



## Parish Soup & Bread Lenten Series for 2015



Once again during Lent, the Parish is hosting the Lenten Series in support of Development and Peace.

### *Format of the evening held in the Parish Hall:*

**5:45 – 6:30p.m.** Grace begins our delicious, but simple supper of homemade soup and fresh bread, which also supports our Lenten fasting. A suggested donation of what it costs for your own supper goes to the Share Lent program of the Canadian Catholic Organization for Development and Peace. (Highchairs are available for the younger ones.)

**6:30 – 7:00p.m.** Each week features a guest speaker on a variety of topics concerning Social Justice in our community and our world.

**7:15 – 7:45p.m.** (approx) Stations of the Cross led by parish ministries and groups. Reconciliation to follow.

Plans are still being made by our committee. Our tentative schedule is as follow:

### **Guest Speakers**

- |                    |   |
|--------------------|---|
| <b>February 12</b> | <b>Speaker: TBA</b><br>Soup provided by "OLPH Staff"<br>Stations of the Cross - Knights of Columbus   |
| <b>February 19</b> | <b>Speaker: Marian Centre</b><br>Soup provided by CWL<br>Stations of the Cross - CWL  |
| <b>February 26</b> | <b>Speaker: Catholic Social Services</b><br>Soup provided by Young Disciples<br>Stations of the Cross - Young Disciples   |
| <b>March 4</b>     | <b>Speaker: Armand Mercier - Habitat 4 Humanity</b><br>Soup provided by Knights Of Columbus<br>Stations of the Cross - "Love & Forgiveness" - OLPH Staff & Robert                           |
| <b>March 11</b>    | <b>Speaker: TBA</b><br>Soup provided by "ABJ Culinary Arts Program"<br>Stations of the Cross - JETS   |
| <b>March 18</b>    | <b>Speaker: Sandy Prather; 'Stoking the Fire,'</b> how we maintain a fervor for social justice over the long haul.<br>Soup provided by Proclaimers<br>Stations of the Cross - Altar Servers |

***THIS IS A GREAT LENTEN HABIT FOR EVERYONE!***



## *Our Lady of Perpetual Help Parish*

*A Roman Catholic Christian Community*

*We come together at our Lord's invitation to worship God, celebrate the sacraments, and deepen our faith. We strive to be thankful, generous and welcoming, and are sent forth to help advance God's Kingdom on earth by proclaiming the Gospel and serving others.*

*January 31, 2016 The Fourth Sunday In Ordinary Time Cycle Year C*

### ***From The Pastor's Desk.....***

As I'm sure you are aware, the Archdiocese of Edmonton has a mandatory Volunteer Management program, often (mistakenly) referred to as Called to Protect. All those who volunteer their time and talent in any of our parish ministries are required to be part of the program.

A while ago we lost our coordinator for the program. I'm pleased to let you know that Liam Hyland, a parishioner of long standing and recently retired from his counselling practice, will take over the coordinator's position on a part-time volunteer basis.

I extend a warm welcome to Liam and a heartfelt Thank You for his generous offer to assist.

*Father Jack*



### **Blessing of Throats on The Memorial of St. Blaise**

The Memorial of St. Blaise, will be celebrated here at OLPH Parish on Tuesday, February 2<sup>nd</sup> at the 6:15 pm Mass and on Wednesday, February 3<sup>rd</sup> at 9:00 am Mass. St. Blaise was the Bishop of Sebaste in Armenia who, according to legend, saved the life of a boy who was choking on a fish bone. He is now the patron saint of all who have diseases of the throat. Join us and receive a blessing of your throat as a sign of God's care for his people. If you wish to have your candles blessed, please bring them.

### **OLPH Parish Shrove Tuesday Pancake Supper, February 9th**

Please join us on Tuesday, February 9th for the Shrove Tuesday pancake supper beginning at 5:30 pm to 7:00 pm. The cost is \$5 Adults, \$2 - Age 5 to 12, Under 4 Free, Family \$15. Tickets available at the door.

### **Hosting Hospitality After 10:30 am Mass**

As many of you have noticed, there is a regular coffee social every Sunday after the 10:30 am Mass. Please feel free to come and join us and meet some of your fellow parishioners. All are invited to stay awhile and have a little coffee and goodies. This is hosted by different parish families and anyone can sign up to host hospitality.

