

Parish Soup & Bread Lenten Series for 2018



5:45 – 6:30p.m. Grace begins our delicious, but simple supper of homemade soup and fresh bread, which also supports our Lenten fasting. A suggested donation of what it costs for your own supper goes to the Share Lent program of the Canadian Catholic Organization for Development and Peace. (Highchairs are available for the younger ones.)

6:30 – 7:00p.m. Each week features a guest speaker on a variety of topics

7:15 – 7:45p.m. (approx.) Stations of the Cross led by parish ministries and groups. Reconciliation to follow.

Guest Speakers

March 9 **Speaker:** Bruce Klanke, Senior Vice President, Community Engagement, for Catholic Social Services

Soup provided by CWL **Stations of the Cross: CWL**

March 16 **Speaker:** Mary Pat Skene, parishioner and President of the Sherwood Park Conference of SSVP to speak about how SSVP brings the love of Christ to serve the poor on a person to person basis while treating each person with dignity and providing support as they struggle with crisis situations.

Soup and Stations provided by SCC and People of Thanks Prayer Group

March 23 **Speaker:** Justin Gabinet, ABJ Catholic High School teacher and Student council Coordinator will speak on the Geomeer project and other Social Justice initiatives at ABJ.

Soup provided by Secular Franciscans **Stations of the Cross: OLPH Staff**

Refugee Family Update

The Abou Khater family has been with us now for 5 months and are adjusting well to our climate, language, and culture. All are involved in English language improvement and the three young adults are striving hard to obtain employment. Meanwhile they have been volunteering at a Capital care centre and are considering Habitat for Humanity.

Please note that within the next few weeks the refugee committee will announce a parish appeal for funds in order to complete our commitment to this family and to allow us to begin the process for sponsoring another family in the future. Please continue to keep the Abou Khaters in your prayers especially for employment. For more information you can contact **Billy Spindler** at **(780) 467-1754** or email: bspindle@shaw.ca

OLPH Parish Financial Report - Year To Date Jan. and Feb. 2018

Updated Based On Approved 2018 Budget

Financial Report Jan. & Feb	ORDINARY RECEIPTS	BUILDING FUND
2018 Budgeted Amount	\$200,000	\$20, 800
Year To Date		
Donations Jan. 1 - Feb. 28, 2018	\$175,055	\$20, 146
YTD Shortfall	(-\$24,945)	(-\$654)

The
Season
of
Lent



Our Lady of Perpetual Help Parish

A Roman Catholic Christian Community

We come together at our Lord's invitation to worship God, celebrate the sacraments, and deepen our faith. We strive to be thankful, generous and welcoming, and are sent forth to help advance God's Kingdom on earth by proclaiming the Gospel and serving others.

March 4, 2018 Third Sunday of Lent Cycle B



Farewell Brenda

Dear Parishioners,

How time flies! Alas, the time has come for me to bid adieu.

I am grateful to have had the opportunity to serve the people of Our Lady of Perpetual Help Parish and would like to thank all of you for your support and love during my tenure. I have formed many friendships over the years and certainly learned lots. My future is currently not clear. I plan to take some time to regroup, then decide what I want to do when I grow up. I will continue to live in Sherwood Park and I'm sure that I will see many of you around the community.

Love, Peace & Blessings,

Brenda Frederick

To our dear Brenda. Time does indeed fly, particularly when you put your heart and soul into serving the Church and Her people, as you have here at Our Lady of Perpetual Help for the past ten plus years. Brenda, thank you for your selfless service and your commitment to making our parish staff a parish team. Most of all thank you for your kindness to us the people of God and to those you have looked after over these many years. **May our loving God bless you with a happy, healthy and holy life. May His holy angels watch over you and those you love.** With love and prayers from us, the parish team and the faithful parishioners of OLPH parish.

With Love and Prayers,

on behalf of our parish team and the faithful parishioners of OLPH Parish.

