyond our comprehension. But we must! ... ‘Oh, I am a great sinner!’ All the better! Go to Jesus: He likes you to tell him these things! He forgets, He has a very special capacity for forgetting. He forgets, He kisses you, He embraces you and He simply says to you: ‘Neither do I condemn you; go, and sin no more.’” (Jn 8:11).

On Wednesday, February 17, you are invited to celebrate the Sacrament of Reconciliation on the annual Day of Confessions. Priests are available all day for confession.

### **World Day of The Sick**

The 24th World Day of the Sick will be celebrated on **Thursday, February 11**, the memorial of Our Lady of Lourdes. This year, the Holy Father's Message for the Day of the Sick is entitled: Entrusting Oneself to the Merciful Jesus like Mary: "Do whatever he tells you" (Jn 2:5). In his message, Pope Francis invites all those who assist the sick and the suffering to draw their inspiration from Mary, the Mother of Mercy. "Let us entrust to the Virgin Mary our trials and tribulations, together with our joys and consolations. Let us beg her to turn her eyes of mercy towards us, especially in times of pain, and make us worthy of beholding, today and always, the merciful face of her Son Jesus.

The Sacrament of the Sick will be celebrated at the Mass at **OLPH Parish at 7:00 pm.**

### **Fun Run 2016**

It's not too early to start dreaming about a spring run along the river valley! The 11th Annual Faith, Fitness & Fun Run/Walk takes place **Saturday, May 28**, starting on the grounds of St. Joseph Seminary and Newman Theological College, at 10012 - 84 Street, Edmonton. To register, please visit [www.events.runningroom.com](http://www.events.runningroom.com). Registration fee includes T-shirt, hospitality, prizes & fun, and there's a discount for registering early. For more information, email [FunRun@caedm.ca](mailto:FunRun@caedm.ca) or call **Joan** at **780-469-1010 ext. 2136.**

*We Remember, We Celebrate, We Believe*

*13 Brower Drive, Sherwood Park, AB T8H 1Y7 Telephone: 780-467-5470 Fax: 780-467-0530  
email: [info@olph.ca](mailto:info@olph.ca) Website: [www.olph.ca](http://www.olph.ca) Archdiocesan website: <http://www.caedm.ca>*

**Liturgy Schedule**  
**Mon. Feb. 8 - Sun. Feb. 14**

**Mon:** 8:45 am Morning Prayer  
**Tues:** 8:45 am Morning Prayer, 6:15 pm Mass - Shrove Tuesday  
**Wed:** 8:45 am Morning Prayer, 7:00 pm Mass - Ash Wednesday  
**Thurs:** 8:45 am Morning Prayer, 4:00 pm Prayer Vigil for Helene Fisher, 7:00 pm Mass - World Day of Sick.  
**Fri:** 8:45 am Morning Prayer, 9:00 am Mass, 1:00 pm Funeral for Helene Fisher.  
**Sat:** 10:00 am Reconciliation, 5:00 pm Mass  
**Sun:** 8:30 am Mass, 10:30 am Mass, 5:00 pm Mass

**This Week's Mass Intentions**

**Tues. Feb. 9:** Len Siraky † Adam Woods  
**Weds. Feb. 10:** Ash Wednesday-No intentions  
**Thurs. Feb. 11:** No intentions  
**Fri. Feb. 12:** Richard St. Germain †

**† In Loving Remembrance....**

We extend our deepest sympathy and the assurance of the prayers of God's people here at Our Lady of Perpetual Help to:  
 Sheila, Ken & Charlene Fisher and Family. Ken & Sheila's mother, **Helene Fisher** died January 31st in Edmonton.  
 Leo & Yvette Laventure and Family. Leo & Yvette's nephew, **Graeme Bloy** died February 1st in Calgary, AB.

**Marian Gift Shop Hours**

The Marian Gift Shop will be open on the weekend after the following Masses: Saturday 5:00 pm, Sunday 8:30 am and 10:30 am Mass.



*In The Sight Of Your Angels  
 I Will Sing Your Praises O LORD.  
 I Will Worship You In Your Temple  
 And Give Thanks To Your Name.*

**OLPH PARISH OFFICE HOURS**

Please note that the Parish hours are as follows:  
**Monday - Thursday 8:30 am - 9:00 pm**  
**Friday - 8:30 am - 4:30 pm**  
**CLOSED for lunch daily between Noon and 1:00 pm**  
**The office is CLOSED on Statutory Holidays and WEEKENDS**