If you have any baked goods to donate or would like to sign up for hosting please contact **Melissa Vaci** at 780-669-7521 or at [jmvaci@icloud.com](mailto:jmvaci@icloud.com)

*Love is patient, Love is kind, Love is not jealous. It does not seek its own interests. Love never fails.*



### ***Congratulations!***

**Albert & Marguerite Verstraete**  
On Your  
**60th Wedding Anniversary**  
Celebrated on  
**Sunday, January 31, 2016**

*We Remember, We Celebrate, We Believe*

13 Brower Drive, Sherwood Park, AB T8H 1Y7 Telephone: 780-467-5470 Fax: 780-467-0530  
email: [info@olph.ca](mailto:info@olph.ca) Website: [www.olph.ca](http://www.olph.ca) Archdiocesan website: <http://www.caedm.ca>

**Liturgy Schedule**  
**Mon. Feb. 1 - Sun. Feb. 7**

**Mon:** 8:45 am Morning Prayer  
**Tues:** 8:45 am Morning Prayer, 6:15 pm Mass - Blessing of Throats  
**Wed:** 8:45 am Morning Prayer, 9:00 am Mass - Blessing of Throats  
**Thurs:** 8:45 am Morning Prayer, 6:15 pm Mass  
**Fri:** 8:45 am Morning Prayer, 9:00 am Mass, 9:30 am Adoration & Exposition until 4:00 pm  
**Sat:** 10:00 am Reconciliation, 5:00 pm Mass  
**Sun:** 8:30 am Mass, 10:30 am Mass, 12:30 pm Baptisms, 5:00 pm Mass

**This Week's Mass Intentions**

**Tues. Feb. 2:** Charles & Lucille Dufault, Quinn Shoaf  
**Weds. Feb. 3:** Harold Moriarty † Merle Moriarty Theresa Joss-Bilous, Jim Wenger  
**Thurs. Feb. 4:** Derrick Owachar †  
**Fri. Feb. 5:** Harry † Denis Schaub †

**† In Loving Remembrance....**

We extend our deepest sympathy and the assurance of the prayers of God's people here at Our Lady of Perpetual Help to:  
 Connie & Dave Asp and Family. Connie's mother, **Nettie Woychesko** died January 17th in Yorkton, Saskatchewan.  
 Ed & Margaret Lechelt and Family. Ed & Margaret's son, **Jeffrey Lechelt** died January 27th in Calgary, AB.

**Marian Gift Shop Hours**

The Marian Gift Shop will be open on the weekend after the following Masses: Saturday 5:00 pm, Sunday 8:30 am and 10:30 am Mass.

**Catholic Renewal Services of Edmonton**  
**Mass with Healing Service**

**Presided by: Rev. James Bodula, CRS**  
 Edmonton Spiritual Director  
**February 27, 2016** Good Shepherd Catholic Church  
 18407-60 Avenue, Edmonton @ 7:00 pm

**OLPH PARISH OFFICE HOURS**

Please note that the Parish hours are as follows:  
**Monday - Thursday 8:30 am - 9:00 pm**  
**Friday - 8:30 am - 4:30 pm**  
**CLOSED for lunch daily between Noon and 1:00 pm**  
**The office is CLOSED on Statutory Holidays and WEEKENDS**

**Pastoral Team**

**Pastor**  
 Msgr. Jack Hamilton - jack.h.vg@gmail.com  
**Associate Pastors**  
 Fr. Antony Cruz, S.A.C. -acruz@olph.ca  
 Fr. Pierre Ducharme, OFM - pducharme@olph.ca  
**Pastoral Assistants**  
 Betty Donovan- pastoralcare@olph.ca  
 Sue Boyne - pastoralcare@olph.ca  
 Monna Senez - msenez@olph.ca  
 Sharon Darbyshire - sdarbyshire@olph.ca  
 Brother Joe Glaab, OFM - jglaab@olph.ca  
 Raylene Yuzyk - ryuzyk@olph.ca  
**Business Manager**  
 Brenda Frederick - bfrederick@olph.ca  
**Administrative Assistants**  
 Lorraine Dotto - ldotto@olph.ca  
 Lisa Revoy - lrevoy@olph.ca  
 Jenny Velazco - jvelazco@olph.ca

**Society of St. Vincent de Paul**

(780) 416 - 0931  
**Help Line: ext 1**  
**Donations: ext 2**

**OLPH Prayer Laudators**

We pray for others. Prayers of praise and intercession are offered to God our Father. Confidentiality is respected at all times. Contact: **Doreen at 467-0597** or **Josie 467-0197.**