Holy Week 2018 at a Glance

Palm Sunday, March 24, 25th, Regular Sunday Schedule

Holy Thursday, March 29th - 7:00 pm

Good Friday Liturgy, March 30th - 10:30 am, 3:00 pm

Tenebrae, March 30th - 8:00pm

Blessing of Easter Food, March 31st - 12:00 pm

Easter Vigil, March 31st - 8:00 pm

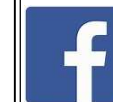
Easter Sunday, April 1st - 8:30 am Upstairs,

10:30 am Upstairs and Downstairs, 5:00 pm.



EUCCHARISTIC MINISTRY FOR EASTER

Eucharistic Ministers are invited to sign up for the Easter Masses. The signup sheets are now available in the foyer. Thank you for your early commitment.



OLPH Parish is on Facebook. Find us at www.facebook.com/olphsherwoodpark/

Parish News



JETS Airline always includes our Lord, our Pilot (Java. Exercise. Talk. Service)

March 9 - Alpha #5 How do we pray?

March 16 -Prison Correctional Officer and Chaplain Presentation

“WHATSOEVER YOU DO TO THE LEAST OF MY BROTHERS, THAT YOU DO UNTO ME”



Have you ever wondered what it takes to work in a prison? What are the hopes and hardships? If so, join an interesting JETS-sponsored session on Friday, March 16th, for a look behind the bars at the Fort Saskatchewan Correctional Centre. We will welcome two guest speakers from this institution - the prison chaplain and director - and they will share the roles they have and the challenges and risks they face everyday with the women and men who enter the system.

All men and women of the parish are most welcome to attend and help us appreciate these often-unrecognized first responders. Please join us downstairs in the Meeting Room @ 9:30 am. The presentation starts @ 9:45 am and complimentary in-flight snacks will be served. For more information, please contact Aida D. At 780-922-2156.

*Lent is more than a time of fasting, it can also be a joyous season of feasting.
Lent is a time to fast from certain things, and to feast on others.*

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|---|--|
| <p>Fast from judging others
Feast on the Christ dwelling in them</p> <p>Fast from emphasis on differences
Feast on the unity of life</p> <p>Fast from apparent darkness
Feast on the reality of light</p> <p>Fast from thoughts of illness
Feast on the healing power of God</p> <p>Fast from words that pollute
Feast on words that purify</p> <p>Fast from discontent
Feast on gratitude</p> <p>Fast from anger
Feast on patience</p> <p>Fast from pessimism
Feast on optimism</p> <p>Fast from worry
Feast on Divine Providence</p> <p>Fast from complaining
Feast on appreciation</p> | <p>Fast from unrelenting pleasures
Feast on unceasing prayer</p> <p>Fast from hostility
Feast on peace</p> <p>Fast from bitterness
Feast on forgiveness</p> <p>Fast from self-concern
Feast on compassion for others</p> <p>Fast from personal anxiety
Feast on trust</p> <p>Fast from discouragement
Feast on hope</p> <p>Fast from acts that tear down
Feast on acts which build up</p> <p>Fast from thoughts that weaken
Feast on promises that inspire</p> <p>Fast from idle gossip
Feast on purposeful silence</p> <p>Fast from problem which overwhelm
Feast on prayer that undergird</p> <p style="text-align: right; font-size: small;">Scarborough Missions/February 1999</p> |
|---|--|

Liturgy Schedule
Mon. March 5 — Sun. March 11
Weekday Mass 7 days a week at 8:30 am

Monday: 8:30 am Mass
Tuesday: 8:30 am Mass, 6:15pm Mass
Wednesday: 8:30 am, 10:00 am Mass - French Immersion
Thursday: 8:30 am Mass, 6:15 pm Mass
Friday: 8:30 am
Saturday: 8:30 am Mass, 1:00 pm Funeral for Margaret Fitzpatrick

Weekend Mass Times:

Saturday: 5:00 pm Mass
Sunday: 8:30 am Mass, 10:30 am Mass, 5:00 pm Mass.