**Pastoral Team**

**Pastor**  
 Msgr. Jack Hamilton - jack.h.vg@gmail.com  
**Associate Pastors**  
 Fr. Antony Cruz, S.A.C. -acruz@olph.ca  
 Fr. Pierre Ducharme, OFM - pducharme@olph.ca  
**Pastoral Assistants**  
 Betty Donovan- pastoralcare@olph.ca  
 Sue Boyne - pastoralcare@olph.ca  
 Monna Senez - msenez@olph.ca  
 Sharon Darbyshire - sdarbyshire@olph.ca  
 Brother Joe Glaab, OFM - jglaab@olph.ca  
 Raylene Yuzyk - ryuzyk@olph.ca  
**Business Manager**  
 Brenda Frederick - bfrederick@olph.ca  
**Administrative Assistants**  
 Lorraine Dotto - ldotto@olph.ca  
 Lisa Revoy - lrevoy@olph.ca  
 Jenny Velazco - jvelazco@olph.ca

**Society of St. Vincent de Paul**

(780) 416 - 0931  
**Help Line: ext 1**  
**Donations: ext 2**

**OLPH Prayer Laudators**

We pray for others. Prayers of praise and intercession are offered to God our Father. Confidentiality is respected at all times. Contact: **Doreen at 467-0597** or **Josie 467-0197.**



**JETS**  
**NEW FLIGHT DESTINATIONS**  
**ANNOUNCED FOR 2016**

A brand-new schedule of flights has been released for 2016 and female pilgrims over 18 and under 104 are most welcome! Meet at our boarding gate, also known as the St. Joan Room, at 9:20 am; We will begin promptly at 9:40 am. Childcare is available for a nominal fee and in-flight snacks remain complimentary....unlike other competitive airlines.

**Other flights to look forward to this winter include:**

February 19 - **Winter fun at the Strathcona Wilderness Centre**  
 February 26 - **Prayer bouquets and Stations of the Cross**  
 March 11 - **Women's Day Friendship Tea Party**  
 March 18 - **Linking Generations Presentation**  
 April 08 - **Youth Dinner Food Prep**  
 April 22 - **Badminton at MP**

..... and so much more! We will release the second set of scheduled flights when the March winds blow - stay tuned!

For more information, please contact **Aida D. @780.922.2156** or **Nancy F. @ 780.464.5356**

**Planning Ahead**  
**A Catholic Perspective on Funerals, Burials, and Estate Planning**

Gain peace of mind for yourself and your loved ones. Please join a parish pastor along with Deacon Paul Croteau, Edmonton Catholic Cemeteries Director, and Carla Smiley, archdiocesan Planned Giving Coordinator, for an evening that will engage and inform you on these important topics.

**Wednesday February 24<sup>th</sup>**  
 Time: 7:00-9:00 p.m.  
 Location: St. Matthew Parish, 13131 - 86 Street, Edmonton. **To register, contact the parish office at 780-475-2888.** These seminars are jointly sponsored by the Office of Development and Edmonton Catholic Cemeteries. All are welcome.



Welcome to our newest  
**OLPH Parishioner**  
**Baptized on January 30, 2016**

Tyler Stitt



Welcome to our newest  
**OLPH Parishioners**  
**Baptized on January 31, 2016**

Rory Abernethy	Jessica Bagang
Isla Couves	Gabriel Damur
Francesca Escalona	Dominik Luxton
Logan McNainy	Raegan Meyers
Emily Oropeza	Isla Parent
Melanie Sikora	Zachary Strauss
Nora Valens	

**Living Within Limits, Living Well**

A Lenten workshop with Dr. Bob McKeon  
 Come and reflect on the call to live simply this Lenten Season!  
 Saturday, February 13th at 10 am – 2:00 pm  
 Catholic Archdiocese of Edmonton  
 (8421 - 101 Ave. Edmonton)  
 A light lunch served.  
 For more information, or to RSVP, please contact Ann at [aranawana@devp.org](mailto:aranawana@devp.org)  
 Hosted by the Edmonton Archdiocesan Council for Development and Peace.

**Seniors United Now (SUN) Sherwood Park Chapter**

will be holding its monthly meeting on: Tuesday, Feb. 16 at 1:30 pm at Bethel Lutheran Church, 298 Bethel Drive  
 Organization and Topic: Memorial Society of Edmonton - Speaker: Reta Pettit  
 Please come and bring a friend.