*Parish and Community News*

**Parishioners using Contribution Envelopes**

**Please Remember** to pick up your 2016 envelopes in the foyer of the church.



**Calling For Bread Bakers**

As part of our Lenten Soup and Bread Series, the Parish is looking for volunteers to help bake fresh bread for each of the six Fridays in LENT. We thank all those who have offered their time to help us bake on these Fridays. The dates we do not have helpers to make fresh baked bread are:  
**March 11 - TBA**  
**March 18 - TBA**  
 If you are interested to share your talents and time, please call **Robert at 780-416-4771** or email **rgaudet@shaw.ca**

**HOME SCHOOLING CONFERENCE**

Join us for the Western Canadian Catholic Home School Conference, March 10-12 at Providence Renewal Centre, 3005-119 Street, Edmonton. Our theme is "Mercy." This conference is geared for home schooling parents, but all Catholic parents will enjoy. Our guest speakers are Dr. Ryan Topping and Archbishop Pettipas. For more information, contact **Veronica at 780-467-8410** or email [wccchsc@shaw.ca](mailto:wccchsc@shaw.ca), or visit us online at [www.wccchsc.net](http://www.wccchsc.net)

**Youth Dinner Sponsors**

We have had many generous sponsors for dinners in 2015. A huge thank you to the groups and families that came out prepared, served and shared a meal with our youth and to those that donated financially for a meal. We are blessed by so many generous people. Looking at 2016 we only have 3 sponsors for the rest of the year. Would you consider helping out with a meal or sponsoring us financially? Youth dinners are twice a month starting with 5:00 Mass, dinner at 6:00 followed by a youth night or a youth event in the afternoon such as a visit to the Franciscans Friary/finishing with dinner. Our dinners in February are Feb 7th and Feb 21st. For info you can contact **Sharon Darbyshire** at the Parish Office at **780-467-5470** or email [sdarbyshire@olph.ca](mailto:sdarbyshire@olph.ca)



**An Evening With Ariose Women's Choir**

Please join us for a **Perogy Dinner & Silent Auction**

.....  
 With entertainment by Ariose.  
**Saturday, February 6, 2016**  
 Our Lady of Perpetual Help Parish  
**Doors open at 5:30 pm**  
**(Auction item viewing), Dinner at 6:45 pm**  
 .....  
 \$25 (adults and children 11+),  
 \$12.50 (children 3-10), 2 and under-free  
 For Tickets contact **Sharon Darbyshire** at **780-288-5594** or email: [sdarbyshire@olph.ca](mailto:sdarbyshire@olph.ca)

.....  
 This event will have a cash bar.  
**\*\*Accepting cash, credit and cheque for auction.\*\***

**Catechetics (Religious Education) Home Program**

If you have a child who is not in our Catholic Schools, there is a Home program for Religious Education. Please contact Sr. Gertrude at **780-417-3526**, for information and materials to begin the program. A catechist will journey with you during the year to provide ongoing support. As well we offer families taking the home program the opportunity to come together three or four times during the year.

### RCIA Adults/Youth

#### Are you being called to the Catholic Church?

Maybe you just came today to see what it's all about,  
...or you come regularly to Mass, alone or with a Catholic spouse or friend,  
...or you have never been baptized or were baptized in another Christian tradition,  
...or you have questions about the Church and are looking for answers,  
...or you simply feel an inner stirring that is drawing you to the Mass and Eucharist.  
Whatever your reason, we welcome you and invite you to learn more. Our Rite of Christian Initiation of Adults (RCIA) is for YOU if you want to explore Baptism or full membership in the Catholic Church. Contact: Fr. Pierre at [pducharme@olph.ca](mailto:pducharme@olph.ca) or Alana at [alaperle@telus.net](mailto:alaperle@telus.net) or call the Parish office at 780-467-5470. For more information on **Becoming Catholic**, visit [www.olph.ca](http://www.olph.ca)

### Youth Alpha @ ABJ

#### Youth Alpha @ ABJ is Back! Starts Tuesday, February 16

- A chance to learn more about Christian beliefs through fun video presentations and group discussions.
- 10 weekly lunch-time sessions and a half-day retreat @ OLPH
- A great way to get Catholic Faith Formation Credit (10% of Religion grade)
- Open to all ABJ students