St. Francis of Assisi, Tofield, AB
Mass: Sundays 11:00 am

OLPH Prayer Laudators
We pray for others. Confidentiality is respected at all times.
Contact **Doreen 780-467-0597** or **Josie 780-467-0197.**

Society of St. Vincent de Paul
(780) 416 - 0931
Help Line: ext. 1, Donations: ext. 2
Poor Box Collection:
3rd Sunday of every month

This Week's Mass Intentions.....

Mon. Mar. 5: Charles Hagan, Gerald Bolduc
Tues. Mar. 6: Gerry Dotto, Charles Hagan, Linda Poznanski, Richard Starchuk, Mr. Dominic Gomes† Arthur Seg†
Wed. Mar. 7: Jeannette Paskevich, Charles Hagan, Mary Milot†, Carol Abeli, Nicole Van kuppelveld, Cheryl Boetzkes
Thurs. Mar. 8: Diane & Mike Varga, Charles Hagan, Nicole Van kuppelveld, Lawrence & Mary Margaret Whelen†,
Fri. Mar. 9: Nicole Van kuppelveld, Charles Hagan, Heather Franco, Denis McIntyre†
Sat. Mar. 10: Nicole Van kuppelveld, Albert Seibert, Gail Frost†

We Remember, We Celebrate, We Believe
13 Brower Drive, Sherwood Park, AB T8H 1Y7 Telephone: 780-467-5470 Fax: 780-467-0530
email: info@olph.ca Website: www.olph.ca Archdiocesan website: http://www.caedm.ca

RECONCILIATION
1/2 hour prior to all weekday Masses and from 9:15 am to 11:00 am on Saturday or by appointment.

OFFICE HOURS:
Monday - Friday 8:00 am - 8:30 pm
Saturday & Sunday 7:30 am - 6:30 pm
Open during lunch hour

Pastor
Fr. Jim Corrigan - jcorrigan@olph.ca

Associate Pastors
Fr. Raj Savariappan - rajfather@olph.ca
Fr. Joe Glaab, OFM - jglaab@olph.ca

Pastoral Assistants
Betty Donovan- pastoralcare@olph.ca
Sue Boyne - pastoralcare@olph.ca
Monna Senez - msenez@olph.ca
Raylene Yuzyk - ryuzyk@olph.ca
Pat Lemire - plemire@olph.ca

Business & Facility Manager & Volunteer Coordinator
Acting business manager - Raylene Yuzyk ryuzyk@olph.ca

Administrative Assistants
Lorraine Dotto - ldotto@olph.ca
Jenny Velazco - jvelazco@olph.ca

Community News

Star of the North Retreat Centre Programs Check out retreats and programs at Star of the North Retreat Centre!

Register at: www.starofthenorth.ca 780-459-5511

Hands-On Forgiveness: Breaking Free and Moving Forward with Fr. Peter Doherty, OMI & Patti-Anne Kay. Come explore forgiveness as a multi-level process that takes place on spiritual, psychological and physical levels. There will be in-depth presentations, discussions and quiet reflection on the deep nature of the call to forgive; **7:00 pm Friday, March 16 to 1 pm Sunday, March 18** Live-in: \$250. Commute: \$190

Twilight Recovery Evening Retreats You are invited to join us for input, support group sharing and prayer, in these evenings open to anyone either in a 12 Step Program, or loving one who is, as well as anyone wanting to learn more about addictions and the recovery process. **Facilitator: Sylvain L. Thursdays: Mar 22, Apr 19, May 17** By donation

Western Canadian Catholic Home School Conference
***Anchoring The Family In This Cultural Storm* - March 22-24, 2018**
Providence Renewal Centre, 3005 - 119 St. Edmonton, AB
For Registration contact Veronica at 780-467-8410 or wccshcreg@shaw.ca

Retrouvaille – Help for Struggling Marriages

If your marriage is in crisis, you are not alone. Please contact Edmonton Retrouvaille at 587-598-4357, or email info@helpourmarriage.ca. The next Edmonton Retrouvaille Program will be offered on the weekend of **March 16-18**.