*'Christ is living his life in us.  
 His mercy inhabits us.'*

### RCIA Adults/Youth

#### Are you being called to the Catholic Church?

Maybe you just came today to see what it's all about,  
...or you come regularly to Mass, alone or with a Catholic spouse or friend,  
...or you have never been baptized or were baptized in another Christian tradition,  
...or you have questions about the Church and are looking for answers,  
...or you simply feel an inner stirring that is drawing you to the Mass and Eucharist.  
Whatever your reason, we welcome you and invite you to learn more. Our Rite of Christian Initiation of Adults (RCIA) is for YOU if you want to explore Baptism or full membership in the Catholic Church. Contact: Fr. Pierre at [pducharme@olph.ca](mailto:pducharme@olph.ca) or Alana at [alaperle@telus.net](mailto:alaperle@telus.net) or call the Parish office at 780-467-5470. For more information on **Becoming Catholic**, visit [www.olph.ca](http://www.olph.ca)

### Youth Alpha @ ABJ

#### Youth Alpha @ ABJ is Back! Starts Tuesday, February 16

- A chance to learn more about Christian beliefs through fun video presentations and group discussions.
- 10 weekly lunch-time sessions and a half-day retreat @ OLPH
- A great way to get Catholic Faith Formation Credit (10% of Religion grade)
- Open to all ABJ students

#### Space is limited. Register today.

To register, email Alana at [alaperle@telus.net](mailto:alaperle@telus.net) or text 780-446-9009

What guests say about Youth Alpha @ ABJ:

*"I really enjoyed the videos and I connected with what they said."*

*"I had a lot of my questions answered."*

*"It was a positive experience that I found very beneficial."*

*"A great time to feel more comfortable about my faith."*

### 40 Days For Life

#### 40 Days For Life

The CWL invites all parishioners to get involved with 40 Days For Life, a Lenten prayer vigil in front of the local abortion clinic. The CWL has "adopted" Wednesday, March 2 from 7am to 7pm. Please consider becoming a prayer volunteer by donating at least 1 hour of prayer and fasting in front of the local abortion facility (Women's Health Options) at 12409 109 A Avenue, Edmonton. To get involved, please contact our local campaign coordinator, Dayna McBride, and find out how you can join the prayer vigil. To sign up for vigil hours contact Dayna at [dern32@gmail.com](mailto:dern32@gmail.com), or by phone at 780-416-5133.

### Children Sacraments/Programs



#### Attention all Parents of children making their First Communion this year.

**First Communion Retreats; Choose One of:**

- ◆ Saturday, February 20 at 1:00 pm or
- ◆ Sunday, February 28 at 1:00 pm

**First Communion dates can be booked at any of our weekend Mass times**

(Saturday 5:00 pm, Sunday 8:30 am, 10:30 am or 5:00 pm.

**EXCEPT for:**

- ◆ Lent (February 13th till Easter on March 27th).

Contact Raylene at the Parish office if you have any questions at 780-467-5470.

#### Confirmation Sessions - Session #4

Session #4 is on Monday, February 22<sup>nd</sup> or Tuesday, February 23<sup>rd</sup> at 7:00 pm.



**Confirmation Celebrations:**

**Sunday, April 17, 2:00 pm** for the following schools: Holy Redeemer, Holy Spirit, OLPH, Public Schools.

**Monday, April 18, 7:00 pm** for the following schools: St. Luke, St. Theresa, Home Schooled.

*Nothing is sweeter than his mercy. Let us allow ourselves to be caressed by God.*

### OLPH Youth Ministry

## Olph Youth Ministry News

#### Youth Nights Faith Fun and Fellowship!

For Junior Youth  
Gr 7 & 8  
For Senior Youth  
Gr 9 to 12



A great way to meet new friends and connect with old ones.

#### Youth Dinners and Youth Night

- **Sunday, February 7th - Cancelled.**
- Next Youth Dinner is on February 21st
- At 6:00 pm, after the 5:00 pm Mass
- March 6 - Visit to the Franciscan Friary at 2:30 pm.
- Permission form will be needed for the visit to the Friary.

Parents please note that pick up is at the back of the Parish hall doors at 8:30 pm.

**All other doors are locked.**

**Reminder for youth to bring a non perishable food item.**

For more info contact Sharon Darbyshire at the Parish office 780-467-5470 or email: [sdarbyshire@olph.ca](mailto:sdarbyshire@olph.ca)



## February 7 - Fifth Sunday in Ordinary Time

### The Road to Discipleship: When Jesus Gets in Your Boat

Jesus climbs into Simon Peter's boat in today's Gospel. In the boat, Jesus begins to direct Simon Peter's life by asking him to go out into the deep water and put down his nets. Peter, the experienced fisherman, just spent a fruitless night on the water, but agrees to do as Jesus asks. When the catch is abundant, Peter recognizes his own doubt and sinfulness, and how unworthy he is of the grace and abundance Jesus poured out. Jesus also recognizes it, but he has a mission for Peter. When Jesus gets in your boat, he has work for you to do that might not always be smooth sailing. When you say yes, it will be fruitful. Say yes!