#### Space is limited. Register today.

To register, email Alana at [alaperle@telus.net](mailto:alaperle@telus.net) or text 780-446-9009

What guests say about Youth Alpha @ ABJ:

*"I really enjoyed the videos and I connected with what they said."*

*"I had a lot of my questions answered."*

*"It was a positive experience that I found very beneficial."*

*"A great time to feel more comfortable about my faith."*

### Closing Mass For The Year Of Consecrated Life

Closing Mass for Year of Consecrated Life  
with Archbishop Smith  
7 p.m. Tuesday, Feb. 2  
St. Joseph's Basilica



We invite all Religious Sisters, Brothers, Priests and Consecrated Persons -- and the people who love and appreciate them -- to the closing mass for the Year of Consecrated Life on **Tuesday, February 2**, at 7:00 p.m. at St. Joseph's Basilica. Reception to follow in O'Leary Hall, along with displays by several religious communities. Please invite your friends, family, and parishioners to join us. We look forward to seeing you there!  
— Committee for the Year of Consecrated Life

### Children Sacraments/Programs



#### Attention all Parents of children making their First Communion this year.

#### First Communion Retreats; Choose One of:

- ◆ Saturday, February 20 at 1:00 pm or
- ◆ Sunday, February 28 at 1:00 pm

#### First Communion dates can be booked at any of our weekend Mass times

(Saturday 5:00 pm, Sunday 8:30 am, 10:30 am or 5:00 pm.

#### EXCEPT for:

- ◆ Lent (February 13th till Easter on March 27th).

Contact **Raylene** at the Parish office if you have any questions at 780-467-5470.

#### Confirmation Sessions - Session #4

Session #4 is on Monday, February 22<sup>nd</sup> or Tuesday, February 23<sup>rd</sup> at 7:00 pm.



#### Confirmation Celebrations:

**Sunday, April 17, 2:00 pm** for the following schools: Holy Redeemer, Holy Spirit, OLPH, Public Schools.

**Monday, April 18, 7:00 pm** for the following schools: St. Luke, St. Theresa, Home Schooled.

*In the end, there are three things that last  
FAITH, HOPE and LOVE  
And the greatest of these is  
LOVE*

### OLPH Youth Ministry

## Olph Youth Ministry News

**Youth Nights  
Faith Fun and  
Fellowship!**  
For Junior Youth  
Gr 7 & 8  
For Senior Youth  
Gr 9 to 12



A great way to meet new friends and connect with old ones.

#### Youth Dinners and Youth Night

- Sunday Feb 7th and Feb 21st
- At 6:00, after the 5:00 mass
- Feb 7th—Real love is .....
- Feb 21st—TBA
- March 6—Visit to the Franciscan Friary at 2:30 pm.
- Permission form will be needed for the visit to the Friary.

**Parents please note that pick up is at the back of the Parish hall doors at 8:30 pm.  
All other doors are locked.  
Reminder for youth to bring a non perishable food item.**

For more info contact Sharon Darbyshire at the Parish office 780-467-5470 or email: [sdarbyshire@olph.ca](mailto:sdarbyshire@olph.ca)

## January 31 - Fourth Sunday in Ordinary Time The Road to Discipleship

As happened to prophets before him, Jesus was not embraced with loving arms. He met resistance early on in his ministry. Speaking the truth and challenging the status quo is always risky. Paul says that among the spiritual gifts of faith, hope and love, love is the greatest. Jesus showed this in his ministry. If we follow him, we will encounter resistance. But faith, hope and love can sustain us.

*"Isn't this the son of Joseph?" Luke 4:22*

### Readings For: February 1-6

**February 1** - First Reading: 2 Samuel 15.13-14, 30; 16.5-13a *"Let us get away from Absalom. Leave Shimei alone, he was sent to curse by God's bidding."*

Gospel: Mark 5.1-20 *"Come out of him, you unclean spirit."*

**February 2** - First Reading: Malachi 3.1-4 *"The Lord whom you seek will suddenly come to his temple."*

Gospel: Luke 2.22-40 *"My eyes have seen your salvation."*

**February 3** - First Reading: 2 Samuel 24.2, 9-17 *"I alone have sinned; but these sheep of the flock, what have they done?"*

Gospel: Mark 6.1-6 *"Prophets are not without honour, except in their hometown."*

**February 4** - First Reading: 1 Kings 2.1-4, 10-12 *"I am going the way of all the earth; be strong, Solomon, be courageous."*