Worldwide Marriage Encounter

It is only through the strength of God that we can stay strong in our Sacrament of Marriage. Enrich your marriage at the April 20-22 Worldwide Marriage Encounter weekend. It is not too late to register, contact Gavin and Nicole at 780-464-2874 or gvankup@telus.net.

11th Annual Alberta March for Life AMBER ALERT: Missing Generations!

We invite everyone to participate in March for Life, which will take place on Thursday, May 10, 2018; starting at the Alberta Legislature 10800 - 97th Avenue, Edmonton at 12:00 noon.

Prayer for the Sanctity of Human Life

God, we thank you for your love which has given us life, a sacred gift from the moment of conception to our natural last breath. Guide us in our journey of life so that all people here and throughout the world will become instruments of Your eternal love to reverence the sanctity of all human life. Amen

--Composed by Peter Kruczko, Love Life Ribbon Foundation

Children's Sacraments & Parish News

Just a reminder that the preparation day for Confirmation will be Sunday, March 11, 2018 from 1:00 pm - 6:00 pm. Both the child and the parent are asked to attend. Confirmation will be celebrated on Sunday, April 8th at 2:00pm OR Monday, April 9th at 7:00pm. Questions - contact Raylene at the Parish Office at 780-467-5470 or ryuzyk@olph.ca



Encore Senior's Potluck Lunch

Join us for a potluck lunch on Tuesday, March 13th at 12 noon downstairs in the St. Joan Rm. Bring your favorite finger-food. It's a great way to meet new friends. If you need a ride or would like more information contact **John** at 780-464-5991. All Seniors are welcome!

Lenten Penitential Services

Our Parish Lenten Penitential Service is scheduled for **Wednesday, March 21st at 7:00 pm**. If you are unable to attend the service at our parish, please consider attending the Penitential Service at one of the other parishes. **All services begin at 7:00 pm**

Our Lady of Angels

Monday, March 5

Corpus Christi

Thursday, March 15

St. Theresa Parish

Thursday, March 22

St. Anthony Parish

Thursday, March 22

2017 Tax Receipts Ready for pick up!

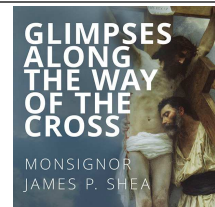
The 2017 income tax receipts for donations to the parish are available for pick up in the hallway outside of the Parish office. Please stop by and pick yours up as you leave today. If you do not reside in Sherwood Park and your tax receipt is not in the box, it has been mailed out.

FORMED –The Catholic Faith On Demand

Glimpses Along the Way of the Cross

Enter More Deeply into the Mystery of Christ's Cross

In these three beautiful talks, Monsignor James Shea guides us along the Stations of the Cross. These powerful meditations take us into the depths of Christ's agony, and back out again into the relief and joy of what His sacrifice means for us.



To get your FREE SUBSCRIPTION to FORMED: Visit www.olph.ca/formation and click on the Formed link – the parish code is already entered for you. Complete the simple registration process and start using FORMED today! Need help? Contact **Robert** at 780-416-4771 or rgaudet@shaw.ca

"Fr. Shea knows how to relate to someone in the pew who has felt pain and needs the healing only Christ can give. These talks helped me to meet Jesus again!"

—David, Chicago, IL

Watch on formed.org

FORMED

THE CATHOLIC FAITH.
ON DEMAND.

Reflections & Readings

Stewardship Reflections: March 4th – Third Sunday of Lent

Jesus was something new to the Jews. From extensive laws guiding all of life, to their temple worship, their profound understanding of God had been established over time. But then Jesus challenged all that they knew. Lent calls us to encounter God in new and deeper ways and to reflect on how we respond to new insights or information that may challenge our comfortable beliefs, understanding or religious practices.