#### Readings For: February 8 - 13

**February 8** - First Reading: 1 Kings 8.1-7, 9-13 *"The priests brought the ark of the covenant into the most holy place and a cloud filled the house of the Lord."*

Gospel: Mark 6.53-56 *"All who touched Jesus' cloak were healed."*

**February 9** - First Reading: 1 Kings 8.22-23, 27-30 *"You said: 'My name shall be there, that you may heed the prayer of your people Israel.'"*

Gospel: Luke 2.22-40 *"My eyes have seen your salvation."*

**February 10** - First Reading: Joel 2.12-18 *"Rend your hearts and not your clothing."*

Gospel: Matthew 6.1-6, 16-18 *"Your Father, who sees in secret, will reward you."*

**February 11** - First Reading: Deuteronomy 30.15-20 *"I have set before you today life and prosperity, death and adversity."*

Gospel: Luke 9.22-25 *"Those who lose their lives for my sake will save it."*

**February 12** - First Reading: Isaiah 58.1-9a *"Is not this the fast that I choose: to loose the bonds of injustice."*

Gospel: Matthew 9.14-15 *"When the bridegroom is taken away from them, then my disciples will fast."*

**February 13** - First Reading: Isaiah 58.9b-14 *"If you remove the yoke of the needy, your light shall rise in the darkness and your gloom be like the noonday."*

Gospel: Luke 5.27-32 *"I have come to call not the righteous but sinners to repentance."*

## Year Of Mercy

### Year of Mercy (Living Mercy in the Jubilee Year)



In the Year of Mercy, the Small Christian Community at OLPH Parish is happy to bring God's Mercy through Our Lady's intercession by providing the Mother Mary Pilgrim Statue to Parishioners upon request. The statue will remain with each home for a Week. On those days of Mary's presence the hosting family/individual is encouraged to invite friends and neighbors to gather before the statue and pray the Holy Rosary. Then at the end of the Week (on Saturday) the Pilgrims' Statue will journey to another Parishioner's home. This journey will give us the foretaste of God's mercy, love and make us united with the Church. The journey began on January 1, 2016 on the Solemnity of Mary, the Mother of God. Request for the Pilgrims' statue can be made to **Darrel & Debra Slugoski** at 780-465-2615, [darrel.debra@shaw.ca](mailto:darrel.debra@shaw.ca)

### Catholic Renewal Services of Edmonton

#### Mass with Healing Service

Presided by: **Rev. James Bodula**, CRS Edmonton Spiritual Director

**February 27, 2016** Good Shepherd Catholic Church, 18407-60 Avenue, Edmonton @ 7:00 pm

## Parish News

### Parishioners using Contribution Envelopes

**Please Remember** to pick up your 2016 envelopes in the foyer of the church.



Thank You to all who have offered to help in baking bread for our Soup & Bread Lenten Series which starts on Friday, February 12th.

Looking forward to seeing you there!

### CWL NEWS

#### Reminder: 2016 CWL Membership Fees

We are updating our 2016 membership list and wish to include everyone. Please forward your fees for 2016, addressed to CWL Membership and may be dropped off at the Parish office. Include your name, address, phone number and email. Membership fee is \$30.00



### Encore Senior's Group Potluck Lunch

Join us for a potluck lunch on Thursday, February 18th at 12 noon downstairs in the St. Joan Rm. Bring your favorite fingerfood. It's a great way to meet new friends. For more information contact **John** at 780-464-5991. All are Welcome!

### Lost & Found Items

Are you missing keys, watch, ring, bracelet, change purse, music meter, Sunday Missal and much more? Contact our Parish Office during office hours at 780-467-5470. Any lost gloves, hats or scarves will be in the Lost & Found cabinet in the foyer of the church.

## *The Lord Fills The Hungry With Good Things!*

### HELP SERVE LUNCH AT THE BISSELL CENTRE INNER CITY PASTORAL MINISTRY (ICPM)

Our Parish provides lunch and serves it at the Bissell Centre ( in the Inner City (ICPM) ) twice a year. Do you have a few hours to spare on Saturday February 13th to help make lunch for over 300 inner city residents? We also need 18 energetic volunteers to deliver and serve the lunch on Sunday, February 14th♥ at the Bissell Centre. If you are able to help on either of these days or have any questions, please call **Jeanne** at 780-417-2893 or **Coby** at 780-467-0413.

We are also in need of home baked goods for the luncheon! If you are able to donate a pan of home baking it would be greatly appreciated. Please drop off your donations at the church in front of the Parish Office on Saturday February 13th.

### RETREAT SPONSORED BY CWL - Open to all the ladies in our Parish (Facilitator - Debbie Doornbos)

Debbie Doornbos is a professional facilitator, retreat leader and adult educator. She helps people to grow in their spiritual journey.

**Theme:** "The Way" A Lenten Journey of the Heart.

**When:** Saturday, March 19, 2016 from 9:00 am - 3:30 pm

**Where:** Meeting Room downstairs

Advance tickets only. Tickets will be sold after all Masses on March 5 & 6 and March 12 & 13.

Price is \$15.00 (Lunch & muffins included)