Gospel: Mark 6.7-13 *"Jesus began to send the twelve out two by two."*

**February 5** - First Reading: Sirach 47.2-11 *"David praised the Lord with all his heart and loved God."*

Gospel: Mark 6.14-29 *"John, whom I beheaded, has been raised."*

**February 6** - First Reading: 1 Kings 3.4-13 *"Give your servant an understanding mind to govern your people."*

Gospel: Mark 6.30-34 *"Jesus had compassion on the crowd for they were like sheep without a shepherd."*

### Year Of Mercy

### Year of Mercy (Living Mercy in the Jubilee Year)



In the Year of Mercy, the Small Christian Community at OLPH Parish is happy to bring God's Mercy through Our Lady's intercession by providing the Mother Mary Pilgrim Statue to Parishioners upon request. The statue will remain with each home for a Week. On those days of Mary's presence the hosting family/individual is encouraged to invite friends and neighbors to gather before the statue and pray the Holy Rosary. Then at the end of the Week (on Saturday) the Pilgrims' Statue will journey to another Parishioner's home. This journey will give us the foretaste of God's mercy, love and make us united with the Church. The journey began on January 1, 2016 on the Solemnity of Mary, the Mother of God. Request for the Pilgrims' statue can be made to **Darrel & Debra Slugoski** at 780-465-2615, [darrel.debra@shaw.ca](mailto:darrel.debra@shaw.ca)

### Reminder of CWL General Meeting



CWL General Meeting will be held on Monday, February 1st at 6:30 pm at OLPH Parish, downstairs in the St. Bernadette Room.

### Parish & Community News



### World Day of The Sick February 11, 2016

The ministry of Jesus to the sick is central to the life of the Church.

The memorial of our Lady of Lourdes in the month of February highlights the healing ministry of the Church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great efforts of doctors, nurses, health care institutions and pastoral care givers to restore health to those afflicted with illness and disease. The Sacrament of the Sick will be celebrated at the Mass at **OLPH Parish** at **7:00 pm**.

### HELP SERVE LUNCH AT THE BISSELL CENTRE INNER CITY PASTORAL MINISTRY (ICPM)

Our Parish provides lunch and serves it at the Bissell Centre ( in the Inner City (ICPM) ) twice a year. Do you have a few hours to spare on Saturday February 13th to help make lunch for over 300 inner city residents? We also need 18 energetic volunteers to deliver and serve the lunch on Sunday, February 14th♥at the Bissell Centre. If you are able to help on either of these days or have any questions, please call **Jeanne** at **780-417-2893** or **Coby** at **780-467-0413**.

We are also in need of home baked goods for the luncheon! If you are able to donate a pan of home baking it would be greatly appreciated. Please drop off your donations at the church in front of the Parish Office on Saturday February 13th.

### Declaration on Euthanasia and Assisted Suicide

The CWL urges all parishioners to sign this Declaration, put forth by the Canadian Conference of Catholic Bishops (CCC), to affirm our belief in the sanctity of human life and to call for a renewed focus by our Federal Government on palliative care.

To read the full Declaration, sign it, or for more information, please go to:

[www.euthanasiadeclaration.ca](http://www.euthanasiadeclaration.ca)

### Coming up - Retreat for ALL women

Sponsored by CWL

Date: March 19, 2016

"The Way" A Lenten Journey of the Heart,  
facilitated by Debbie Doornbos

Tickets will be sold after all Masses  
on March 5/6 and 12/13.

### Snow pants & indoor shoes needed!

The Secular Franciscans are looking for donations of gently used snow pants and indoor shoes for children, ages 6-12 yrs. These items are desperately needed by the children of Mother Theresa School, an inner city elementary school in Edmonton. Please contact **Ken** at **780-467-8240** to arrange pick-up. Thank You

### Magazines Needed for Youth Ministry

We are in need of magazines for an activity in our Youth Ministry. Magazines can be dropped off at the Parish Office. Thank You!

### Men of Integrity Lead by Example!

*Be on Guard Stand Firm in The Faith*

*Be Courageous. Be Strong.*

*Become The Man God Has Called You To Be*

**Keynote Speaker:** Fr. Stefano Penna

**Holy Mass:** Archbishop Richard Smith

**Guest Speaker:** Tony LaGrange

**Date:** February 5 & 6, 2016

**Register Today:** Call 780-961-3346

Holy Trinity Parish, Spruce Grove, AB