But Jesus would not trust himself to them because he knew them all, and did not need anyone to testify about human nature. He himself understood it well. John 2:24-25

Parish News

CWL General Meeting

Tuesday, March 6 at 7:00 pm

There will be a presentation to educate members about the Catholic Women's League and how it is structured.

Please plan to attend this informative meeting! **(note the change in date and time).**

Strategic Visioning Update

Thanks to all who took the time to share feedback with the Visioning team. It is now time to move to Phase 2.

So, what is Phase 2??? It is time now for focus groups to gather and review the data collected.

Focus groups will meet on:

Sunday, March 11 immediately following the 8:30am Mass

Saturday, March 17 at 3:00pm

Sunday, March 18 immediately following the 10:30am Mass

These groups will be formed by invitation prior to the dates listed above. If you feel as though you are being called to share your gifts within this process, please forward your name to Raylene at the Parish Office. You can drop by or call 780-467-5470 ext. 223 or email ryzyk@olph.ca

Please watch the bulletin and the Parish website, under the Visioning tab, for updates as we embark on this exciting adventure!

Join us at SONQUEST Rainforest VBS this summer

Your children will follow Jesus on a life-changing journey!

DATE: July 9th-13th

AT: OLPH Parish

AGE: PreK (already 4 years old) - Finishing Grade 5 as of June 2018

COST: \$60.00 per child

Registrations will be available April 27th

For more info contact **Sharon Darbyshire** at

sdarbyshire@olph.ca



Parish & Community News



Today, we celebrate the First Scrutiny with our Elect, **(Brianna Deacon, Jason Deacon, Riley Deacon, Raymond Dykstra and Samantha Engelman).**

A scrutiny is an invitation to look into our hearts, see the gifts, challenges and obstacles that support our faith journey. It is a time to uncover, then heal all that is weak or sinful in the hearts of the elect; a time to bring out and strengthen all that is upright, strong and good. For the elect, it is preparation to pronounce their baptismal vows at Easter. For us, it is a preparation to renew our baptismal vows. Let us pray with and for them in today's liturgy and throughout the week.

Lenten Mission 2018

Engaging God: The Risky Business of Allowing Gift and Gratitude to Transform your life.



Join us for our Parish Mission evenings on Monday, March 12; Tuesday, March 13 and Wednesday, March 14 @ 7 – 8:30 p.m. where with prayer, reflections and song we will seek to engage our God. We will be sharing in hospitality on Wednesday, so please bring a small plate of finger foods to share. Coffee and tea will be provided.

We are blessed to have our very own Sandy Prather, long-time retreat director, writer and facilitator, and parishioner of OLPH lead us in this retreat. She will help us to turn our focus to God's gracious gifts to us, beginning with Jesus and consider our response: GRATITUDE. For it is when we live out of a grateful heart that we are transformed. Let Lent come alive in you!

INNER CITY PASTORAL MINISTRY (ICPM) EASTER PROJECT



ICPM will be collecting money after all Masses March 3 & 4 and March 10 & 11. Tim Horton's and McDonald's gift cards will be purchased and put together with Easter cards that some classes in EICS will be asked to create. These small gifts will be handed out to inner city residents by ICPM on Easter morning at the Bissell Centre. Our Parish has always been so GENEROUS in the past, so we thank you in advance for your continued support and understanding. We honestly can not carry out this project without your help.



Young Adult Ministry at OLPH! All young adults ages 18-35 are welcome!

Don't go to our parish? Come anyway! We'd love to see you!

Event details can be found on the event page:

<https://www.facebook.com/events/597071437308196/>

To stay updated with future young adult events, join our Facebook group: "OLPH Young Adults" <https://www.facebook.com/groups/1036698406481393/> Or send us an email and we'll send you email updates: youngadultsolph@gmail.com